Rams little Dodeons.

A briefe Epitome of the new Herbal, *or Hiſtory of Plants.*

Wherein is contayned the diſpoſition and true declaration of the Phiſike helpes of all ſortes of herbes and Plants, vnder their names and operations, not onely of thoſe which are here in this our Countrey of England growing, but of all others alſo of other Realmes, Countreyes and Nations vſed in Phiſike:

Collected out of the moſt exquiſite newe Herball, or Hiſtory of Plants, firſt ſet forth in the Dutch or Almayne tongue, by the learned and worthy man of famous memory, D. *Reinbert Dodeon*, Phiſicion to the Emperour; And lately tranſlated into Engliſh by *Henry Lyte*, Eſquire:

And now collected and abbridged by *William Ram*, Gent.

Pandit Oliua ſuos Ramos.

Imprinted at London by Simon Stafford, dwelling in the Cloth-Fayre, at the ſigne of the three Crownes. 1606.

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165:06

LOuing & moſt naturall countrymen: I haue beſtowed ſome tyme, in reducing the moſt exquiſit new herball or hiſtory of plants (firſt ſet forth in Dutch and Almayne tongue, by the learned and worthy man, of famous memory, D. *Reinbert Dodoen*, Phiſicion to the Emperour, and tranſlated into Engliſh by Maſter *Henry Lyte*, Eſquire) into a briefe and ſhort Epitome: wherein is contayned the diſpoſition and true declaration of the phiſike helps of all ſorts of herbes and plants, vnder their ſeueral names & titles, not onely of thoſe which are here in this our countrey of England growing, but alſo of others of foreine realmes, countreys, and nations, vſed in Phiſike, (being nowe brought into a very ſmall volume) So as where the great booke at large is not to be had, but at a great price, which cānot be procured by the poorer ſort, my endeuor herein hath bin chiefly, to make the benefit of ſo good, neceſſary, and profitable a worke, to be brought within the reach and compaſſe aſwell of you my poore Countrymen & women, whoſe liues, healths, eaſe and welfare is to be regarded with the reſt, at a ſmaller price, then the greater Volume is: wherein I haue made declaration of certayne dangerous Plants, with their corrections, onely drawing them into a ſpecial Title by themſelues, which before were diſperſed in many places. This onely obſeruation I gaue thee, that where, in many titles of cures, all, or the moſt part of the herbs or ſimples for ſuch cure, are drawn within this direct, ? it is not to be intēded, that all thoſe ſimples ſhould be ſadded together in the vſe of Phiſike, but that euery of them

by themſelues are to be miniſtred for the cure of the diſ-eaſe vnder their ſeuerall tytles: and that this Caracter or marke,——which you ſhall finde in many places of this booke, is to giue the right vnderſtanding of the herbe (by which it is ſet) by ſome other more familiar name, then in his firſt place: And as it pleaſed that famous and worthy man, D. *Reinbert Dodoen*, the Patrone of ſo excellent and neceſſary a woorke, to offer the ſame into the world: And as the ſayde worſhipfull gentleman, maſter *Henry Lyte*, by his diligence hath tranſlated the ſame into our Engliſh tongue, for the benefit of all his countrymen, to the end the light thereof might not be hidden or extinguiſhed, to their great prayſe and cõmendations: Euen ſo, my poore talent of endeuor hath byn to none other end, but only to draw that into a handfull, which before was in the compas of a great garden; or elſe to bring that into a little Gardē, which before was (as to be looked for in many fields and diſpersed places) not to be found but by great labour and induſtry: my onely and greateſt care hath byn of long tyme, to knowe or thinke, how and vpon whome to beſtow the dedication of this my ſmall labor: And in the penning of this my letter, my Affections are ſatiſfied with the dedication thereof to thee my poore and louing coũtryman whoſoeuer, and to whoſe hands ſoeuer it may come: For whoſe ſake I haue deſired publicatiõ of the ſame, beſeeching Almighty God to bleſſe vs all.

William Ram.

The Contents of this Booke.

A Speciall note, that the first page of euery leafe being opened, contayneth the practice of M. *R. Dodeon*: And that the second oppoſite page, vnder the Title *Incidentia*, contayneth the practiſes of others for the ſame Phiſike helpes, collected and inſerted by the Author of this Treatiſe.

Certayne excellent approoued experiments vnder the Title *Incidentia*, incident to the cures of many, or of the moſt part of the ſame diſeaſes, ſet on the other oppoſite page.

A declaration of many dangerous herbes and Plants, very dangerous and hurtfull to man, by reaſon of their malignant and hurtfull qualities.

The correction of the ſame dangerous plants, or many of them.

Obſeruations for euery of the twelue moneths in the yeere.

Obſeruations of times of gathering, ordering and preſerueing of certayne herbes, fruits, ſeedes, flowres and rootes.

Obſeruation of gardening, by father *Kinke* of Tibolds.

Obſeruation of diuers dangerous dayes in the ſeuerall moneths of the yeere.

Certayne generall obſeruations.

Obſeruations of Dyet, good and euill for the parts of mans body.

All these Plants, or the most part of them haue their seuerall dangers and properties, and therefore they are to be corrected, or to be vsed by good discretion.

HEmpe séede, Yew tree, Agarick, Squilla, Leeks, Onions, Indian Pepper, Thlaspy, Coleworts; Orache, Poole réede, Bitter Vitch, Chich pease; Hemlock, Solanum, Mandragora, Oleander, Licocktenon, Aconitum, Ranunculus, Ferne, Scamony, White Briony, Wallwort, Elder, Colloquintida; Lissimachus, Wyld Cowcumer; Stanesacre, Mezeron, Camelea, Psillium, Lawrell, Harmodactill, Tapsia, Peplos, Spurge, Ezula, Tithemall, Elebor, Ciclamen, Astrologia, Euphorbium, Lacerpitium, Coriander; Comyn; Ameos, Carthamus; Flaxe séede.

All these simples and plants are not to be taken into the body, without great skill, and good correction, by the learned and skilfull Phisicions.

ALl the Crow-footes, especially Apium risum, taken inwardly, spoyleth the sences and vnderstanding, and draweth together all the sinewes of the face, making them that haue eaten thereof, to séeme to laugh, and so they dye laughing, except present remedy be prouided.

Flannula, Wolfes bane——Licoctinum, Nereum——Oleander Oppium——Papauer, Mandragora, Solanum lethale,—Dwale, Solanum somniferum, Henbane, blacke especially, Hemlock, Yewe tree not to sleepe vnder.

The

The Corrections of dangerous *Herbes, Plants, and simples.*

The danger of Sotherniwood: it is a hurtfull enimy to the stomake: wherefore Gallen would not haue it ministred inwardly in the body. Sotherniwood.

The danger of the seede of bastard Saffrō, it is hurtful to the stomake, causing desire to vomyt, of hard and slowe operation, remayning long in the stomake. Carthamus.

¶ Put to that seed, Annis seeds, Galingale, Mastik, Ginger, Salgem, or common salt, which will hasten his operation, and correct his malignity. Correction.

The danger is, being taken into the stomake, it is a hindrance to disgestion of meate, and breedeth windinesse. Flaxseed or Lyneseede.

The danger, it is hard of disgestion, contrary to the stomake, it causeth payne, grief, and dulnes in the head, it engendreth grosse and naughty humors in all the body. Hempeseede.

When yee will vse Lisimachus, take none but that with the yellow Flowres, which is the right herbe, and the other not. Lysimachus, his choyce.

The danger, it is hurtful to mans nature, it engendreth coldnes, and stifnesse throughout the body, with pensiuenesse and heauynesse of the heart. Psillium.

¶ Prouoke vomit, with medicines conuenient to cast it vp: then giue to drinke of the best and most sauory wyne, being colde by it self, or boyled with wormwood, or mingled with hony, and a little lye, or the decoction of Dill. Correction.

The best are those which growe in Slauonia.
The next in Macedonia.
The third in Affrica.
The white Iris is taken for the best. Flowre de Lyce rootes: their choyce.

Ameos. The danger of the sede, taken in too great quantity, it taketh away the colour, and prouoketh palenesse as in dead bodies.

Cummin The danger, being too much vsed, it decayeth the natural complexion, and liuely colour, and causeth a man to looke wan and pale.

Coriãder It greene Coriander be taken into the body, it causeth horidnes, fransy and dulnes of the vnderstanding, it maketh the party seeme as if he were drunken: the Iuyce taken in quantity of 4. drams, killeth the body.

Lacerpitium the choyce. The best is that which is reddish, cleare & bright, and sauoring like myrrh, not greenish, of a good pleasant smell, which being dissolued, waxeth white.

Euphorbium the danger. By reason of his extreme heate, it is hurtfull to the lyuor & stomack and all the inward parts, being receyued inwardly, it chafeth and inflameth out of measure.

Correction. First anoynt it with the oyle of sweete Almonds, then put it in the middle of a Cytron, and wrap it in leuened paste, and bake it, and then vse it.

Manardus taketh of mastick & gum Dragagant, asmuch as of Euphorbium, and mingling them together, putteth it into the midst of an vnbaked loafe, and baketh it well, then he taketh the crum of that loafe, and maketh pills, and giueth it for the weaknes that commeth of the French poxe, & all anguish and paynes outward.

Another mingleth Euphorbium with the like quantity of mastick, and maketh pills with the Iuyce of Citrons, or of Oranges, and vseth them much agaynst the pestilence.

Astrolochia the choyce. Round Astrolochia is of fyne and subtill parts, and of stronger operation then the rest, it mundifieth and clenseth mightily, it suppleth and maketh thin, grosse humors.

Long Astrolochia is better to incarnate, and to engender flesh in vlcers.

Astrolochia Climatis hath best sauor, and therfore maketh best oyntments.

The

The danger: In what soyt soeuer it be taken, it is dangerous to women with childe: wherefore let them take hæde not onely how they receiue it inwardly, but also let them bee aduised in any wise not to applie it outwardly, nor to carrie it about them, nor yet plant it in their gardens, for it will hinder them if they goe but ouer it. Ciclamē Sowbread.

The danger: being vnprepared, and taken out of time and place, or too much in quantitie, is hurtfull to the bodie: for it choketh and troubleth all the inward parts, shrinketh and draweth together al the sinewes, and slayeth the partie: therefore vnprepared it ought not to be ministred, nor then, without good hæde and great aduisement: for such as are either too yong, or too olde, feeble, that spit bloud, that are grieued in their stomacks, whose breasts are straight and narrow, their necks long, such people must in no wise deale with it without ieopardie and danger: therefore be aduised by learned Phisicions. White Elebor.

Although blacke Elebor is not so behement as the white, yet it cannot be giuen without daunger, especially to people hauing their health, &c. and not to be ministred but in desperate causes in the spring time onely: and not before it be aduisedly prepared and corrected. Blacke Elebor.

¶ Elebor giuen with Long-pepper, Isop, Daucus, and Annis-seeds, maketh it to worke the better, & with lesse danger. Also, if it be boyled in the broth of a Capon, or of any other meate: and that broth may be giuen to drinke, and with lesse danger. Correction.

The daunger of the Iuice and séede of Tithymalles: it inflameth violently, hurtfull to the nature of man, troubling the body, ouerturning the stomacke, burning the throate, making it rough and sore: wherefore Gallien willeth not to haue it ministred inwardly, but to be applyed outwardly. Tithimalles.

¶ Lay the barke of the roots to soke in Vineger by a day, then drie it and make it in powder, and put to it Annis and Fenell séedes, Gumme Dragagant and Mastick, and so ministring it with some cooling and refreshing liquor, as Endiue, Cichory, or Oringes, &c. Correction and remedie.

The danger is like to the Tithymalles, and hurtfull. Ezula.

¶ The euill qualitie is corrected as the Tithymalles: and The Correction.

Spourge. The danger: it is hurtfull to mans nature and body, as the Tithimalles.

Correction. ¶ Take the sæde of Spourge, with Dates, Figges, or Gumme Dragagant, Masticke, Annisseedes, or any refreshing or cooling herbe: or if one drinke water, straight waies it correcteth, &c.

Peplos. The danger is hurtfull to man, as Spourge.

Correction. ¶ Is as of Spourge.

* Thapsia. * The daunger: in drawing the iuyce from the herbe & roote, great inflamation chaunceth to the partie that drinketh it, in his face: And receiued into the bodie, it causeth great windinesse, blasting, turmoyling, and ouerturning the whole body: and it hurteth the bowels and inward parts.

Correction. ¶ When one will gather the Iuyce, or strip the barke off the roote, let him anoynt his face and bare places, with oyle of Roses and ware.

When it shall be ministred inwardly to open the belly, put to it Long-pepper and Sugar.

Wilde Saffron, Hermodactil. The danger: it stirreth vp gnawing and fretting in the body, as if it were all rubbed with nettles, it inflameth the stomacke, and hurteth the inward parts, so as at first it procureth bloudy excrements, and after bringeth death.

Correction. ¶ Drinke a great draught of Cow-milke: Put to it Ginger, Long-pepper, Annisseeds, Comin, and a little Masticke: it correcteth, and helpeth.

Lawrell. The danger: it doth vexe and ouerturne the stomacke, it inflameth, hurteth, and barneth the inward parts.

Correction. ¶ The leaues are to be steeped one day in good strong Vineger, then drie it, and keepe it to vse.

If first you lay to soke in that Vineger, Quinces, or the sæde of Barberies, when you will occupie the leaues prepared, you must make them in powder, and giue it with Annisseedes and Mastick, or boyle them in whay or sweete milke, especially goates milke, or the broth of a Capon.

Chamelea. The danger is very nere the nature of venim, hurtfull many wayes to mankind: it greatly hurteth the stomacke, liuer, and to all principall parts of man, chafing, and vehemently grieuing the inward parts.

¶ The

¶ The correction is as of Lawrell. Correction.

* The dãger, by reaſon that it is very hote, it is very hurtfull, and of ſtrong and vehement working, grieuing the inward parts. * Mezeron.

¶ This correction is as of Chamelea. Correction.

* This danger is very hurtfull to Nature, for it caſeth & inflameth all inward parts: it ouerturneth the ſtomacke, being holden in the mouth: it cauſeth inflamation in the mouth and throate, and therefore it is to bee miniſtred outwardly. * Stauesagre.

¶ Before you occupie the ſæde of Stauesagre, ſtipe it in Mineger, and drie it. Correction.

You may giue it to be drunken with meat or Homed water.

Who that hath taken in any of this ſæde, muſt walke without ſtaying, and ſhould drinke Hidromell often, when he fæleth any kind of choking.

* ¶ It muſt be giuen with meade, or with ſwæt milke, a little Anniſſeeds and ſalt, or giue it in powder with Gumme Dragagant, Anniſſeedes, and a little ſalt. * Wild Cowcumer, the correction.

* The dãger: it hurteth the inward parts, & openeth the ſmal vaines, it prouoketh gripings, and torments in the belly.

The daunger is exceeding hurtfull to the ſtomack, and Liuer, hurting the bowels and intrayles. * Idem, Colloquintida

¶ Put to the pulpe or pith thereof Gumme Dragagant and Maſtick, and after make it into Troches or Balles with hony. Correction.

The danger it is very hurtfull to man. it ſtirreth vomiting, tolling and tumbling the ſtomack, bowels, and belly, it maketh the body weake and feble, and it waſteth the ſtrength of the Liuer. Elder.

The daunger: it is noyſome to the ſtomack and inward partes, as Elder. Wallwoort.

The daunger is, the æte by his violence troubleth and ouerturneth the ſtomack, and other inner parts, it is altogether euill, and contrary to women with child. White Briony.

¶ The malice or naughty quality thereof is taken away, by putting to Maſtick, Ginger, and Cinnamon. Correction.

1 The danger: the Iuice is very strong and violent, causing wambling and windinesse.

2 It chafeth the liuer and bloud, and it ingendereth feuers to such as be of hote complection.

3 It openeth the vaines, and hurteth the bowels and inward parts, to the prouoking of bloudy excrements, verie hurtfull to the liuer, heart, and inward parts.

Correction. ¶ Boyle or digest it in a Quince, or paste of Quinces, vntill the Quinces bee verie tender and perfitely boyled, and then it is called Diagredium.

2 Mixe it with some cold Iuyce, as of Roses, Pfilliũ, or Prune-pulpe.

3 Put to your Diagredium, Mastick, or the iuyce of Quinces.

Fearne. The danger is verie great, especially to women with child.

Polipodie the choyce. The rote which groweth at the foote of the oke is best, and most profitable to be vsed in medicines.

*Ranũculus. The daunger: they al are dangerous and hurtfull, they kill and slay, especially Apium Risus, which taken inwardly, spoyleth sences, & draweth the sinewes, as those which haue eaten thereof, seeme to laugh, and die laughing, without some present remedie.

Acconite. The danger is great, it killeth wolues, swine, and all beasts both wilde and tame that eate of it.

Licoctinum. The danger of wolues bane, being taken in, it inflameth the heart, burneth the inward parts, and killeth the body.

Rose-oleander Nereũ. The danger: it is verie hurtfull to man, and killeth Shéep, Goates, Dogges, Asses, Mules, Horses, and all foure footed beasts.

Mandragora. The danger: it is most hurtful to man, to be receiued into the body, if it be take in, neuer so little quantitie more then ought to be, it killeth the body: the leaues and fruit are also very dangerous.

Solanũ somniferum. The danger is great: if yee giue more then twelue berries, it causeth rauing, distraction, and furiousnes, as much as Opium.

The rote taken in wine, to the quantitie of a dram, causeth paine and idle imaginations: two drams bringeth frensie and madnesse, which lasteth three or foure daies: foure drams taken

in,

in, killeth the bodie.

The danger by his venemous qualitie is great: for whoſoeuer taketh of it, dieth, except hee drinke good old wine after it. But if he taketh Iuyce of Hemblock together with the wine, the poyſon is augmented, and it killeth. Hemblock.

The danger: the vſe of theſe peaſe is not very good for them that haue any vlceration in their kidneyes or bladders: for they be too much ſcouring, and do cauſe the vrine to be ſharpe. Chiche peaſe.

The danger of Ers or Oribus: being vſed often, & in too great a quantitie, it cauſeth head-ache and heauie dulnes: it bringeth forth bloud both by vrine and excrements of the belly. The bitter vitch, called Eruum.

The dãger of ‡ Poole Reed or Harundo vallatoria, is, that if the downe that is in the toppe or tufting taſſell thereof chanceth to fall into the eares, it bringeth ſuch dulneſſe and deafneſſe as is hard to bee cured. ‡ Poole Reede.

The danger: the often eating thereof ingendreth many infirmities: it ouerturneth the ſtomacke, and it cauſeth diuers ſpots, freckles, and pimples to ariſe in the face, and all the reſt of the body, alſo it is hard of digeſtion. Orache.

The danger of them: eaten, they ingender groſſe and melancholicke bloud, eſpecially the redde kind: the white are better to digeſt, and engender more agreeable and better nouriſhment, eſpecially when they haue beene twiſe ſodden. Colewoorts.

The danger is: ſeeing the ſeed is verie hote, and of ſtrong and behement working, inſomuch that being taken in too great a quantitie, it purgeth or ſcoureth euen vnto bloud, and is verie hurtfull to women with childe, therefore it may not bee raſhly miniſtred inwardly. Thlaſpie.

The danger: it is dangerous to bee often vſed, or in too great a quantitie: for this pepper hath in it a certaine euill qualitie, whereby it killeth dogges, if it be giuen them to eate. Indian pepper, Capſicũ.

The daunger: the often vſe of them cauſeth head-ache, and ouer-much ſleepe, and is hurtfull to the eyes. Onions.

The daunger: they engender euill humors and windineſſe, they cauſe heauie and terrible dreames: they darken the eyeſight: they are very hurtful to them that haue any vlcerations, or going off of the ſkinne of the bladder or raynes. Leekes.

Squilla. The daunger: it is a very sharpe and hard medicine, it is subtill and wasting, hurtfull, and forcing the nature of man, when it is taken or vsed rawe.

Correction. ¶ It is not to be vsed into the body, without it be first sodden, rosted, or baked.

Arbutus The daunger: the fruit thereof eaten hurteth the Stomack, and causeth head Ach.

Agarick The daunger: it is of slow operation, taken in too great a quantitie, it feebleth the inward parts.

Correction. ¶ It is corrected being giuen with Vineger, Sal gemme, and chiefly with Oximell.

Yewtree The daunger: it is altogether venimous, and against mans nature.

It is so hurtfull, that if one do but sleepe vnder it, or the shadow thereof, he becommeth sicke and sometimes dieth, especially when it bloweth.

In Gascoyne it is most daungerous: if any eate the fruit, it causeth the laske.

The birds that eate the Berries thereof, do either die or cast their feathers.

Obseruations

Obseruations in Ianuarie.

With this fyre I warme my hand.

IF frost and weather be not extréeme, the wind not at West or North: set trées, of

Apples	Quinces	Cheries	Rosters
Peares	Plums	Filbirds	Raspis
Wardens	Damsons	Walnuts	Goseberies
Barberies	Quicksets	Hawthornes	Blackthorne

and generally all trées and plantes, the yonger the better.

In the wane of the Moone in the first quarter is best to set those and all others that shal beare fruit or flowres, and to prune trées, to cause them grow and beare the better.

In the wane of ẏ Moone, set beanes, pease, & hastings, & sowe parceneps, carrets & onions, if the wether be mild & not too hard.

In the end of this moneth, in the new Moone it is indifferent good to graffe, fell, and crop trées.

Forget not to looke to weake cattell.

Giue drinke to sicke cattell: to Kine with Vergis, and to horse with white water made with ground Mault or Branne, or with some drinke if néed bée.

If they be poore, giue them sodden wheate.

Sow Lettice, Reddish and Spynach.

Drinch Hogges with whay, or take Ornament, *alias* Oxale, and Triacle of Ieane, an ounce of each: Bolearmaniak halfe an ounce in fine powder, temper it in a pottell of whay for a hog, and in a pint of vergis for a Cow, and giue it to drinke warme.

Weane Calues and Pigges for store.

Now geld or lybbe, the signe being frō the brest vpwards, and from the thighes downewards, the Moone being at land and at full: for it is ill cutting at full.

Let not your cattell take any sudden heat, before nor after cutting.

Use little Phisick but for great necessity.

Let no bloud but in case of necessitie, by skilfull aduice, and in good time.

Use

Vſe warme meates.

Drinke white wine faſting, if thy backe be not weake, or that thou bée not ſubiect to the gout.

Eſchew all ſweete meates and drinkes, and vſe warme clothing.

Let not ſuch as are ſubiect to the Rhewme, take cold nor wet on their féete.

Such as haue aches may ſweate or bathe, taking no cold.

Cold Ianuarie loueth hote clothes.

Warme meates and broths are beſt.

Meates that are warme conuenient be.

Bléede not, but bathes by counſaile vſe.

Draw no bloud from vaine, but for neceſſitie.

If thou bléede beware of cold.

Walke not abroad in the night time.

Vſe to eate the beſt confections.

Drinke white wine, for that flewme increaſeth.

To faſt long is hurtfull to the body.

Eate Sallets well prepared with oyle and ſpices.

Waſh not thy head.

Bathe in faſetie thy body warme.

To take a vomit is not hurtfull.

Take euerie morning during this month, a little quantitie of Roſed honey to comfort the ſtomacke, and to cleanſe the body of choler and flewme.

Drinke in ale or wine; { Graines, Ginger, Nutmegs, Cloues.

Obſeruations in Februarie.

With this ſpade I digge my land.

IN taking Phiſicke bée not to bold.
As yet no baine let opened be.
Be choyce of foode, prouide for cold,
For feare leſt Agues trouble thée.
Wilke now and Fennith foule denie,
As now no holſome meſſe.
Now medecines and flegbotomy
Are vſde with ill ſucceſſe.

Eate confections condited with honey, to purge the bleud.

Eate apples.

To eate freſh béefe often is hurtfull, or other moyſt meates.

Vſe not to eate any pot-herbes, but Parceley, Smaledge, and ſuch like.

Eate rather ſodden meate then roſt, to kéep thy bodie ſolubls.

To bathe is not hurtfull, nor to take a potion.

Bléede in the baine vnder the Thumbe.

Make pilles to purge the head.

Eate honey with bread, to purge the head and bladder.

Sowe { Lattiſſéete, Aſparagus, Burnet, Artichocks, Harts-horne, Samphire, Hauell, } and { Rocket, Cardus benedictus, Spinage, Cucumers, Parceneps, Colewarts, Cabage & Lettice, } In ỳ old Moone.

Sowe { Palma Chriſti, White Popie, Rocket, Margeram, } & { Marygolds double, Coziander, Flowre-gentle, Violets, } In ỳ new Moone.

Sowe { Time, Pumpeons, Purcelaine, Reddiſh & Borage, } in the new Moone.

Sowe { Chickwæde, Cichory white, Beetes, } and { Fenell, & Parcely, } in the full Moone.

Sowe { Onions, Cabages, and Leekes, } in the wane: and replant Cabages in the decreaſe.

In the new Moone, graffe, plant, and ſet almoſt all trées: cut Quickſet hedges, ſet Roſes and berry buſhes, the weather good and wind reſpected.

In the wane ſet Beanes, Peaſe, & Haſtings, & all kind of legumen: and ſow Onions and Parceneps. And now good huſwiues ſet forward their gardens, in ſetting and ſowing moſt kind of herbes and ſéedes, except Bazell, Margeram, and ſuch like, which cannot abide cold nor drought. Now ſow kearnels of Barberies, Peares, and Apples.

Set Hops.

Sow Muſtard-ſéede.

Set Vines, and prune them.

Stake, and reare vp Rounſevalles.

Refraine all things that ſtop the liuer or veines, or that thicken bloud, as Rice, Milke-pottage, with Mallowes, and al ſlimie meates.

Forbeare Phiſick, and bloud-letting.

Beware of taking cold, for now Agues are apt to be taken.

Now it is dangerous to take ſudden heate or cold.

Obſeruations

Obseruations in March.

Here I cut my Vine spring.

STill haue regard what foode you take,
For now in man breede humors great,
The learned of your counsaile make,
Before you bleede, bathe, purge, or sweate.
Such victuals March requireth,
As are both light and pure,
Bloud letting somewhat profiteth,
And medicines somewhat cure.

Eate pleasant and well spiced meates.
Refraine sharpe meates.
Drinke pleasant and the strongest wines.
Oft times eate Leeke pottage.
To bathe often profiteth much.
Take no potion to purge or bleede by veine.
Eate often Penny-royal, to heate ẏ stomack, & to make digestiõ: in sallets eate Bittony, to cleanse the sight, & to amẽd ẏ head.

Use { Graines, Ginger, Nutmegs, Galingale, Pepper, } and such like spices, profitable this time in drinkes or meates.

Sow { Cabage, Lettice, Cucumers, Cardus benedict. Samphire, Gilliflowres, } & { Bazell, Saffron, Harts-horne, Harts-ease. Walflowres, } & { Artichocks, Cardus Chickweed, Burnet, Isop, sauory } in ẏ old Moone.

Sow { Reddish, Pumpions, Sauell, Coriãder, Borage, Purcelan, } and { Margeram, Violets, Time, Marigolds, White popie, } In the new Moone.

Sowe Cabage coles, Onions, and Leekes, in the wane.

Sowe { Beetes, Parcely, Fenell, } and { White Cicory, } In the ful Mone.

Sowe { Lettice, Reddish, Spynage, } at all ſeaſons.

In the new Mone graffe any good fruit, reſpecting the wind: plant Quicksets, ſo that the weather be not too drie.

Set Vines and prune them, ſet Hops and Willowes, and cut Quickſet hedges.

In the waine, ſet Peaſe and Beanes, and ſowe Onions, Parcenips, Otes, and Feeld peaſe.

Good huſwiues are now knowne by their gardens.

I nede not to tell that it is now good to ſet and ſow all herbs, except Bazell and Margeram, and ſuch like.

In ẏ end of this month ſet Cucumers, Melons, & Artichocks.

Sow Barley in moyſt and cold ground.

Groſe feeding breedeth euill bloud and groſſe humors.

Vſe meates of good digeſtion, and ſuch as bréde good iuyce.

It is good to purge in warme and milde weather.

Now it is good to enter into the diet of Ginacom.

Sweete meates and drinkes are now holſome.

March ſayd to Auarill,
I ſee three hogges vpon a hill:
Wilt thou lend me dayes three,
Ize do my good will to make them die.
When three dayes were come and gone,
The three hogges came hopping home.

A ſhowre in March,
Another in May, } The third in Auarill,
The fourth about the Lammas tide,
When Corne beginnes to fill,
Is wel yworth a plough of gold,
And all that longs theretill. *I. D.*

Obſeruations

Obſeruations in Aprill.

Heere I heare the birds ſing.

ALL things their ſtrength now put in vre.
The pores are open, the bloud abounds,
Let bloud and purgē: yet be thou ſure,
From learned counſell no hurt redounds.

Thoſe meates are mēte in Aprill,
Which March deſired for to haue.
Bloud letting now doth very well,
Now purging medecines do craue.

Eate pleaſant meates.

Riuer fiſh is holſome.

Sallets are commended.

Blēde by any vaine in the body except of the Lungs: to open that vaine, hurteth, and to open the middle vaine, profiteth.

Bathe often.

To purge the ſtomacke with a potion or otherwiſe, is good.

Eate no kind of rootes.

Eate all kind of fleſh but pigges.

Take phiſicke, but blēde ſafely.

Drinke moderately.

Blēde for ſcabbes.

Eate Bitony and Pynts prepared in honey.

Drinke in the morning faſting.

Vſe herbe Grace in thy wine.

Beware of eating ſaltfiſh, which then ingendereth the ſcab and ytch in the body.

Set or Sowe { Cardus, Artichocks, Walflowres, } and { Geliflowres, Hartſeale, Parceneps, } In the old Poone.

Sowe { Flowre gentell, Rosemary, Lauender, } and { Margerã, Violets, & Time, } in ỹ new Moone.

Sowe { Cabbadge Coles in the wane of the Moone.

Gather { Adders tõgue, Camomill } & Roſes: } make { Sirop of Roſes, & Suger Roſet.

Purge, let bloud and bathe.

Now go to Baithes: if thou canſt not, be mued at home, frõ the beginning of this moneth to Midſomer, and from Midſomer to the end of September, or els it is to hot or to cold.

Purge, & let bloud in temperate time.

Now houſewiues that forget their gardens before, will leaue no vacant plot nor hearbe vnſet, nor ſeede from ſowing and ſetting, and ſpecially Cucumers, Melons, Cithrons, Gourdes, and Artichocks.

In the wane of the Moone, ſet Peaſe, Beanes, and pole Hoppes.

Dairy dames, beſtur your families.

Let the Tanner looke for barke.

Obſeruations

Obſeruations in May.

I am as freſh as bird on bough.

TO bathe and alſo to let blood
If néede require do not refuſe:
To riſe betimes will do thée good.
Be merry, but no myrth abuſe.
In May thou mayeſt with ſafety
Both bathe and take purgation,
Vſe Clyſter and Phlegbotomy,
And like euacuation.
Waſh thy face often with faire running water.
Vſe not to eate much meate of hot qualitie.
Bléed when néed is in any place.
To bléed in the foote is moſt profitable.
Beware of eating any ſtale fiſh.
Eate no tainted fleſh that ſmelleth ill.
Eate your ſallet in dew ſeaſon.
Drinke but little wine.
To bathe is not vnprofitable.
Drinke clarified whey, ſimply or drawen with cold hearbes.
Vſe to drinke pure wine mixed with goates milke, and with that anoynt thy head and breſt.
To drinke ſharpe drinkes profiteth.
Take Phiſick if néed require.
Eate no head nor féete of any beaſts, becauſe of the moyſture of the hearbes beaſts do eate.
Mo[illegible]me wood wine is profitable to drinke.
Vſe to eate Fennell rootes tenderly ſodden.
Take tender layes to pourge the bloud.
Sléepe a littell after dinner.
To bléede on the head or liuer veines profiteth.
¶ Ariſe early: May loueth no ſluggards.

Walke

Walke into the fields.
Eate and drinke betimes.
Sage leaues and butter and Sage-ale is holſome.
Eate no egges, nor the heades, fæte, or braines of any thing.
Drinke clarified whay with theſe herbes,
Fumitory, Maiden-heare, Betrach, Sorrell, and Egrimony, of each of them halfe a handfull: a few tender buds of hoppes, with a little liquoris: Boyle them, ſtraine them, and drinke it at all times, except with meates.

Gather and make { Sirrop of Roſes, Sugar Roſet, Dyle of Camomyll, Dyle of Lillies, Opium, Roſemary flowres.

Sowe Cardus Benedictus in the old Moone.

Sowe { Lettice, Reddiſh, Spinage, Parceneps, } at all times.

Now cut, ſet, and plant all herbes and ſædes: for it is ſayd of olde, Set or cut in May, and grow all day.

Now ſow Bazell, Margeram, Turneps, and all ſædes and ſallet herbes.

Sowe Flare and Hempe, and ſet Artichocks.

Wæde Hops, ſet yong graffes.

Diſtill herbes gathered in a drie day in the after noone.

Now good Gentlewomen will diſtill May dewe.

Now gather and make Roſa ſolis

Put your Lambes from the Ewes.

Refraine all things that ſtop and congeale the bloud all the ſpring time.

The laboring man nedeth not vſe any rules of Phiſicke.

Let weake ſtomacks vſe thinne diet.

Receiue phiſick, let bloud, & bathe, & after this month refraine.

Drinke clarified whay.

Obſeruations in Iune.

My Corne is weeded well enough.

Abſtayne from drinke both ſwéet and new:
From Phiſick do thy ſelfe refraine:
Bid riotous pleaſures quite adew,
Leſt that they bréed thy endleſſe paine.
Cold hearbes in Iune are very méete,
But ſuch meate ſhunne chiefly,
As ſhalbe eyther new or ſwéete:
Take pleaſures medicinably.

Abſtayne from meates that ingender flegme.
Drinke the pleaſanteſt wines.
Drinke ſometime faſting white wine, which purgeth choler.
Eate Sallets of Lettice prepared with vineger, to purge humors deſcending to the kidneys.
Vſe meats of light digeſtion.
Ariſe alwaies from the table ſomewhat hungry.
Exerciſe thy body with ſome long walke.
Vſe Phlegbotomy ſafely.
Eate no milke but that is well ſodden.
Beware of eating Apples this moneth.
To bathe is good, but not to tarry long in it.
To waſh thy féete often in cold water is commendable.
It is now good time to make Syrop of Damaſke Roſes, Cõſerues of red Roſes, Violets, Borage and Buglos, and to diſtill Roſe water, and to make oyle of Roſes.
Wéede Corne and Gardens.
When the Sunne ſhineth, make Hay.
Set Gilliflowres, Carnations, and Roſemary.
Sowe ſallet herbes, & Lettice iiii. daies before the full Moone, and Reddiſh iiii. dayes after the full Moone, in euery moneth from March to September.

Set no herbes, hedges, nor trées in Iune, Iuly, or Auguſt: and haue an eye vnto Antes, Emits, and Snailes in your gardens.

Sowe { Lettice, Reddiſh, Spinach, and Parceneps, } at all times. Pumpions in the new Moone. Cucumers in the old Moone.

Gather { Towne Creſſes, Pertory, Lang de biek, Dragons, Origanum, Calamint, and Mary golds the xvi. day before the Sunne, without knife.

If thou muſt néedes take Phiſick, take it early in the morning.

Vſe thinne diet of thy meate.

Let no bloud, but in extremitie.

Drinke clarified whay as in May.

Take no great thirſt: for the powres of the brayne are open.

Obſerua-

With this ſithe my graſſe I mowe.

COld herbes now wholeſome bée:
But let no blood in any wiſe:
By running ſtreame and ſhadow trée,
Thy booke thou mayeſt well exerciſe.
Sléepe not too much, to cold Bathes go:
Refuſe to vſe Phlegbotomie:
This month abſtaine from Venus: woe
To him that kéepes her companie.

Now make hay, fallow for wheate, forget not to cary out ſoyle.

Gather ſuch flowres and ſéedes, as you will kéepe all the yeere.

Dry your flowres in the ſhadow till they be almoſt dry, and then ſunne them well that they mould not, and ſo alſo dry your herbes.

Beware of bread made of fuſty or pind corne.

Make no great thirſt, and vſe moderate diet.

Auoyd euill ayres.

Walke not abroad too early nor too late: eſpecially where fogs, miſts, vapours, or ſlinkes in ſtréetes be or lanes.

Kéepe cloſe your chamber windowes ſhut all night, and open all day in fayre weather, but ſhut in miſt.

In the euening perfume your chāber with perfumes of Beniamin, Storax, Mallicke, Frankincenſe or any of them.

Eate in the morning butter, with bread and Rue.

Stéepe Rue in Wine or Ale, all night, and drinke it in the morning.

Feare GOD and ſerue him truely, lead a cleane lyfe honeſtly.

Sowe white Succory in the full Moone.

Sowe { Lettice, Reddiſh, Spinage, & Parceneps, } at all ſeaſons.

Vſe moderate diet in meate, for the Stomack will better digeſt drinke then meate.

Take no thirſt in June, July, or Auguſt, for nothing ingendereth more feruent heate, Agues, and the Plague, then it.

Now extreme thirſts, heats and cold, do ſuddenly come vpon them that are ſubiect to thoſe diſeaſes.

Obſeruations

Obſeruations in Auguſt.

Here I cut my corne full lowe.

LEt little ſléepe, and meate and wine,
And little or no venery
Suffiſe: abſtayne from medicine.
Fly cold Bathes, and Flegbotomy.

Good huſband, hie thée to haue in thy Harueſt, and let him that beſt beſturres him, haue a Garland, and be Lord of the Reapers.

Giue her that followeth him beſt, preeminence to be Lady.

Deny none to giue them largeſſe.

Mowe thy Fearne.

Gather ſéedes of thine owne garden yéerely, which are better then thoſe thou ſhalt buy of others.

Sowe Lettice ſéedes to eate at Eaſter, and to bring timely ſéedes.

Moderate diet is good Phiſick.

Beware of ſurfet.

Take héed of taking great heate, or ſudden cold vpon thée.

Sléepe not much at noone.

Take no Ague now, for the fits are extreme ſharpe and long, by reaſon of the Canicular daies.

Vſe glifters, and open a veine if ſtrength will beare it.

Obſeruations in September.

With this flaile I earne my bread.

September yéelds fruites pleaſantly:
Refraine, eate not thy fill:
Take medecines, vſe phlegbotomy.
Now ſpice in meates not ill.
Make conſerues of { Barberies, & Quinces.

Sowe ſéedes of winter hearbes, and ſet Artichocks.

In thenewe Moone cut Quickſet, hedges of Roſes, and bor-ders of hearbes.

Set { Berry buſhes, Apples, Peares, Wardens, } that are yong.

It is good to ſet { Strawberies, Violets, Gelliflowres, Carnations.

In the new of the Moone ſow Parceneps.

Sowe Wheate and Rie.

Gather Crabbes, for Vergis.

Gather Akornes and Béech maſt for hogges.

Take the hony from the elder Bées, & kéepe the yonger bées warme and dry, and beware of Myce, Antes, Snailes, Mothes, and ſuch like.

Sty the Boze.

Put the Ewe to the Ramme, that they may take by S. Edwards time: and come by mid-March.

Pluck thy hempe, and cleanſe thy ſéed.

Take Phiſick.

Bathe and be let blod, if néed bée. (be hot.

Eate all ripe fruites that are not infected, if thy ſtomacke

Obſeruations

Obſeruations in October.

Here I ſowe my wheate ſo red.

GO hunt, drinke wine thats old and good,
Vſe exerciſe for health:
Now muſt thou take good ſtore of food,
Which hath good ſtore of wealth.

Sowe wheate, and cleanſe thy ſeed corne in thy barne at home.

In the wane of the Mone, it is good to ſet yong trées of Apples, Peares, Wardens, Roſes, and Berry buſhes.

In the wane of the Mone, ſet Beanes, and Rathe-peaſe, and ſowe Parceneps in warme Gardens.

Send out boyes to gather Acorns.

Set all kind of Nuts, as thicke as they can ſtand in a pot or pale, and after remoue them.

Gather winter fruit.

Bid the boy goe ſkar the Crowes.

Finiſh vp the Phiſick you mind to take, and reſt till March.

Vſe good hot meates and drinkes.

Drinke holeſome wines to nouriſh the blood.

Go dry ſhod, leſt the Rheume or Poſe take thée.

Prouide warme clothing.

Now it is daungerous, to take the quartaine Ague.

Obſeruations in Nouember.

With this axe I kill my Swine.

OLd wines and ſwéete are holſome.
Let little bathing ſerue.
Count Venus now as lothſome,
If health thou wilt preſerue.

In the new Mone remoue yong trées, and ſet crab ſtockes in Nouember, December, Ianuary, and February.

In the wane ſet Beanes, Hatkelers, and Rathe peaſe, & ſowe Parceneps.

Let none that can make Mault be idle.
Kill Bieſe, and Bacon to hang in the roofe.
Take no Phiſick.
Bléed not nor bathe.
Vſe good meates and drinkes.
Vſe warme clothing.
Good exerciſe preſerueth health.

Obſeruations

Obſeruations in December,

And here I brew both Ale and Wine.

NOw fire and hot meates haue thou muſt,
December loues warme potions.
Drinke wine, beware of too much luſt:
Goe warme and vſe ſtrong motions.

In the new moone, the winde being Weſt or Southerly, the weather being not extreme hot nor frozen, ſet or remoue trées of al fruits, Roſes, and Berry bushes: in the wane ſet Beans, Haſtlers, and Rath-peaſe.

Amend thy hedges.

Cleaue wood.

Looke to weake cattell.

Let thy horſe bloud on Saint Steuens day.

Couer ſuch herbs as cannot abide cold and hard winter, with Fearne or ſtraw, and God ſend a merrie Chriſtmas.

Vſe Doctor Diet, Doctor Quiet, and Doctor Mery man, for thy Phiſicions.

Let thy kitchen be thy Apothecarie.

Let warme clothing bee thy nurſe.

Let good companie and good hoſpitalitie be thine exerciſe.

Let thy needie, old, poore, and hungrie neighbours bee remembred.

Remoue and ſet trées, Roſes, and Berry bushes, euerie new Moone, from the beginning of September, to the end of Februarie.

Graffe euerie new Moone, from Januarie to mid Aprill, the wind being not North nor Eaſt.

Sow ſéedes and herbes, or ſet herbes to haue ſéed againe, euery new Moone, from Februarie to June.

Cut hedges or herbes euerie new moone, from Februarie to May: but Trées onely in Februarie and March.

Set

Set or ſow ſeeds as ſhall be round, as Onions, Turneps, Cabage, Lettice, and ſuch like, three or foure dayes before the full Moone: Onions in Februarie and March, Turneps in May, Cabage in Januarie, Februarie, March, and September, Lettice euerie month.

Sowe all ſeedes that the rootes ſhall growe downeward: as Parceneps, Carrets, and Reddiſh, in the wane of the Moone.

Gather Apples, Peares, and Wardens, in the wane of the Moone.

Obſeruations for gathering of Herbes, Fruits, Seedes, Flowres, and Rootes.

Should be gathered when they bee full ripe, and the moyſture ſome deale dried. Seedes,

Should be gathered when they be ſome deale open, before they fall or fade. Flowres,

Should bee gathered when they be full of moyſture, before they do beginne to ſhrinke. Herbes,

Should bee gathered when the leaues do fall. Rootes,

Should bee gathered when they bee at the full greatneſſe, before they fall. Fruits,

The heauier and the ſadder that the fruites bee, the better they are.

Thoſe fruits that be great and light, thou ſhalt not chooſe.

The fruit that is gathered in raine, are not ſo good as fruites gathered in faire weather.

That grow in the fields, are better then thoſe which growe in townes and gardens. Herbes,

Of thoſe herbes which grow in the fieldes, ſuch as grow on hilles are beſt.

Commonly the herbes growing in the fieldes, are ſmaller then herbes of the ſame kinde, growing in townes and gardens.

¶ Many herbes haue their ſpeciall times of gathering.

¶ If they bee gathered in that time, they haue their vertues, but if they bee gathered in any other time, they are not ſo good.

¶ Some herbes helpe whenſoeuer they bee gathered: and ſome do not, if they bee gathered out of their time.

Swine

Swine-creſſes,
Red Docke,
Pedeleon, after noone,
Wallwort without yron,
Groundſwell,
Garlicke,
Dodor vpon lyne,
Saffron before ſunne,
and Galingale,
} are to be gathered at all times.

Camomyll and Adder-tongue, —— in Aprill.
Violets, —— in March.
Roſes, —— in May.

Towne Creſſes,
Perretory,
Lang de biefe,
Dragons,
Diziganum,
Calamynt,
Parygoles the xvi. day, before ſunne, with yron.
} in June and July.

Roſe-mary flowres, —— in May.
Bittony and Colombines, —— in Lammas moone.

Centory,
Wilde garlicke,
Agnus Caſtus,
Water Calamynt,
Drawke,
} when they flowre.

Hartſ-tongue, —— in November.

Aſtrologia longa,
Aſtrologia rotunda,
and Fenell,
} in Harueſt.

Gourds, —— in the end of September.
Cucumers, —— when the firſt is ripe.
Citrull, —— when the firſt is ripe.
Fenell rootes, —— in the beginning of the yeare.

Gentian

Gentian, ——————— in the last end of the yéere.
Flowre de lyce, ——————— in the end of véere.
Wilde Neppe Berries, ——— when they ware yellow.
Philipendula rootes, ——— in the end of Haruest.
Auens, ——————— at all times.

Grapes: before they be ripe, presse out the iuyce or moystnes, and drie it in the sunne, make it into powder, and vse it with meates, it is good against casting comming of cholericke humours.

Obseruations for gardening, by Father Kinke of Tibolds.

TRench and leuell your ground in summer, if it be not alreadie broken in winter.

Then may you sowe all maner winter herbes, for Sallets, and for the Kitchin.

Fouretéene dayes before Bartholmew-tide, set knots of all maner herbes, and borders, with double Wall-flowres, Gilliflowres, Pinks, and such like.

If the ground be readie, sow Endiue to make white, fouretéene dayes before Midsummer, and sow at euery wane vnto Hallownetyde.

Then must you take them vp in a drie time, and set or lay them as close as you may, that the earth come not among them.

At Bartholmew time is good sowing of white Cabage.

Take them vp in Januarie, in the wane of the Moone, or in Februarie, and replant them two foote asunder, and they will be readie to eate about Midsummer.

Sowe of the same Cabage again about Februarie, then shall you doe as aboue-said, and they will bee readie about Hollomas and Christmas.

Sowe about Februarie Cabage Lettice, in the wane of the Moone.

Sow

Sowe in March all herbes for the kitchen.

Sowe in May, Turneps, Reddiſh, and Carrets, to ſerue for winter.

Cut your knots and borders in the ſpring of the Moone, to make them grow apace.

Do the like by all quickſet hedges.

If you will haue them to grow ſoftly, cut them in the wane, and it will be the longer before they ſhall be cut againe.

Set and lay red and damaſke Roſes, and ſtrawberries, after Bartholmewtide.

Beginne to remoue all ſorts of trées for fruites, at Hallowntide.

In the latter end of Aprill, or the beginning of May, pricke in the ground, Bazel, Margerã, Melons, Pumpeons, Cucumers, &c.

Lay your Cucumer and Melon ſéedes in milke to ſoke, a day and a night before you pricke them in the ground, in the wane of the Moone.

For feare of froſt couer them in the night with pottes, and for feare of ſnayles.

Cut your vine in Januarie or in Februarie, in the wane of the Moone, or at the beginning of March, two or three ioynts: but in May cut it not too neere, for feare it bléede and hinder the vine.

If it be a yong vine, cut but two ioynts, and cut it betwéene the ioynts, not too neere any ioynt, and it will beare very well.

Set vines in Januarie or Februarie.

If in the end of Aprill, or the beginning of May, you will cut a branch of a vine, it will bléede verie much: you may preſerue that water in a glaſſe for your eyes.

Gather all fruit to laſt, in the wane of the moone, next before or after Michaelmas, and lay them in a cloſe chamber, vpon heapes.

In diſtilling of any waters, when your glaſſe is full, put in a Still full of Roſes, or of other things that you mind to ſtill, and put your glaſſe into your Still vncouered, & let it ſtand till that be ſtilled: then cloſe vp your glaſſe, and neuer ſet it in the ſunne.

To graffe in the Shield, is to be done in June and July, with the rynde.

To graffe in the Scochin, is to be done in March and Aprill, in the new Moone, or a day or two before the change. First pare the ſkinnes readie to put in the ſtocke, before you cleaue the ſtocke: ſtraight put in your ſkins, and clay them ſure: for if the ſap of a Plumme tree take wind, it then will not proſper.

Kinke of Tibolds.

Certaine obſeruations.

All raw things annoy the ſtomacke.
All roſted things, and all wines, } bee drie.
Eate not too much.
Eate but when neede is: } whereby enioy continuall health.

A good perfume to burne.

¶ Take Storax & Calamynta, a quarter of an ounce: as much Beniamin, as much Lignum Aloes, beate the wood in powder, and then incorporate all the reſt by beating together, and make it in ſmall Cakes to burne.

A pretie kind of bread to eate in the morning.

¶ Take Sugar one pound, fine wheat-flowre a pound, eight egges beaten: temper them well together with a few whole Anniſéedes cleanſed: make it in Coffins, bake it, and eate it euerie morning.

For a web in a Horſe eye.

¶ Take Celidony and ſalt, and ſtampe them: and then put it in the Horſe eye.

For

For a Horſe foundred.

¶ Take foure egges hard roſted, and all hot, lay to each foote one, ſhel and al, and ſtop it faſt about with horſe dung, and ſo let him ſtand.

To make Vineger.

¶ Take a quantitie of Bean flowre, knead it with Vineger, bake it, and twiſe or thriſe take it out of the ouen, and moyſt it well with Vineger, til it haue drunken wel, then put it in wine, and it will turne to good Vineger, and the like you muſt doe to make eaſell or Alleger.

For a Horſe that hath the Cough.

¶ Take two egges and bruſe the ſhelles, but breake not the yolks, put them into one pint of Vergis al one night: the next day take out the egges, and put into the Vergis a penny worth of Polipody of the oke, and boyle it a good while. And after, whē it is luke warme, put in the egges, ſhels and all, and ſtirre them well together, and giue it the Horſe to drinke.

For Hogges murren.

¶ Rootes of Polipody are good.

For ſquinancy of Hogges.

¶ Hartſ-eaſe is good.

¶ Rub thy hands with the rote of Dragons in May, and take Adders in them, and they ſhall not ſting thee.

Ad extinguendum Argentum viuum.

¶ 1 Argentum viuum extinguitur, bene cū ſalina & cinere calid. bene confricando.

2 Melius tamen cum ſulphure & ſalina.

3 Optime cum ſalina, & calce vi.

For the Farcy on a Horſe.

¶ Allumen mixtum cum Aceto & galla equali pondere ad ſtringendum Farſam ne ſana loca perambulet, multum valet.

Obſeruations for Diet.

Diet for all the yeare.

- Prime time.
  - Chickens,
  - Kids with vergis,
  - Borage,
  - Beetes,
  - Polks of egges,

  & Egs in moonethew, Roches, Perches, Pikrelles, All scale fish.
- Harueſt time.
  - Capons,
  - Hennes,
  - Pigeons,
  - Good wines,
  - Good drinks.
- Sumer time.
  - Light meates,
  - Chickens w̄ vergis,
  - Yong Hares,
  - Rabbets,
  - Lettice,
  - Purcelain,

  & Melons, Gourds, Cucumers, Peares, Plums, (said. & the fifth afore
- Winter time.
  - Beefe,
  - Porke,
  - Braune,
  - Harts,
  - Hindes,
  - Other veniſon.

  and Partriches, Phelants, Hares, Riuer fowles, Wine, Good ſpices.

Good to comfort the braine.

Smel to Puſke, Muſkbibes, & Camomill: drinke wine moderately: eate Sage not too much: couer thy head: waſh oft thy handes and feet: walke meaſureably: ſleep reaſonably & delight to heare melodie & ſinging: eat muſtard and pepper: ſmel to red Roſes: waſh thy temples with red Roſe water.

Euill for ỳ braine	All braines of beaſts,	and	Too much watching,
	Gluttony,		Too much walking,
	Drunkennelle,		Milke,
	Late Supper,		Chæſe, and Nuts,
	To ſléep after meate,		To eate before hunger,
	Corrupt Ayre,		Bathing after meate,
	Anger,		Onyons,
	Heauines,		Garlick,
	To vncouer ỳ head,		Great noyſe,
	To eate ſoftly,		To ſmel to a white Roſe,
	Too much heate,		Much ſtirring.
Good for ỳ eies,	Look oft on gold,	and	Pimpernell,
	Red Roſes,		Oculus Chriſti,
	Verain,		Plũge cléere water in ỳ eyes.
	Rew,		Looke on greene colour,
	Feneil,		Meaſureable ſléepe,
	Eufraſe,		Waſh hands and féet often.
Euill for the eyes,	Garlick,	and	Lechery,
	Onyons,		Sleepe after noone,
	Hunger,		Much ſleeping,
	Lékes,		Much waking,
	Waking,		Bloud letting,
	Winde,		Loking againſt the fire.
	Hot ayre,		Euill baked bread,
	Cold ayre,		Duſt,
	Gluttony,		Wéeping,
	Milke,		Loking againſt the ſun or Moone,
	Chéeſe.		Bright things,
	Much to behold,		Red colour,
	Smoke,		White colour.
	Colewoꝛts,		
Good for the ſtomacke,	Red mynts,	and	Calamynt,
	Red Roſes,		To vomit once a quarter,
	Comyn,		Great hunger,
	Sugar,		Euery day to ſtand after meate,
	Sage,		

Wozme,

Good for the ſtomacke, Wormewood, Galingale, Nutmegs, Pleaſureable ſléep, and Oft walking after meate, Euery cold thing, Vineger, Pepper.

Euil for the ſtomacke, Nuts, Cheeſe old, Honey, Parow not ſod, Heauines, Dread, Falling, Fried meates, Milke, Stowping, and Too much talking, Too much bathing after meate, Too much trauell, To eate raw fleſh, Bread not baked, To eate not hungrie, To eate many meates at a meale, To drinke not thirſtie, To eate ſinking meate.

Good for the throat, Liquoris, ſoft Egges, Iſop, Sugar-Candie, Hony, Sugar, Butter with a little ſalt.

Euil for ỳ throat, Muſtard, Much lying on the breaſt, Pepper, Anger, All things roſted, Lechery, and Too much waking, Reſt, Much drinke, Smoke of Incence, Old cheeſe, Much running, Sowre things.

Good for ỳ heart, Saffron, Bourage, Laughing, Ioy, Muſke, Cloues, and Nutmegs, Galingale, Red Roſes, Violets, Sugar, Maces before all things.

Euil for ỳ heart, Beanes, Peaſe, Leekes, Garlick, Onions, Heauineſſe, and Anger, Dread, Too much heauineſſe, Trauell, To drinke cold water after labour.

Rams little Dodeon,

For the after-birth, secondine, dead child, or flowres.

Ameptes leaues decoct in wine and drunke.
Comiza leaues & flowres decoct in wine & drunk.
Marygold flowres decoct in wine and drunke.
Camomyl herb, flowres, & rot, decoct in wine and
Time, boyled in water & hony & drunk. (drunk.
Penny-royall, boyled in wine and drunke.
Matticke barke or leaues, decoct in wine and drunke.
Horehound white, decoct in wine and drunke.
Horehound blacke, decoct in wine and drunke.
Rue leaues, decoct in wine and drunke.
Lauender, decoct in wine and drunke.
Dictain, decoct in wine and drunke: or a pessary.
Cessly sedes, decoct in wine and drunke.
Daucus sedes, decoct in wine and drunke.
Saxifrage rootes, decoct in wine and drunke.
Pannar sedes, decoct with Misomewood in wine, and drunke.
Pencedamiū rote, ỹ sap by it self, or with bitter Almonds taken.
Oppopannax: a pessary.
Lacerpitium, with myrre and pepper drunke.
Sagapenum, with homed water drunke.
Galbanum, with wine and myrre drunke.
Ammommacum, taken a little at once. ‡‡
Aristologia longa, with pepper and myrre & drunk.
Centory maius, decoct in wine and drunke.
Helebozus albus, decoct in wine and drunke.
Helebozus niger, decoct in wine and drunke.
Cucumeris siluestris, decoct with hony, conueyed in the place conuenient.
Bryony white roote, a pessary.

Scamony,

To prouoke flowres when they be destroyed.

¶ TAke the roote of Mader grene, make it cleane, anoynt it with hony, and sprinkle powder of Mader on it, make a pessarie or suppository of it, and put it in place conuenient.

To deliuer a dead child.

¶ SCald Leke blades, and binde them to the womans nauell, and it shal cast out the dead child: and when she is deliuered, doe away the blades, or elle shee shall cast out all that is in her.

Scamony, a peſſary.
Mandragora, a peſſary.
Lupines with myrre & hony, a peſſary.
Smyrneum ſædes, decoct in wine, and drunke.
Creſces ſædes, decoct in wine and drunke.
Ciſcus, taken.
Sauen leaues decoct in wine and drunke, or peſſary.
Azarum with homed water drunke.

For the Ague.

SOtherne wood ſoked in oyle, and rub the body.
Tanſey iuyce mingled with oyle of Roſes, anoynt the body.
Hepatica decoct in wine and drunke. —— Liuerwort.
Syngrene iuyce with pepper drunke.
Bugle, or Prunell, decoct and drunke.
Violets the ſirrop taken.
Flos Armoris, the flowre cõſerued taken. —— Sweet Williams.
Daylies ſmall, the leaues decoct in water and drunke.
Cotula lutea, decoct in oyle put in Cliſter. —— wilde.
Camomyll.
Oppopannax, drunke with homed water.
Rubarb infuſed and taken.

For hote Agues or Feuers.

PSillium or Flebane, the ſæde decoct or ſteped and drunke.
Pirola decoct and drunke.
Violets ſirrop taken.
White water Lillie decoct and drunke.
Scamony, the weight of fiue wheate graines taken,
Cichory decoct and drunke.
Purcelain iuyce drunke.
Roſes iuyce drunke.
Marriſh worts blacke, eaten raw, or ſtewed with ſugar.
Goose-berries, eaten raw with meates, greene.
Barbery buſh, greene leaues made in ſauce, eaten.
Apples eaten.
Lemons eaten.
Pomegarnets eaten.

Sebeſtenes

Ague Cakes.

¶ Drinke Centorie water.

¶ Frie red Mints, red Nettles, and Mozmelwood with butter, apply it hote as it may be suffered, of each one dzam.

¶ Roſt Onions with butter, ſtreane it, and anoynt the grieſe.

¶ Dzinke water of Aſop.

¶ Take Smaledge, chop it ſmall, and make wozts with otemeale, and eate euerie mozning for a time.

To abate extreme heate in Ague.

¶ Take French wine, a quart, and as much running water: Planten one dzam: boyle the halfe, and to abate the harſhneſſe, put to it a good peece of Sugar: dzinke this warme in extremitie of heat: for want of French wine, take Gaſcoyne wine.

Sebestenes eaten.
Cassia drawne, the pulpe eaten.

For tertian Agues.

Buglos decoct and drunke.
Hepatica boyled in wine & drunk. —— Bastard Agrimony.
Turnesole decoct in wine and drunke.
Hipericon decoct in wine, and drunke.
Sinquefoyle decoct in wine and drunke.
Planten decoct in wine and drunke.
Knot-grasse decoct in wine and drunke.
Varuin decoct in wine and drunke.
Penny royall decoct in wine and drunke.
Liuerwort decoct in wine and drunke.
Trifoly decoct in wine and drunke.

For long Agues.

Saxifrage decoct in wine and drunke.
Masterwort decoct in wine and drunke.

For old Agues.

Cuscuta decoct in wine and drunke. —— Dodder.

For to procure Agues.

Cherries eaten.

For to quench thirst in Agues.

Dose-berries eaten raw.

For to driue away shaking and shiuering Agues.

Opopanax drunke with meate and honed water.
Lacerpitium taken with honey.
Sagapenum, one dram taken.
Aristologia decoct in wine or water, drunke.
Woodbine leaues sod in oyle, and pund, the backe or ridge anoynted.
Mustard taken in meate or drinke.
Pepper taken in meate or drinke.

For

For S. Anthonies fire.

Feuerfewe gréene leaues, pund and laid to.
Tussilago leaues, pund with hony and laid to.
Pennywort on the wall, the iuyce laid to.
Peritory, pund and laid to.
Poliganum pund, and laid to.
Flebane séed decoct in water or stiped, and laid to.
Singréene pund alone, or mingled with parched barly meale, laid to.
Varuen pund with vineger, laid to.
Water Singréene pund with vineger, and laid to.
White Lilly rootes rosted, pund with oyle of Roses applied.
Saffron mingled with womans milke, laid to.
Coriander iuice with Ceruce, Literge, Vineger & oyle of Roses, applied.
Azarum stamped, and laid to.
Palma Christi leaues pund with barly meale, laid to.
Liuerwort brused, and laid to.
Popie heads not ripe brused with barly meale, laid to.
Nightshade leaues pund with barly meale, laid to.
Alkakengi leaues pund with barly meale, laid to.
Oliue trée leaues decoct in wine, and laid to.
Melilot: a Quince and oyle of Roses, laid to.
Orache pund with Saltpeter, Hony and vineger, laid to.
Succory iuice with barly meale, laid to.
Lettice greene leaues brused, and laid to.
Purcelaine leaues pund with parched barly, laid to.
Gourd iuice with oyle of Roses, laid to.
Garlick burnt to ashes, medled with vineger, laid to.
Roses iuice applied.
Gooseberries gréene brused, and laid to.
Acacia the iuice, laid to.
Dates leaues and branches pund, and laid to.
Ciprus trée leaues pund, and laid to.
Turpentine, applied.

For

For S. Anthonies fire.

STampe Adders tongue with ſwines greace, and apply it.
Arache iuice, laid to, eaſeth.

Bëtes ——— Burſa paſtoris
Succory rootes and flowre
Lye made of aſhes of Colewoꝛts
Coꝛiander iuyce with vineger
Endiue with Ceruce and vineger, applied
Galion ——— Gourdes iuice
Henbane boyled in water
Nyntes iuyce with vineger and bꝛimſtone
Nyntes, Rue, oyle and vineger
Opium with vineger
Perritoꝛy ſtamped, tempered with Ceruce
Parcely with bꝛead
Planten leaues bꝛuſed with iuyce of Houſeléke
Gréne popie heads, not ripe, pund with barly meale
Red roſe dꝛied leaues ſodde in wine warme
Rue with oyle of Roſes, Vineger, and Ceruce
Sauin ſtamped oꝛ the iuice
Thoꝛow-wax the water oꝛ herbe

} ſeuerally applied.

¶ Boyle the herbe, roote & ſéed of Holy hocke, with barly meale in water, mixed with oyle of Roſes, oꝛ oyle Oliue, and apply it to the holy fire and ſhingles.

¶ The water oꝛ iuyce of Knotgras cureth all Ringwoꝛmes, Tetters, Shingles, Holy fire & Inflãmatiõs, ſtinking filth in eares, rotten ſoꝛes, Gangreues of the gũmes, and all wounds new and old, but eſpecially about the pꝛiuie parts of men and women, & pꝛeſerueth the ſame from Inflammation, and all other euill accidents.

¶ Take vnſet Poꝛret & Mazels, waſh them cleane, ſhꝛed them & ſtampe them, & take ſome clére water, & ſome oyle, and fry them on a ſoft fire, and apply it warme as ye can.

For wild fire.

¶ TAke dꝛegges of wine oꝛ vineger, & the yolkes of Ranens egges & whites by euen meaſure: temper them well together, and apply it to the grieſe, and it wil heale.

To

For to restore Appetite.

IMperatorium roote decoct in wine and drunke.
Lupines soked long in water, eaten.
Sorell de-Boys and decoct, eaten or drunke.
Lettice crispe, eaten with meats or Sallet.
Sea-Purtelaine preserued and eaten in Sallet.
Rampion eaten with vineger.
Raphanum magnum eaten with meate.
Skirwoits eaten boyled.
Parcely eaten with meate.
Charuell decoct and eaten, or Rawe in Sallet.
Mustard eaten.
Pepper eaten with meate.
Onions eaten with meate.
Capers eaten in Sallet.
Barberies eaten with meate.
Lemons eaten.
Nutmegs eaten.
Maces eaten.
Olives eaten with meate.

For the Appoplexie.

LIlly Conualle, the flowres distilled with streng wine, drunke, one spoonefull.
Saxifrage, the roote chawne in the mouth.
Sagapenum the waight of a dram taken.
Colloquintida the white pulpe, one scruple taken.
Briony roote one dram taken.

For to restore speech in Appoplexie.

SMall Saxifrage the rootes taken.
Euphorbium, corrected, taken.
Peach kernels eaten.
Viscus quercinus, the wood hanged about the neck.

For

To make a man haue appetite to his meate.

¶ Boyle Centory in faire water, & giue the sick to drinke therof, at morne iii. daies bloud warme: ech day ix. spones full.

A comfortable powder for digestion, and to procure appetite, with other good properties.

¶ Take Pellitory of Spaine, Centory, Annis, Liquoris, Graines of Paris, Ginger & Sinamon: of ech a like much beaten and serced, and drinke thereof morne and euen, halfe a sponefull in Wine or Ale.

Ipocras for a weake Stomack.

¶ Take one pint of Aqua vitæ, put in a glasse, thē take ii. ounces of Sinamon, one ounce of Ginger, two pennīworth of Cloues, two pēniworth of Graines, one penniworth of Nutmegs, beate them al together to grosse powder, put al into the glasse to the Aqua vitæ, shake it euery day often ix. daies together. and drinke it with Wine or Ale, halfe a sponefull, or a quarter, with halfe a pint of Ale.

For the Appoplexie, and to restore speach in Appoplexie.

¶ Vse to drinke Borage water.

Bryony rote one dram a whole yére together cureth.

Colloquintida taken in glisters and subpositories, cureth.

Cowslip flowres condited with suger often eaten, cureth.

Wire Euphorbium with oile, and apply it to the nape of the neck, or the neck. And also Margerom comforteth: and Mistelto of the Oke hanged about the neck, the wood of it.

Drinke the iuice of Rosolis, & it cureth the drawing of the mouth alwry.

Sagapenum one dram drunke, cureth.

Sothernwood iuice drunke with wine, defendeth &c.

Water of Violets profiteth.

Lauender flowres steped in wine & distilled, the water holden in the mouth, restoreth.

¶ Stepe the kernels of Peaches in water of Penny royal, and drinke it.

Powder of Saxifrage, and the sedes cureth conuulsions.

Saxifrage chawed restoreth speech.

Vineger, Opimel, or Lohok of Squilla helpeth.

¶ Stepe flowres of Lilliconualle in wine xxx. daies: then take it out

For the Arſ-gut going out.

ASter Atticus, pund and laid to.
Wall flowres, pund and laid to.

For Ayre infected.

RUe, Walnuts and Figges, eaten in the morning.
Small Saxifrage ſeedes.
Angelica roote holden in the mouth.
Pencedanum the ſappe taken with Rue, and bitter Almonds.
Ientian the roote in powder taken.
Limons iuice taken: and Iuniper berries perfumed.

For the belly to purge mightily.

COlloquintida the white Pulpe taken one ſcruple.
White Bryony roote the iuice taken.
Iuice of Mandragora roote taken in ſmall quantitie.
White Beete iuice taken.
Buckthorne.

For the belly to purge gently.

CIclamen iuice ſtroked on the nauell or belly.
Black Helebor taken by diſcretion.
Hoppes iuice taken.
Horned Popie ſeedes decoct and taken.
Beanes greene, vnripe taken.
Kidney Beanes fruit and Coddes vnripe eaten.
Bitter Fitches decoct and eaten.
Lentils decoct, the firſt decoction taken.
Lupines decoct and taken.
Fenigreeke ſeedes, prepared and eaten.
Red Colewort leaues, decoct and eaten.
Sharpes ſorell leaues, boyled and eaten.
Cucumer ſeedes, drunke with milke and ſweet wine.
Gourds iuice boiled, drunke with hony & Salt-peter.
Onions eaten with meat.
Squilla with hony and oyle.
Aſfodill, the roote boyled and drunke.
Grapes greene eaten: & Apples ſowre boyled & eaten.
Peach leaues, pund and taken: & Cicamor fruit eaten.
New Figs, Plums, Cheries, and Carobes eaten.

For

out of the wine, and diſtill the wine fiue times ouer in a Limbeck or body of glaſſe: this wine with fiue graines of Pepper, and a little Lauender water drunke, is a precious remedy againſt the Appoplexie, and more precious then gold.

For falling of the fundament or Matrix.

¶ Take oyle of Camomill and Roſe water, and anoint the griefe.

¶ Take Red nettles, bray them well, & put them in an earthen pot, with a good portion of white wine, ſeethe it to the halfe, and giue it the patient to drinke, & lay the herbes to the fundament, as hot as may be ſuffred.

For Ache in the backe, a ſoueraine Medicine.

¶ Take Pigs greace, ſtrike it plaiſter wiſe on a peece of leather, pricke it ful of little holes, with a ſharp pointed knife, and lay it to the Raynes where the paine is.

M. Tibold.

¶ Take Ache and Egrimony, and pun them with Mowſe-eare rootes and leaues, & barrowes greace, & diſtill and lay to the backe.

¶ Take Vnguentum Alabaſtrum, and Vnguentum Aureum, of each one quarterne, meddle them together, and anoint the backe.

For to cauſe blaſting, and paine in the belly.

RAw Turnep rotes eaten.

For to open and looſe the belly.

SAffron ſæde iuice drunke in milke.
Baſtard Rubarbe leaues in meate.
Mercury boyled and eaten or drunke.
Violet ſirrop eaten.
Mayſies ſmall decoct and eaten or drunke.
Origan with Hidromell or homed water drunke.
Drago Origan.
Betony with Hidromell or homed water drunke.
Pencidanũ rotes the iuice with Rue & bitter Almonds.
Amoniacum a dram taken.
Aloes the iuice taken.
Palma Chriſti ſædes taken.
Elder tender croppes in broth eaten.
Blacke Briony tender buddes in Sallet.
Bind wæd leaues, the iuice taken —— Helxine.
Drache in pottage.
Colewarts the iuice by it ſelfe, or with Salt peter.
Lettice in Sallet with meate.
Mallowes with meate.
Aſperagus buds decoct with oyle and vineger in ſallet.
Red Roſes iuice.
Quodimack of Quinces after meate.
Peaches, Mulberies, and Figges ripe eaten.
Mulbery roote, the barke decoct and drunke.
Caſſia, the pulpe eaten.
Elme træ ỹ vtter barke one ounce with wine or water.
Roſen of Larix træ licked with hony.
Roſen of Turpentine træ licked with hony.

For inward Scruines of the bladder.

OPpopannax with meate or homed water.

For Vlceration or rawnes of the bladder.

CUcumer ſæds drunke with milke or ſwæt wine.
Sebeſtenes.
Cyprus nuts leaues boyled in ſwæt wine or meate, drunke.

Hurtfull

A Receipt to make a Purgation.

¶ Take Seny 2. ounces, Epithimi ʒ 1. Ginger. 1. Racine, Sinamom. ʒ 1. Violets, a quarter of a handfull. Paſſes de ſol 1. quart. h. damaske Prunes ſtoned v. or vii. dim. pint of faire water: put all in a pot cloſed, and let it boyle ſoftly in another pot one houre, ſtraine it, and put to it Penidros, & drinke it. *G.K.*

For going off of the skinne of the Coddes, and the redneſſe and inflamation of the ſame.

¶ Take Chimoleã, Vernice, Nitre, Colofony, Roſin & Betony: beate them that are to be beaten, & mixe them with oyle, and put to the Roſin, and incorporate them, and waſh the coddes with warme water, and being well waſhed, put the receipt vpon the red place.

A moſt approued experiment againſt the ſame griefe.

¶ Take Tapſi Barbaſti, ſmal nettles, violets, mallows, beane bran and comyn, cut the herbes, and put leaues of Ebul. eldar and wormewood to it, and boyle it in good wine: and after plaiſter it to the griefe, as hote as may be ſuffered, and put to it roſes and the huſkes of garlicke.

For warts and puſtules on the priuie members.

IT chanceth, that ſometimes Warts and Puſtules grow on the yard. To take away the Warts, put to it the pouder of Harmodactulus: which being done away, make a medicine for wounds: but firſt let the place be waſhed with water, that mallowes and Brank Vrſine haue beene boyled in.

For inflamation of the yard *ex Coitu.*

¶ Take leaues of Willow tree and boyle them in water, (in quibus piſtatis) & make thereof a plaiſter and lay to it.

¶ If any puſtules be, lay to it Vnguentum album, and for vineger, water of roſes, and for common oyle, oyle of violets.

Hurtfull to the bladder.

White Horehound taken in, any waies.

For inward ſcabs of the bladder.

Brokiem leaues decoct in wine & drunke with Aſperagus.
Myrtell berries.
Liquoris rote and iuice taken.

For paine or ſtopping of the bladder.

Great Bur the iuice.
Tanſey iuice with oyle of Roſes.
Philippendula rots boyled in wine & drunke.
Toade Flaxe decoct and drunke.——Oſiris.
Plantan roote boyled in wine and drunke.
Horſetayle boyled in wine or water, drunke.
Scordion decoct with wine and drunke.
Conſound the iuice taken.
White water Lilley roote boyled in wine & drunke.
Camomill decoct in water, drunke.
Stecados decoct in wine and drunke.
Saxifrage roote decoct in wine and drunke.
Peucedamũ roote, the iuice, by it ſelfe or with Rue or bitter Almonds.
Fenn roots boyled in water and drunke.
Dittain the ſæd one dram taken.——Tragium.
Cuſcuta decoct in wine and drunke.
Petti morell ſtamped & applied outwardly.
Alkekengie fruite eaten.
Callomus Aromaticus iuice drunke.
Gumme dragagant with hony and wine.
Mallow leaues with ſalt eaten.
Smyrneum ſæd decoct and drunke.
Scandix, or ſheperds needell decoct & drunke.
Water Creſſes in Sallade. Dried Raiſons eaten.
Nutmegs eaten or drunke.

For to coole the bloud.

Purcelain in Sallade eaten.
Parriſh whortes eaten. Red Gooſeberies eaten.

For

Pro vlco in vesica.

TAke French Barley a handfull: Plantine leaues, Honisocle leaues, Strawbery leaues, of eche a handfull: the foure cold seeds two drams: boyle them in three pintes of water to a pynte: put to it of Mel Rosarum two ounces: red Rose water halfe a pynte, and vse it by imection per virgam: when this imection is not readie, then vse an imection of Milke and Sugar luke-warme.

Abstaine from { wine. strong drinke. Vineger. Vergis. } Vse Cassia often.

For to ſtoppe all iſſues of blood.

Medeſwéet rootes in pouder.——
Planten leaues decoct.
Knot graſſe iuice.
Great Singrene decoct, or the iuice.
Sanicle boyled in wine.
Coriander ſéed roſted or partched in pouder
Rubarb taken.
Henbane ſéed ℈ weight of i.d.ob. in pouder.
Redde Rattell boyled in wine.
Carroline Thiſtell the leſſer decoct in wine.
Purcelein iuice.
Pariſh mallowes gréne or drie pund.
Léek ſéeds & mirtle berries like quãt. decoct.
Ciſtus flowers decoct in wine.
Tamariſke barke decoct.
Sbomacke leaues decoct.
Pomegranate ſéeds dried in the Sunne.
Wild plummes or ſnags the iuice.
Cheſtnut red barke boyled.
Withie leaues and barke decoct.
Oke leaues, barke and cuppes decoct.——

} drunke ſeuerally.

Way bennet or barly wrapped in a crimoſin ſkinne or piece of leather bound to the body.
Gallion flowers laid to or put in the noſe.
Wild grape flowers and vnripe fruit eaten.
Yellow ſéed and fruit of Roſes taken in.
Vnripe goſeberries, the iuice preſſed out and dried, eaten.
Myrtle berries eaten.
Quince roſte and eaten.
Oke apples burnt on coales, and quenched with wine or vinegar, or with bryne made of ſalt and vineger, ſtoppeth all iſſues of blood.
Mallicke taken and eaten.

Huſbandmen of Kent. { Ant——plentie of graine. / Whiteworme——murrion of beaſts / Spider——peſtilence among men.

Mathiolus

For piſsing of bloud.

¶ TAke Ambroſe Sanguinaria, and Parcely ſeede, of ech an ounce, and drinke the iuyce with Goates milke.

¶ Take Ambroſe Saxifrage, and Purcelain the iuice, and drinke it with Cow milke.

For the bloudy Fluxe.

¶ TAke Parrowe Maybride: ſtamp the iuice with wheat flowre, temper them into dough, and make a cake and bake it in Aſhes, and let the ſicke eate thereof, as hoate as he may ſuffer it.

Mathiolus super Dioscorides { Fly ——— warre. Spider ——— pestilent sickness. Worme ——— scarcety of victuall.

For to staunch bloud of greene woundes.

Herbe Robert bruised
Woade bruised
Yelow Lychnachis
Sinkefoyle
Mother wort
Pimpernell
Yelow Pillefoly
Yarow
} bruised and laid to.

For to stop the bloud of all woundes.

Sage pund
Aloes in powder
Liuer wort pund
Lungwort in powder —— Pulmonaria
Astragalus rote in powder —— Pease earth nut
Couche grasse leaues pund
Parnassus gras pong leaues —— Hepatica alba
Cliuer or Gose grasse
Galion
Pomegranates leaues and blossoms
Cornell tre leaues and tender croppes
Oke leaues
Ciprus tre leaues
} pund and laid to.

To purge bloud of all corrupt humors.

Hoppes decoct and drunke.
Iuice of Hoppes drunke.

For Inflammation of bloud.

Liuerwort decoct and drunke.
Marsh whorts decoct and drunke or eaten.
Pomegranat iuice taken in.

For to cause to pisse bloud.

Garden Madder rote decoct and drunke.

For

For to ſtaunch bloud of greene wounds.

¶ Braſe one dram of wild Tanſey, & bind it hard to ỹ wound, & it will ſtaunch the maſter vaine cut, of man or beaſt.

¶ If you ſee a man in great perill of bleeding, if the wound bee about the foot, bind him aboue the knee: if vpon the hand, bind him aboue the wriſt: if on the arme, bind him aboue the elbow with a good iii. or iiii. fould, and it ſhall ſtay ſome after, ſikerly.

¶ Apply moſſe of the Hazell tree, the older and longer kept, the better.

To ſtaunch bloud when a maſter vaine is cut.

¶ TAke a peece of ſalt beefe, the leaner the better, & no fat, aſmuch as will goe into the wound, lay it in the hot aſhes in the fire, and let it roaſt till it be through hot, and being ſo hot, thruſt it into ỹ wound, & bind it faſt, it will ſone ſtaunch, and neuer after breake, vpon warrantiſe.

For pricking with a needle, or thorne in a Sinew.

¶ TAke bolted Wheate flowre, ſiper it with wine, & boyle it till it be thicke, make a plaſter thereof, and lay it to as hot as may be ſuffered, it will eaſe the Ache, and heale vp the hole.

Regula.

THere be certaine places in man, which being pricked in a ſinew, except he haue helpe within ſeuen daies, he ſhall die: for there will come a cramp from the hurt place, to the neck and draw his Jawes together, that he ſhall not open his mouth, which is called Spaſme.

Therefore if a man be pricked in the ſinew that accordeth to the ſame, take good oyle Roſet, and chafe the hurt place as hot as may be ſuffred, and powre thereof into the ſame hurt, & lay wooll vpon it and bind it vp, and vſe this till it be whole, and none other, for this is kindly for it aboue all others.

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For to ſtop the Fluxe of the belly.

Sinquefoyle rootes decoct
Tormentill roote in powder, with wine or water of a Smithes forge, wherein yron or ſteele hath beene often quenched
Planten leaues decoct, — Knot gras the iuice,
Horſtaile decoct in wine, — Great Bingréene decoct,
Yelow flowre deluce decoct in water
Hiacinth roote decoct in wine
Fly orchis roote boiled in water
Valiall mountaine boyled in wine
Trago Organum decoct in wine
Annilléeds decoct in wine — Piony rootes in powder } drunke.
Ciprus ſéede — Galingale decoct in water
Harts tongue leaues decoct
Mayden haire decoct in wine
Black popie ſéede decoct in wine
Tares ſéede decoct — Hares foote decoct in wine
Phœnix or Waybennet decoct
Garden Purcelane iuyce
Marſh Mallow rootes decoct in wine
Gourdes tender toppes bruſed with wine
Smyrneum leaues decoct, & the rootes in water ſtiped
Cheſtnut red barke boyled in wine
Lentiſk trée leaues and barke

Lacerpitium with hony and vineger
Otemeale in meate — Dry blanched Beanes
Tares ſéede decoct — Earth nut boyled
Smyrneum leaues and rootes
Hiponſtus taken — Unripe Goſeberries } eaten.
Fruit of White thorne — Hawes
Almonds before meate
Medlers
Gréene Mulberies dried
Wild Plums — Lotus
Carobus dried
Cipрus trée fruit

For

For to ſtop the fluxe of the belly.

¶ Make powder of the bloomes of Walnuts whē they fal, two drams, with a hard roſted egge and oyle, eaten three mornings faſting: if that ſerue not, take three drams with an egge.

For a Marmoll.

¶ First giue the patient this ſirrup, that is, take Parcely, Fenel, Kneholme, Sparage, Scabios, Enula campana, Affodill rootes, Dock rootes, round and ſharpe Ebulus, Elder, Camedrios, Camepitis, Endiue, Sorrill, Hartſtongue, Cetrack, Politricon, Capillus Veneris, Adiantus, one dram. Violets, Scene, Polipody, Electri, of each foure ounces. Flowres of Borage, Paratrum, Time, Epithini, Cuſcuti, Sticados, Liquoris clenſed, of each one ounce: Borage iuyce, Affodill iuyce, Fumytorie iuyce boyled with Siccory, one pound, Sugar foure pound.

Giue it the patient by nine dayes purged, vt potionatus rediget, and after anoynt the puſtules places with iuyce of Affodils halfe a pound, Lapacii acuti & Rotundi, iuyce of Celidoni, of each fiue ounces, Sulphuris viui, quicke Lime, Litarg. auri, of each two ounces: Madder, Citrine, of each three ounces: Aloes, Caballine, Tartarum, of each one ounce: Viridis æris, two ounces, Picis natalis, one poũd, Olei communis, two pound, Auximgie, Angrull. porci ſalſ. one poũd, Petrocilini, 2. ounces: Omnia incorporentur, in maner of an oyntment, and therewith anoynt the grieued parties by eight dayes, and then let him enter into a bath, in which the leaues and rootes of long and round Docks and Scabious wild, and domeſticall great Lawrell, and little Lawrell, Tithimall, Rootes of Ebulus, Elder rootes, and leaues of Enula Campana ſhall be boyled, of each three drams: All which muſt bee ſtamped and boyled in water, and make a bath, and anoynt the patient dayly by fiue dayes, and let him vſe this for a competent ſeaſon, vntill he be cured.

For

For windineſſe, and blaſting of the belly.

Wormewood eaten in the morning faſting,
Hempe ſeede in ſmall quantitie,
Pellitorie of Spaine roote, decoct in wine, & drunk,
Wild ſea Purcelane kept in brine eaten in ſallet,
Blacke Pepper eaten.

For griping paines in the belly.

Cumza leaues and flowres decoct in wine or water,
Varuin decoct,
Margerum decoct in white wine.
Garden Mint boyled in water,
Coſtmary alone, or with Parceneps ſeedes decoct,
Rue decoct with Dill,
Anniſeedes decoct with wine,
Comin ſeedes decoct with wine,
Lybanotus ſeedes decoct in wine,
Ceſely ſeedes decoct with wine,
Daucus ſeedes decoct with wine,
Saxifrage ſeedes and rootes decoct with wine,
Louage roote and ſeede, decoct with wine,
Aſclepias roote boyled in water,
Centauri maior, the roote two drams with wine,
Rubarbe infuſed,
Walwort leaues and yong tops decoct in wine,
Poliopody of the oke in powder decoct,
Pannax ſeedes decoct in wine,
Phenix decoct with red wine,
Eringus rootes in powder, or decoct in wine,
Cardus benedictus boyled in wine,
Sea Purcelane decoct in wine, & Radiſh decoct,
Parcely roote decoct in wine,
Nutmegs decoct, and Juniper berries decoct,
Lyne ſeedes boyled in water and gliſtered,
} and drunke

Pencedamum roote, the ſap by it ſelfe, or with bitter Almonds eaten.
Parcely eaten, and Squilla roſted, prepared, and eaten.
Nutmegs eaten.

For

For fret in the belly.

¶ Eate Tansey, Rew, and Sothernwood.

For hardnes of the belly.

¶ Drinke three spoonefuls of iuyce of Iuie leaues three times in a day.

For griping paine in the belly.

¶ Take Sothernwood, and lay it against the place of the contrarie side where the torment is, and it will driue it out: if it be layd to the nauell, it will driue away the paine.

For ache in the backe.

¶ Take Ache, Egrymony, Mouse-eare, Saincle, and Mogme-wood, of each a like much, stampe them smal with butter or barrowes greace and white wine, frie it, and make a playster of it, and lay it to the backe as hot as may be suffered.

For ache in the bones.

¶ Take an old hoare Fore, bind him sure that he stirre not, put him quicke into a brasse pot, and put to him fiue or eight gallons of oyle Oliue, set them on the fire, and boyle it easily fifteene houres, then let the fire coole, then straine it through a cleane linnen cloth: with that oyle anoynt the ache, which profiteth greatly: you may kéep it fortie yeeres or more: whē it is boyled, you shal find of the Fore neither haire, skinne, nor bones, but onely the clawes, and the oyle consumed to one gallon, or a little more.

For ache a Cerecloth.

¶ Take Rosen half a pound, Perrosen, one quarter of a pound, Meere suit two ounces, Turpentine one ounce, Cloues and Mace of each alike, one ounce, Saffron, one ounce, oyle of Roses, two ounces: boyle al together, and vse it.

For

For to cure the bloudie Fluxe.

Bistort Roote,
Periwincle,
Agrimony seede,
Yellow Licymachus,
Shepheards purce,
Cinquefoyle,
} in wine decoct.

Tormentill roote in smiths water.

Wild Tansey in wine,
Gnaphalion leaues in red wine,
Planten leaues in wine,
Knot-gras iuyce drunke,
Horse-taile in wine,
} decoct

Flebane seede parched, the powder in wine
Scordion dried in powder, two drams in wine
Greate Singrene in wine decoct,
Sophia. Flex weed seede in wine or smiths water, decoct,
White Molyn roote, in red wine
Pimpernell in wine decoct,
Millefolly in wine decoct,
White water Lillie roote or seede, decoct in wine
Yellow Flowre de luce, decoct in water
Costmary leaues alone, or wᵗ Parcely seeds in wine
Sage decoct in wine, & Rubarbe infused (decoct,
Polimomum roote decoct in wine
Pannax seede decoct in wine
Vine greene leaues and claspers decoct in wine
Pomegranat blossoms in powder
Mulberries greene and vnripe, decoct in wine
Chesnut barke boyled in wine
Oke leaues, barke, and Apple, decoct in wine
Pine Apple, fruit, and scales decoct in wine,
Nutmegs drunke,
Turpentine leaues decoct in wine,
} and drunk.

Lentilles decoct, the first water cast away: and after the second decoction, eate them. Lycium of box thorne takne.
Cornelle Plums, and Rosen of Larix taken.

For

For to cure the bloody Fluxe.

¶ Make ponder of Acornes cuppes, and drinke it with red wine, yolks of hard egges and cynamom.

For bleeding at the nose or bloody Fluxe.

¶ Take a great Toade, put it in a glasse, and stoppe it fast: then set it in a dunghill, and all the great Toades thereabouts will draw to it: then take them and put them into an earthen pot, and stoppe them fast, and set that pot on a strong fire till they be dry: but come not to it, till they be cold, for the stinch: then sow them in silke.

If it bee the bloody fluxe, lay it to the right side: If it bee for bléding at the nose, lay it to the stomacke warme: But if it be great néed, beat two Toades thereon, and dry them and lay them to your stomacke warme in silke as aforesaid. &c.

A Caudle for the bloody Fluxe.

¶ Take a pint of red wine, and the yolks of 5. newlaid egs, a good quantitie of Synamom, a little sugar, the pill of a Pomegranate dryed and made in ponder, a good quantitie: boyle all together in a platter on a chafingdish, till it be thicke, and let the patient eate of it early and late, and as oft else in the day, as his stomacke will serue him: and it will stoppe it, be the fluxe neuer so great.

A singular approued remedie for the bloody Fluxe.

¶ Take as much fine linnen cloth, as will make a suppes-torie, being wrapped round together, bottom wise, wet it in the best Aqua vitæ or Aqua composita: and let the patient conney it into the fundament, and within three or foure times dressing, by Gods helpe it will doe good.

Another.

¶ Take gads of stéele made redde hote in his drinke, oftentimes quenched, and drinke thereof.

Another.

For spitting of bloud or corrupt matter.

Great Bur sæd in powder one dram, pund with kernels of pine Apple in wine
Permacle in wine } decoct
Shepheardes purse in wine }
Tormentill roote in powder with wine
Knot grasse iuice
Black Molyn with his pleasāt flowers decoct in wine
Pimpernell in wine or smithes water decoct
Sanicle decoct in wine or water
Millefolly decoct
Rumglyme iuice half an oūce with vineger } drunke.
Mint iuice with vineger
White horehound decoct in water
Betonie decoct in wine or water
Capillus Veneris decoct in wine
Mosse decoct in water
Spelt Meale decoct with red wine
Ladies Thistell roote decoct in wine
Purcelane decoct in wine
Vine Ten drels or Claspers boyled in wine
Burthorne, or the sæd, decoct in wine
Withie leaues and barke decoct in wine
Oke leaues, barke, and acorne cups decoct in wine } drunke
Rosen of Larix, or Agarik decoct in wine
Turpentine trée leaues and barke boyled in wine
Mastick or Lētisk trée leaues & bark decoct in wine
Sage iuice taken with honie
Wheat meale boyld to pap, and often licked
Bulba Casta. eaten. Tamarisk fruite eaten.
Quinces Quodimak any wayes taken
Almonds any wayes taken
Chestnuts ẏ meale made in electuarie, or Ciprus fruite eaten.

De Sanicula.

Ce lui, qui Sanicle à, de'mire il u'a.
Who so hath Sanicle, néedeth no Surgeon.

For

Another.

¶ TAke Sinkefoyle, boyle it in wine, and let the patient hold his mouth ouer it.

To remoue a botch from one place to another.

¶ TAke Wormewood and Mugwort Rodion, stamp them together, and drinke the iuice in ale: then take a quicke Oyster, and lay it on the place that thou wouldest breake, and thitherward it will draw it.

¶ TAke Oculus Christi and Veruin, make a plaister of them, and lay it from the botch two fingers breadth, and eftsoones put it far, and doe so till thou come to the place where thou wilt breake it.

¶ TAke Colombind, stamp it, & with the iuice wash the botch or boyle well, and make a strike with the same iuice to ẏ place where thou wouldst haue it breake, & there lay a plaister of the same herbe stamped with iuice, and it will breake it.

¶ THe iuce of Tansey in a nutshell doth the like to remoone a Felon.

To ripen a Botch.

¶ SEethe Oleme ale in milke, and lay it playsterwise as hote as may be suffered.

¶ TAke Tormentill, Hony and Salt, tempered with the white of an Egge, and lay it to, and it will breake it.

¶ TAke Singreue, Melilot, Linseeds, and Mints, boyle thē in water, make thereof a plaister, and lay to, to breake it.

¶ Roast Toade stooles hote, and lay to, to break it.

¶ Lay Galbanum to it, and it will breake it.

¶ Take Sorell, the white snayle, and the lesser Brokelyme, a like quantitie, stamp it, frye it with Sheepes suit, and lay it to the griefe.

To breake a Botch when it is ripe within, and the skinne thicke and hard.

¶ STampe Sperewort with oyle, and lay it on the head of the Botch.

To

For to ſtoppe piſsing of blood.

AGrimony.
Shepherds purſe.
Planten leaues.
Cozonopes, oz Harts-hozne.
Knot graſſe.
Pimpinell.
Knights yarrow. } decoct in wine and dzunke.
Poſſe. (in ponder.
Tribulus terreſtris oz Saligot nuts
Wirtle berries.
Withie leaues and barke.
Oke leaues, barke and Acozne cups.
Hallicke.
Cozmentill rote in ponder, decoct in Smithes water.

For to cauſe piſsing of blood.

GArden Madder iuice of the rote much vſed.

For to ſtrengthen the bodie.

STandergraſſe full and ſappy rotes eaten——teſticulus odoratus, Goates Dzchis rotes eaten oz boyled in Goates milke, dzunke: Satirion rotes eaten boyled.

For obſtructions and ſtopping of the body.

GArmaunder with his flowers boyled in water and dzunke.

For to diſſolue congealed and clottered blood in the bodie.

CAmepitis decoct.
Wild Tanſey boiled in ſalt & water.
Morſus diaboli rot decoct in wine. } dzunke.
Bugle
Auens.
Cyme. } decoct in wine.
Muſtard.
Figges decoct in water and dzunke.——Figges.

Margerom

To ſtrengthen the body and ſtomacke, and to procure good digeſtion.

¶ Take Malmeſey one pints, as much Pint water, Synamom, Ginger, of each an ounce, bruſe them and put them together with halfe a quarter of Sugar, let them ſtand all night, and in the morning drinke it.

Miſtris Barret.

Margerom, dried and taken with honie,
Rue roote, in powder, with Honie dried,
Amers, dried with Honie,
Lacerpitium rootes, stamped with Oyle,
Gentian rootes, the iuice taken.
White Bryonie, in Electuarie with Honie.
Wild Bryonie, in Electuarie with Honie.
Dulcamara, decoct and drunke.
Garden Madder roote, or powder decoct and drunke.
Water Pepperwort leaues and Ale, decoct and drunke.

} eaten.

For windinesse of the bodie.

Nigella Romana sæde with wine,
Agnus castus sæde with Wine,
} drunke.

For to strengthen the Bowels.

VVild Tansie,
Calamint,
Parnassus Crasse,
} decoct in Wine and drunke.

Frangula Barke, boyled with Pops, Pontike, Worm wood, Eupatorie, Cinamen, Fenel, Parcely, and Endive, with their rootes taken, in quantitie of fiue Ounces.

For inflamation of the Bowels.

Flebane sæde, boyled in water or stiped,
Herbe Bennet roote, —— Auens, decoct.
} drunke.
Trifoli by it selfe, or with the Flowres boyled in Meade or Honied water, ——
} drunke.
Purcelane iuice, drunke.

For windinesse of the Bowels.

Agnus castus sædes,
Juniper Berries,
} decoct in Wine and drunke.

For to mundifie the Braine.

Pennie Riall, pund with Vineger, drunke.
Margerom bruised,
Origan iuice,
Sowbread iuice,
Wild Cucumer, delayd with swæte Pilks,
} put or snuffed in the Nosthrils.

Iuie

Iuie iuice or fruite,
White Wéete iuice with Honie, } put or snuffed in the
Colewozte iuice, } nose.
Onion iuice.
Saxifrage roote or séede chewed.
Oppopanax, two Drams taken.
Sagapenum, one Dram taken.
Amomacum, one Dram taken.
Sarcacoll taken.
Laurell leaues, chewed and holden in the mouth.
White Bryonie roote, one Dram taken.

For to comfort the Braine.

BAzell, decoct and drunke, and often smelled on.
Rosemarie flowres, in conserue, eaten.
Lauender flowres, eaten alone or with Sinamum.
Nutmegs and Cloues, taken any way and smelled to.
Stecados flowres smelled on.
Nigella séede dried, pund, and wrapped in a Sarcenet, or fine linen cloth smelled to.
Staueſakre, chewed in the mouth.
Iessamine drieth Rhewmes.

For to warme the Braine.

CAstmarie leaues, in conserue.
Pellitorie roote taken with Honie.
Rie-meale, put into a bagge, laide to the head.
Iessamine, drieth and warmeth the braine.

For to remooue slymie flegme from the Braine.

WIlde Pellitorie, chewed and held in the mouth.
White Elebor, the roote in powder, snuffed into the nose.

For Impostumes of the Braine.

AEaricke with Sirrup, Acetes taken.

A com-

A comfortable Pomaunder for the Braine.

TAke Labdanum one Ounce, Beniamins ℥ Storax, of each two Drams, Damaske powder finely searced, one Dram: Cloues and Mace, of each a little. A Nutmeg, and a little Camphire: Muske and Ciuet, a little. First beate your Morter and Pestell with coales, then make them verie cleane and put in your Labdanum, beate it till it may soft, put to it two or three drops of oyle of Spike, and so labour them a while: then put in all the rest finely in powder, and worke them till all be incorporated, then take it out, anoynting your hands with Ciuet, roll it vp, and with a Bodkin pierce a hole thorow it.

For to cleanſe the breſt.

Line ſæde, mingled with Honie in Electuarie.
Scabius, herbe and rote, boyled in Wine & water, taken.
Scordion, dried in powder mingled with Honie, drunke.
Ethupis, decoct and drunke.
Romane nettell ſæde, tempered with Honie, licked in.
Anens, decoct with Wine,
Comphyzie rotes decoct in water,
Iris rotes, decoct,
Tyme with Honie, decoct,
Pennie Royall with Honie, decoct,
White Horehound decoct in water,
} and drunke.
Annis ſædes, dried by fire, and taken with Honie.
Betonie decoct.
Oppopanax, two Drams taken.
Lacerpitium rotes, boyled with Pomegranat pils and Vinegar, drunke.
Sagapenum, one Dram taken.
Jentian rotes, or Croſſe wort decoct and drunke.
Enula campana rotes, decoct in Electuarie.
White Bryonie rootes, decoct, the iuice.
Eruum meale, or butter Vitch with Honie, licked in.
Fengreke ſæde, decoct with Dates and Honie, eaten.
Cardus benedictus, boyled and drunke.
Redish young, decoct and drunke.
Percenep rootes, eaten.
Pyzhis rootes, boyled in flesh broath, eaten.
Creſſes, the ſædes boyled in the broath of a Hen or Pullet.
Eriſemon ſæde, in Lohok with Honie.
Leke iuice, in Lohok with Honie.
Liquorice rootes, mixt with other ſpices.
Musa fruite, eaten.
Fiſticke Nuts, eaten.
Pine Nut kernels, eaten.
Liquid Pitch with Honie, eaten.
Rozen of Larix with Honie, eaten.
Turpentine, in Electuarie with Honie,

For

For a ſore breſt of a woman.

¶ TAke Rue, Sage, Archangell, white Dayſie rootes, Plantten, Angelica, Oculus Chriſti, of each one Scruple, waſh them and drie them in a cloth, chred them, and ſtampe them with halfe a pound of freſh greaſe or Barrowes Greaſe: ſtampe all together, and boyle them with halfe a quarter of a pound of Rozen, and as much new Ware: till the Ware and Rozen be molten with the herbes, then ſtraine it thorow a cleane cloth, and it will be a faire oyntment to vſe.

To purge the breſt.

¶ TAke a great quantitie of Iſop, ſæthe it in a pottell of good Wine, and drinke of it earely and late, at Euening hote, and at Morning cold.

¶ Take a good quantitie of white Horehound, a leſſer of Groundſwell, and the leaſt of Wallwort, boyle them with freſh Barrowes Greaſe, incorporate it and make a Playſter and lay to the Breſt: in one night it will cauſe the Patient to caſt out much corruption, and profiteth againſt the Cough.

To cleare the Pipes.

¶ TAke a handfull of dried Iſop, as much of the roote of Enula campana, and not fully ſo much of good Liquoris bruſed, boyle them in running water, from a galon to halfe: ſtraine it, and put to it halfe a pint of clarified Honie, drinke thereof firſt and laſt.

Bladders called fire Bladders, or burnings.

¶ TAke ground Iuie, alias Alehoofe, Sheepes dung, Houſlake, Gooſe dung, Sheepes tallow and freſh Butter: ſtampe all together, and let it ſtand two or three dayes, then frie it, ſtraine it, reſerue and vſe it daily.

For stopping of the brest.

SOthernewood seede boyled in wine or water, drunke.
Saffron seed the iuice broosed with homed water, or in the broth of a chicken.
Blacke Molin with his pleasant flowres decoct in wine or water, drunke.
Isop decoct with Rue, Figs, and Honie, drunke.
Botrus boyled in wine, drunke. —— Oke of Ierusalem.
Sticados with the flowres, decoct and drunke.
Cummin decoct and drunke.
Amomacum, one dram taken.
Sarcacoll taken.
Capsia, the barke of the roote, one dram.
Fengreke seeds decoct with Dates and hony to sirop.
Mustardseed vsed in meates.
Liquoris iuice mixed with Ginger and spices, and small Cakes made of it and eaten.
Pine nut kernels eaten.
Liquid Pitch with Honie eaten.
Rosen of Larix with Honie licked.
Turpentine in Electuarie with Honie taken in.

For exulcerations or swellings of womens brests or pappes.

WHeate bran decoct with Rue, laid to.
Spelt meale boyled with wine and Salt-peter laid to.
Ervum meale with Honie applyed.
Dried Raisons the kernels pund small with salt laid to.
Roses pund and laid to.

For to drie vp womens brests.

ASsarabacka leaues pund and layd to.

For impostumes of the brest.

TUssilago leaues dried, & a persume therof made vpon coales, taken in at the mouth by a tunnell or pipe.
Scabios boyled by it selfe, or his roote in wine or water, drunke.
Asclepias leaues pund and laid to.

Carantia

For a ſore breſt, where peeces fall out ſo broad as the bottome of a ſawcer.

TAke the ſlip of Elder tree, ſcrape off the ruſſet bittermoſt barke, and take the middle greene barke from the white next the ſtick, ſtamp it with Night ſhade, 4. or 5. leaues of it: but if the breſt burne ſore, take the more Night ſhade to eaſe it: then ſtrayne it through a cloth, and put to it the yeelke of a new layd Egge, take away the ſcum of it, & put thereto pure hony combs of the hiue, faire ſtrayned ſo ſoone as they are taken out of the hiue: then take faire wheat flower, and beat all together. The yong Elder buds that ſpring out of the ioynts of the Elder tree is better then the rinde: temper all theſe together like a ſalue: if it bee well made, it will looke greene: it muſt be made as thicke as may lye on a linnen cloth plaiſter wiſe, and dreſſe the breſt: then take a linnen cloth as big as the ſore and ſomewhat bigger, that it fall not in on any ſide: lay the ſame vpon the plaiſter of lynnen cloth, and ſo lay it to the ſore breſt, not comming neere the fire.

If there bee dead fleſh in it, ſeethe running water, Allom, and Sage, till the ſtrength of the Allome and Sage bee in the liquor.

When the breſt is to be dreſſed, waſh it firſt with this water: cleanſe the ſore, dry out the water, but take ſome fine lint ſcraped, and lay it on the ſore.

Let it be dreſſed morne and euen.

This medicine is to bee regarded, for it will heale any other ſore, as hath bene often proued.

If the breſt bee ſtiffe, anoynt it with Neates foote oyle.

If the hole of the ſore goe in farre, lay of the ſalue aboue mentioned vpon the one ſide of the lynt, and couer the ſore withall.

And if there be dead fleſh in it, then muſt you waſh it with the ſaid water before you lay on the plaiſter.

You may put in Mallows to the Elder and Night ſhades, and it will be the better.

Adidem.

Carantia, the Oyle, applied.
Eriſarum ſæde with Honie, a Lohocke.
Yellow Aſſodill rootes, boyled in Lees of Wine.
Kernels of dried Raiſons and Salt, pund and laid to.

For old diſeaſe of the breſt.

Labamtus ſæd, Rue of the wall, } decoct in Wine and drunke.

For great paines of the breſt.

Henbane ſæde, decoct and applied.

For vnnaturall ſwellings of womens breſt.

Cheſtnuts, the meale in powder with Barley meale and Vinegar, Playſter wiſe applied.

For hardneſſe of womens breſts.

Chamepitis greene, pund with Honie, and laid to.
Mint, mingled with Barley, laid to.

For

Ad idem.

¶ Boyle Mallowes with Sharpes Suit, till they be verie tender: then straine it and keepe it in boxes.

If the breſt haue néede to bee tented, take the ſtalke of Mallowes that are ſodden, and tent therewith: this is approued to be verie good.

For the breſt and ſide.

¶ Take Sage Royall, Alexanders, red Nettels, Wormewood, red Fenell rootes, all of one yeeres growing: then make a great fire on the ground till the ground bee hote a foote thicke, then lay the herbes abroad on the ground, and a linnen cloth ouer them, and then lay the pained place on them ſo long as the heate dureth: and couer him well about.

¶ Take Ambroſe, Rue, and Horehound, of each a like much, ſtampe them and drinke it with Wine.

¶ Take Pints, and Oyle Olive, boyle them and applie it to the griefe.

¶ Scrape a Goates horne that is boyled, and giue that ſcraping to the Patient.

For inflamation or ſwelling of the breſt or elſewhere.

¶ Take leaues of Marſh Mallowes, or Holy-hocke, ſodde in white wine till they be verie tender, mince them ſmal, and make them in a Cathaplaſma, and lay to the griefe where ſoeuer the ſwelling is. D. K.

¶ Take ſéed of Henbane, breake it and boyle it in Wine, and lay it hote to the breſt.

¶ Take Linſéede, and the white of an Egge, or the iuice of Smalage and lay to it: and if ſhée loſe her Milke, giue her iuice of Maraen, and it ſhall reſtore Milke abundantly.

For rankling Teats of too much Milke.

¶ Make powder of Hempſéede, and giue her to eate and drinke in all meates and drinkes.

To make Teats ſmall.

¶ Stampe Séede of Hemlocke with Vineger, and anoynt them often.

¶ Powder of Aucns and Vineger doe the like.

For

For shortnes of breath.

Sothern wood seed decoct in water and drunke.
Lactilago leaues dried, and a perfume taken into the mouth by funnell.
Iarmander with his flowers decoct in wine or water, drunke.
Romane Nettle seeds with honie often licked in.
Stock Gilliser flowres decoct in water, drunke.
Iris roots taken with sugar or honie.
Time boyled in water and honie, drunke.
Margerom mingled with honie and } taken.
Dragozigan mingled with Hony and }
Bazell decoct in water
Calamint decoct in wine
Rue and Dill decoct in wine } and drunke.
Nigella seede decoct in wine
Seselus seede decoct in wine
Pencedanum roots, the sap by it selfe, or with bitter Almonds.
Oppopanax two drams }
Sagapene one dram } taken in.
Galbanum one dram }
Amomacum one dram }
Asarabacka roots boyled in wine, and drunke.
Dragunculus roots rosted or boyled, mixed with honie, eaten.
Rubarbe taken in.
Wilde Cucumer Elaterium dried, halfe a scruple.
Briony roote in Electuarie with honie.
Blessed Thistle powder in wine.
Smyrnenm leaues decoct in wine.
Mustard taken any wayes.
Crissmon seede with hony often licked.
Squilla prepared with oyle and hony.
Bitter Almonds eaten.
Figs eaten before meat.
Phistick nuts eaten alone or with sugar.
Agarick one dram taken in.
Tansey seed taken.——Saffron in sweet wine drunke.
Oke of Jerusalem decoct in sweete wine, drunke.
Honysuckle fruits decoct in wine and drunke.

For

For Tiſick and ſhortnes of breath.

¶ TAke Enula Campana the rote in mid May, dry it, pare it, cut it ſmall and put it in Vinegar till it be ſoft: then dry it, and take purified Honie, and caſt both into a chafer, and boyle them together, ſecundum artem, and box it.

Againſt the Tiſicke.

¶ TAke Barley of the cleaneſt, wel ground in a Pyll, that the huſks & bark be cleane taken away, boulted in a fine cloth: of ỹ bran whereof make a poultis in cleane water, with a ſpoonfull of butter thrice waſhed in water, and hereof let the Patient often vſe.

¶ Alſo boyle the ſwéteſt Apples you can get with newe porke: let the Patient eate the Apple, his breſt and places anoynted againſt the fire with freſh butter.

Againſt horſeneſſe.

¶ TAke Gum Arrabeck, Dragagant, Liquorice, Anudi, Cucumer ſéedes, Gourd ſéedes, Purcelane, Pemdion, Horſehoue, Terreſtris Canabi ſéeds, Acholus roots, Iſop, Pentaſtrum, Violets: boyle them together in white wine, and let the Patient drinke thereof morne and euen, &c.

For winde and ſtitch in the ſide.

¶ TAke Camomill and Wormwood, of eache one handfull, gréne Broome two hãdfuls, ſtamp them ſmall together: then make a bag that will goe from the Nauell to the Reynes, & put thoſe things into the bag couched abroade that will lye ouer the wombe: then take a good quantitie of Mallowes, and boyle them in a pottle of rayne water or cléere running water, till it be throughly boyled: then plunge the ſame bag in that water till it be throughly hote: then ſqueſe out that water, and all hote lay it ouer the womb til it commeth to the reines, and when it is cold, heat it againe, and renewe it often.

For paine in fetching breath.

Saffron ſæd the iuice with honied water, or broth of a chicke.
Phittick nuts with ſugar eaten.

For to amend a ſtinking breath, and to procure a ſweete breath.

Lacerpitum roots eaten with meate or ſalt.
Pilles of Lemons condited and eaten.
Nutmegs eaten.
Mattick holden and chewed in the mouth.

For ſuch as are burſten or broken.

Acanthus roots taken in drinke.
Rubarbe infuſed, taken in.
Almond, the heart or middle rote taken in broth.
Garden Madder roote, ——— } decoct in wine and drunke.
Mouſeeare ——— Petiſilla rotes or leaues,
Horſtaile, or Shaue graſſe
Morſus Diaboli,
Adders tongue, ———
Comphrie rots, pund and applied to ruptures.
Clinopodion decoct in wine and drunke.
Carantia ople anopnted.
Calamus Arromaticus, decoct } and drunke.
Caroline rots decoct in wine,
Cruciata decoct in wine ———
Parcenep roots eaten
Pellow Affodill rots decoct in wine one dram.
Cipрus nuts pund and laid to the rupture.

For

A paſte for ſtinking breath.

¶ TAke Wine and Honie a quantitie, boyle them a little, the put to it grated bread and ſtir it, put to it Annis ſeeds, Liquoris, and Pepper in powder, and make paſte of it: make it in cakes, bake them of any faſhion, and eate of it.

¶ Take two handfuls of Comyn in powder, ſethe it in good Wine from a pottel to halfe, drinke it at euen hot, and at morne as hot as you may ſuffer it: at euen and morne a pinte, 9. daies.

¶ Take Pullall Montan, one handfull, waſh it, ſhred and ſtampe it, put to it halfe an ounce of Comyn, pun and meddle them well together with white wine one pottle boyled to halfe, and giue the patient to drinke hot as hee may ſuffer it, halfe a pinte a day, once after meat and not before, and once at euen hot, and it ſhall be well in fiftéene dayes.

For one that is burſten.

¶ TAke rootes of Comphrie with the leaues, Setwall rotes and leaues, Peliroy rots, Centory called Peterwort, make it in powder, and drinke it in Ale.

For

For children bursten.

Flebane séede with Vinegar,
Water Crow foot mingled wt wheat flower
Profoliatum pund with meale and wine,
Pencedanum iuice,
} laid to ye griefe outwardly.

Profoliatum mingled with Waxe, Oyle or oyntment fit to cure wounds, applied.

Sanicula decoct in Wine or water,
Pilosilla leaues decoct,
} and drunke.

For burning or scalding with water or fire.

Great Buglos root pund with Oyle and waxe,
Gréene Clote leaues pund with whites of egs,
S. Johns wort leaues pund,
Wilde Mullen pund,
Gréene Piroll pund,
White Lilly roots rosted, mixed with oyle of Roses,
Narcissus medio luteus roote pund with honie,
Iuie leaues boyled in Wine pund,
Tipha the downe mixt with swines greace,
Branke vrsine gréene, pund,
Galion flowres pund,
Beete leaues pund,
Lettice gréene leaues pund,
Marsh Mallow leaues pund,
Gourd iuice,
Yellow Affodill rootes boyled in oyle,
Mulberie leaues boyled with oyle,
Ashes of Figtrée with oyle of Roses and Waxe,
Palme trée broken mixt with greace,
Pine apple scales with the barke of Pine trée pund
with Litarge of siluer and frankincense,
} applied and layd to.

For

For to preſerue one from burſting.

¶ TAke Comphrie, Nep, Royall, & Egrimony: pun them and make a poſſet with the iuice thereof, and drinke it: and ſomtime chip and fry them with Egges, and eat it as a Tanſey.

¶ Take tender crops of Oſmond in May, dry them in the wind and not elſe where, make it in powder, & ſaue it in a bladder Winter and Sommer, and drinke thereof: it will make the belly goe as if it were new burſt. Let the Patient be well and eaſely truſſed to goe withall in the day, and to lie in the night, till he be whole, which will be in 24. dayes, if he will bee ruled.

He muſt lye vpright as much as he may, and kép his bed euery morning two houres after hee taketh his medicine, and eate no white meates till he be whole, nor ſtrayne him any wayes.

For burning.

¶ Take iuice of the leaues and berries of Iuy, the oyle of Nuts, of each 8. ounces, Waxe two ounces: boyle it to an oyntment, and vſe it.

For burning or ſcalding.

¶ Take Nightſhade, Parcely, Iſop, Tim-bone, Sorrell, Marigold, and Setwall, of each two handfuls: ſtampe them and ſtraine the iuice, and put to it a pound of Spike, a quarter of a pound of Déere-ſuit well clarified, or freſh Butter, or Shéepes ſuit, boyle all together a little while, then put it out and anoint the griefe: it wil take out the fire in ten or twelue houres: then lay ouer it, the ſoft Long wort leafe, but firſt waſh the griefe with ſalt brine, which will ſpeedily take out the fire.

Another for the ſame.

¶ TAke Sallet Oyle and running water, beat them together, and then lay a lawne ouer the griefe, and anoynt it on the lawne without remouing till it be whole.

¶ Take the black water remayning in the making of ſalue or oyntment of Tabacco, and anoynt the griefe, & it killeth the malignant heat of any burning or ſcalding.

For Cankers.

Scrophularia leaues,
Plantan leaues,
Nettle leaues,
Dragons, the fruite,
Lobus boyled, mixt with Hony and Barley meale, applyed.
} stamped and layd to.

For to prouoke carnall copulation.

Siberna wood layd vnder the pillow, bed, or bolster.

For to ingender male children.

Barrous Mercurie, or Male Phellon,
Fly Orchis full rootes,
} drunke or eaten.

For to ingender female children.

Girles Mercurie or Phellon,
Fly Orchis withered rootes,
} drunke or eaten by women.

For

¶ TAke running water, a pottle, as much white wine or vinigar, halfe a penyworth of Hony, as much Allom as an Egge, white Coprus a quarter of a pound, Rosemary, Rue, Isope, Time, and red Sage, of each a braunch: boyle them to halfe, straine it and reserue it to vse.

To destroy a Canker.

¶ Take Chid sope and quicke Lyme, make a plaister and lay it to the sore, and be well ware that the Canker be there, for it will certainely slay the Canker: And when it is slayne, lay to the sore a sword of Bacon, and it will heale it.

This is called Veni mecum, for it will not fayle if it be layd to the quicke flesh.

For Cankers in teates.

¶ TAke Culuer dung, Hony, Virgin wax, flower of Barly, Beanes and Lyneseeds, seethe them in Vinigar or Wine, put thereto Rams tallow, make a plaister and apply it.

For a Canker in the mouth.

¶ TAke the rote of Flower de luce, wash it and slice it, and a few leaues of Peny royall, steepe them in conduit water, and wash the griefe therewith.

For peſtilent Carbuncles.

Morſus diaboli grene, ——— } pund and
Violets with Barly meale, } layd to.
Pomegranat ſeed with hony,
Cipruſtræ leaues with parched barly meale, ——

For cholerick humours.

Common wormewood, — }
Fumitory, }
Mormentill rotes, } pund and layd to.
Flebane ſæde, }
Sente cods & leaues one braam, }
Olive træleaues,

For cholerick inflamations.

Feuerfew grene leaues and flowers, pund and applied.
Perritory } ſtamped and applyed.
Saffron }
Pynts two or thræ braunches, the iuice drunke with iuice of ſowre Pomegranats.

For

To purge Choller.

¶ TAke Diagredy, one dram, beat it groſſe, put the powder of Aromaticum Roſarum Gabrielis to it, halfe a ſcruple, Ginger fine ſliced, halfe a a ſpoonefull, & Sugar as you liſt: take a fayre Apple, cut off the cap, take out the coze, lay a tyle vpon embers, roſt the Apple, and when it is roſt, pare the Apple, and put into white wine, and take it early in the morning.

D. K.

For the collicke.

Saffron ſæde the iuice with homed water
Auens roote dried and wine
Camomil herbe and flowers with wine
Cotula Lutea with wine decoct
Mynts boyled in water three dayes
Daucus ſæde boyled in wine or water
Ricinus ſæds pund with whay
Maſtix the barke of the roote, one dram
Colloquintida white pulpe decoct in water
Homied water,
Hea hull rootes boyled in wine
Holly berries decoct

} and drunke or eaten.

Oke ferne roote boyled in Mutton broth, or of a Chicken or Capon, or the decoction of Mallowes or Beets, and a little Annis, or the powder thereof with homed water drunke.

For cornes of the feete.

White Lilly rootes boyled in Vineger, applied as a plaiſter.
Lacerpitium with Rue water and Hony, applyed.

For

For the Collicke, and to cauſe diſgeſtion, and for gryping paynes of the belly.

¶ Take herbe John, Camomill, Mormetwood, of ethe one handfull, the yeolkes of two egges hard roſted, ſhred the togeather, not ouermuch, fry them with ſalt Butter: then take a treene diſh and fill it with warme ymbers, and lay the fryed herbes vpon the embers, ſprinkling the embers with wine vineger: and lay a lynnen cloth ouer the diſh, and knit it faſt in the bottome, and lay it cloſe vnto the payne.

G. K.

For ſwelling of the coddes.

¶ Take powder of Comyn, Barley meale and Hony: fry them, and make a plaſter thereof, and bind it to the cods.

For Cornes in any place.

¶ Take crops of a Nettle, bruiſe them and lay them to the Cornes.

¶ Cut them till they bleede, and then apply to it aſhes of Tabacco burnt.

For a conſumpſion.

Standergraſſe, full and ſappy rotes boyled in Goates milke, eaten, or alone.
Bay berries pund ſmall, mingled with Hony or Syrop, often licked.
Pine Nut kernels eaten.
Agarick ſodden in ſwæt wine, drunke.

For the Cough.

Ermaunder with his flowers boyled in water,
Saffron ſæd iuice with homed water,
Stock-Gilliſer flowers decoct in water,
Rue and Dill decoct,
Betony decoct,
Lacerpitium rots boyled to Electuary with hony
Galbanum in like ſort,
Enula campana rots decoct in homed water, } drunke.
Galingale rotes boyled in wine or water,
Honyſuccle fruite decoct in wine,
Capillus Veneris decoct in wine,
Popie heads decoct in wine,
Henbane ſædes decoct in wine,
Marſh Mallow rotes decoct in wine,
Parcely decoct in wine,
Yellow Affodill rootes decoct, one dram,
Wild Cherry tree gumme decoct in wine,
Planten leaues eaten with meates.
Violets Syrop eaten.
Pencedanum iuice with an Egge (reare) eaten.
Spelt meale with good ſwæt Butter, or new Goates ſuit taken, appeaſeth the Cough.
Colewort iuice boyled in ſyrop, often licked.
Raiſons dryed
Bitter Almonds } eaten.
Figs
Sebaſtenes
Labdanum layd to the breſt with oyntments and plaſters to mollifie.

For

For the perilous Cough.

¶ TAke Sage, Rue, Comyn, and Pepper; boyle them in Hony, and eate of it early and late a spoonefull.

¶ Take Horehound and Hony, and eate of it three dayes and three nights.

For Cough of cold.

¶ WAsh his feete every euen with hot water: then set his soles against the fire: then stamp Garlick, and a little Horehound, straine them and anoynt the soles of the feet against the fire, at euen when he goeth to bed.

For Cough of flegme.

¶ TAke Figs a pound, a quarter of a pound of Liquoris, & a handfull of Isop: stamp them and seethe them in water, from a gallon to a pottell: strayne it, and doe thereto halfe a pound of Annice and clarified hony, and drinke of it, as of a principall remedy.

For a Cough of Rewme in the lungs.

¶ TAke Origanum, Isop, the roote of Enula Campana, of eche a good quantity: boyle them in water, and bray them well: strayne it, and put to it halfe a pound of Annice, and seethe it againe till it be thick: then take it from the fire, and put to it a quarter of a pound of Sugar, and halfe a pinte of clarified hony, one ounce of powder of Ieat, and so haue you a singular good remedy.

For

For the olde Cough.

VEronica water distilled with wine,
Peritory,
Munilaria in wine,
Scabious,
White Molyn roote in water,
Secilie seedes with wine,
Daucus seedes with wine,
Young Radish with wine,
Smyrneum rootes and leaues with wine,
Erisimon seedes, — decoct & drunke.

Lyne seede mingled with Hony,
Scabious flowers conserued,
Germaunder in powder,
Isop decoct with Rue and Figges,
Tyme boyled in water and Hony,
White horehound decoct in wine,
Annis seeds with bitter Almonds and hony,
Oppopanax two drams,
Sarcacoll one dram,
Dragon roots boyled or rosted with hony,
Briony roote in electuary,
Leeks iuice made in electuary,
Scilla prepared with oyle and hony,
Cakes made with Liquorice, Ginger and other spices,
Meale of Chestnuts and hony in electuary,
Kernels of Pine Nuts,
Agarick one dram. — taken and eaten.

For the Crampe.

VVild Tyme decoct in wine or water, drunke.
Saxifrage roote dried and chewed.
Betony dryed, one dram with homed water.
Pencedanum roots sap, with oyle of Roses & vinegar applyed.
Oppopanax two drams taken.
Lacerpitium rootes broken with the yeolk of an egge, taken.
Sagapenum one dram taken.
Euphorbium prepared, taken.

Assara,

For the Cough, rutling of the breſt, boyles and ſores in the ſide: for the Milt and ſtomacke.

¶ TAke Horſehelme, Groundſwell, Iſop, Centory, Smallage, Rue, Polewort, and Pulliall, of eche a like, and doe thereto Pepper and Hony, and eate of it early and late.

For the dry Cough.

¶ TAke Anet, Smalledge ſædes, a like much: make it into powder, temper it with wine, and ſæthe it till it beginne to ware thick: then bory it, and vſe it firſt and laſt.

For the olde Cough.

¶ TAke white Horehound, a good quantity, Groundſwell, a leſſer quantity, and Wall wort, the leaſt quantity: boyle them with water and freth greace: temper them wel together; make a plaſter thereof and lay it to the breſt: in one night it profiteth greatly, and expelleth much euill corruption.

A notable Electuary for the ſame.

¶ TAke iuice of Horehound, Feuerfew, Centory, Horſemynt, Betony, rote and all, and Fenel; boyle them with powder of Pepper: loke ye take like proporcion of the iuices, and of Hony clariſied, as much as all the reſt: ſæthe it till it be ſomewhat ſtiffe, ſtir it faſt, and giue it not too great a fire: cole it, bore it vp, and eate of it.

For the chine cough.

¶ TAke womans milke, and anoynt the childes breſt about the heartſpone: then take powder of Sauory and ſtrow thereabout, and bind it with a clout: doe this three or foure dayes, at euen and morne againſt the fire, and keepe the childe from cold and from all ſowre meate.

For the Crampe.

¶ TAke an hearbe that groweth on the rote of Worme, one handfull, as much Lawrel leaues, a quart of white wine, as much ople Oliue: boyle it till the wine be waſted, cleanſe it and kepe it well, for it is full good for the Crampe, being anoynted therewith.

¶ Take

Aſarabacka boyled in wine, taken.
Rootes of Dragons, boyled or roſted with hony often licked.
Rootes of Rha Ponticum.
Oyle of Carantia anoynted.
Sea hull rootes decoct with wine and drunke.
Drank vrſine taken in drinke,
Carline roote decoct in wine,
Purcelane rootes decoct in wine,
Marſh Mallow rootes decoct in wine,
Yellow Affodill roots decoct in wine, one dram,
} drunke.
Bay berries with oyntments and oyles for Cramps applyed.

For deafeneſſe.

GRound Ivy bruſed and put in the eares.
Cardus benedictus in meate or drinke.
Colewort iuice with vineger put in the eares.
Muſtard ſæde pund with Figs, layd to the eares.
Yellow Affodil rots boyled in oyle, put in the eares.
Bay berries decoct in wine, put in the eares.
Cedria or liquor of Cedar with vineger dropped in the eares.

For diſſentery or dangerous fluxe.

IVy flowers made in wine, drunke twiſs a day.

For

¶ Take, Rue ſtamp and mix it with freſh Creace, and keepe it in a veſſel nine daies well couered: boyle it, and ſcomme it, and while it is hote, put powder of Incenſe into it, ſtir it and make it into an oyntment, and anoint the griefe with it.

For the Cramp or conuulſion of ſinewes.

¶ Take Olei Caſtorei one dram, Olei Inniperij halfe a dram, Olei Liliorum, Olei Vulpini, of each fiue ounces, mingled all together: anoynt at morne and euen, the hinder part of the necke, both the ſhoulder blades and downe all the ſpoone of the backe euen to the hips.

Adidem.

¶ Take Holy oyle, oyle of violets, and Barrowes greace, and anoynt the griefe.

To

For to cauſe good digeſtion.

Carroway ſæds
Coꝛiander ſæds alone oꝛ with Sugar,
Saxifrage roꝛt dꝛied in powder with ſugar,
Betony decoct with Hony,
Ligulticum ſædes
Walterwoꝛt the roꝛte decoct in wine
Gentian roꝛte decoct in wine oꝛ water,
Enula Campana confected,
Condꝛilla ſædes
Parcely with meate
Muſtard
Rocket,
Long Pepper,
Oꝛenge oꝛ Lemon pilles,
} taken and eaten.

Oyle of Mace anoynted on the ſtomack.

For biting of a mad dogge.

Cote leaues pund with a little ſalt,
Planten
Nettle leaues with ſalt,
Pynts with ſalt,
Blacke Hoꝛehound,
Fenell rootes with hony,
Angelica leaues & Rue leaues with hony,
Walter woꝛt,
Lacerpitium roꝛts with hony and vineger,
Aſclepias leaues,
Capillus Veneris gꝛæne,
Wheate raw chawed, oꝛ
} pund and laid to.

Juice of Rue with wine,
Aſclepias rootes boyled in water,
} dꝛunke

For

To cauſe good digeſtion, and to deſtroy wind, and to comfort the reynes and ſide.

TAke Annis, Lonage, Smalage, Canel, Cardamonium, Origanum, Caroway, Fennell, Sicermontanũ, Sage, Comin, Calamint, Time, black Pepper, long Pepper, Iſop and Parcely, of each halfe a dram: Liquorice, Ginger, Pellitory of Spaine, Nutmegs, of each one dram: Amomacum three drams: Cloues, Galingale and Saffron of eche halfe a dram: and Sugar, as much as all the reſt by waight, and vſe this powder.

Dropſie

For the dropsie.

COmmon Wormewood decoct and drunke.
Iuice of the seed of Saffron with hony pund, or chickē broth.
Pennywort on the wall, the leaues and roote eaten.
Mercury boyled in water, drunke.
Water-Planten leaues laid to ẏ shins & shanks in great abouna-
Sarisons consound boyled in water and drunke. (dance.
Polipodi in water or wine
Rue boyled in good wine to halfe
Betony decoct
Laser decoct in wine
Asarabacka boyled in wine
Galingale rootes boyled
White Elebor roote decoct
Palma Christi seede with whay and milke
Tripolium rootes, two drams with wine
Lawrell leaues decoct
Wild Cucumer iuice dried halfe a scruple,
Elder seedes one dram,
Mallow rootes decoct in wine
Wild Briony roote boyled with sea water
Calamus Arromaticus decoct in wine
White Camelion root with red wine decoct
Smyrneum leaues and roote decoct
Garlick boyled
Broome leaues or branches boyled in wine
Barbery tree, the barke of the roote in wine
Ash tree leaues, bark and tender crops decoct
} and drunke.
Rue mixed with Hony and Figs, applied.
Black Elebor root made a playster with barly meale and wine
Soldonella boyled in the broth of fat meat, eaten.
Solanum Somniferum the berries eaten.
Garlick eaten
Figs mixt with Barly meale, applied.
Frangula.

For to slake the belly of such as haue the dropsie.

LEaues of the wild Ash tree boyled in wine and drunke.

For

Dropsy in the wombe.

¶ TAke Gourds and Parcely seed of Alexãdria, Broome flowers, a like much: boyle them, & wring out the water whẽ it is sodden: then take Charuel, Tamerick, & the other Parcely, and stamp them all together, & wring out the iuice, and boyle it till it be halfe wasted; put therein Cassia Fistula, and put thereof into the patients drinke, and keepe him warme.

Dropsy and Iaundes.

¶ TAke a great bundle of Broome that is greene, and burne it to ashes: then take Madder, and make Lye with good wine, and let it runne thorow the ashes all warme, and put to Spike, Sugar Candy, and Galingale, and let it stand a night: This drinke will destroy the Dropsy, vsed xxi. dayes at morne and euen.

For Dropsy.

¶ TAke Turmerick, Iuory, and the shell of Pomegarnet in powder, boyle it in good Ale or wyne: put thereto iuice of Celidony, Hony, and Spike: when it is cold, giue the sick to drinke thereof in the new Moone, and leaue at the old.

Hote Dropsy in the wombe.

¶ TAke iuice of Cresses, and sweet wort a like much, and the third part of cleere Hony, temper them together, & straine it, and giue to drinke ix. dayes.

Cold Dropsy in legs and feet.

¶ TAke young tendrells of Elder, such as be black, and bruise them with Eldern leaues, and boyle them well in cleane water; put it in a vessell, and stew the legges, and lay the herbs to them when thou goest to bed, as hote as may be suffred early and late.

¶ Drinke thine owne water, and it profiteth.

For payne in the Eares.

Iuice of Peritory ——
Great Chickweed iuice
Greene Hempe leaues iuice
Great Pilosilla iuice
Planten iuice Knot grasse iuice
Saffron with womans milke
Mynt iuice with homed water
Rue iuice warmed in a Pomgranet shell
Pencedanum iuice with oyle of Roses
Dragunculus iuice
Wilde Cowcumer iuice
Hoppes iuice Nightshade iuice
Myllelot iuice
Goose grasse iuice
White Beete iuice
Gourd iuice and oyle of Roses
Yellow Affodill root boyled in oyle,
Dryed Roses steeped in Wine,
Ladanũ with homed water, or oyle of roses
White Popler leaues, the iuice ——

} dropped in the eares.

Black Helebor root put in the eare two or three dayes.

Opium layd to with oyle of sweet Almonds, myrrh and Saffron, cureth.

Henbane leaues the iuice drawne and layd in the Sun, mingled with Colleries for the eares.

For Impostumes behind the Eares.

Nettle leaues pund with Salt, ——
Nightshade pund with Salt,
Sheeps Sorrell decoct,
Marsh Mallowes boyled in wine, and brused with homed water,
Erissmon seed mingled with hony and water, ——

} layd in.

For wormes in the Eares.

Psilium decoct in water, ——
Capers the iuice of the leaues, fruits and crops,
Codria ——

} dropped in the eares.

For

For payne in the Eares, and to restore hearing.

¶ BUrne young braunches of greene Ash; and take the water that droppeth from them an Egge shell full, as much iuice of Leeke blades, and of the dripping of Eeles: boyle them together a little: strayne it through a cloth, and keepe it in a glasse: put of it in the whole eare, and lye on the sore eare, and in nyne dressings it will be hole: then take wooll underneath a blacke Sheepes belly, wet it in that iuice, and lay it to the eare.

For wormes in the Eares.

¶ Take Hony from the Combe, and doe it in the eare, and lye downe on the other side, and it will come out.

¶ Iuice of mynts mixt with hote wine } doe the like
¶ Iuice of Arse-smart with hote wine } dropped in.

For Impostumes in the eares.

Lyneséed boyled in water,——
Planten leaues pund with salt, } put to and applyed.
Souchus iuice,——

Annis séeds with oyle of Roses, pund and put into the eares.
Iuice of Night-shade dropped into the eares.
Yellow Affodelus the root brused, and the iuice with Franck-incence, Hony, Myrrh, and wyne layd to.

For running eares.

Seed of Fleband boyled, the water——
Iuy leaues, the iuice
Shumak leaues, the iuice } dropped in.
Turpentyne with Oyle and Hony——
Myrtell Berryes decoct in wyne and flower, layd to.
Licium, or Buxthorne boyled and layd to.
Oliue trée leaues and iuice applyed.

For to clense the stopping of eares.

White Horehound iuice, with hony and wine dropped in.
Onyon iuice dropped in.

For singing or humming of the eares.

Ground Iuy bruised——
Hoppes iuice
White Béete iuice
Colewort iuice, and viniger warme, } dropped in.
Onyon iuice
Bayberries decoct in wine,
Codra,—— Liquor of Coder——
Seeny pund with Figs, layd to playster-wise.
Figs and Mustard séed pund hard together, applyed.

For

For aking of eares.

¶ Take iuice of Swines cresses, and put it in the eares.

¶ Take iuice of Reddish and Dyle Dine, and put it in the eares.

¶ Take iuice of red Nuts, and put into the eares.

For water fallen into the Eares.

¶ Take iuice of Coryander, and put it in the eare.

For inflammation and rednesse of the eyes.

SOthernwood pund with a rosted Quince,
Aster Atticus gréene,
Great Chickweed,
Pimpernell,
Violet brused with Barly meale,
Magdalen Wort, and part of wild Dazy,
Assarabacka leaues,
Gentian roote iuice,
Palma Christi leaues,
Pety Morrell gréene leaues,
Purcelane leaues with Barly meale,
Pepino Pulpe finely stamped,
Gourd pulpe finely stamped,
Gréene Parcely with white bread or Barly flower, —— pund and layd to.

Planten iuice ——
Great Singréene iuice
Marygold distilled water
Lilium Conualle distilled water
Purcelane leaues pund with Barly meale
Heath iuice Acatia iuice
Wilde Oliue leaues the iuice —— dropped in the eyes.

Henbane iuice dryed in the Sunne, mingled with Cilliries, to be applyed in hote causes.

For dimnesse of the sight and eyes.

WOrmewood mingled with hony, ——
Bazell pund with wine,
Horinnium seed mingled with hony,
Fennell iuice and the gall of a Hen,
Libanotus iuice of ye herb & root with hony,
Great Sentaury iuice with hony,
Aloes Cicatrine with hony, —— layd to the eye.

Wall-flower iuice. ——
Saxifrage distild water alone, or with viniger.
Sagapenum, Sarcacoll,
Gramen Pernasse iuice,
Saligot leaues the iuice, —— put in the eye.

For

A water for ſore eyes, that if a man had loſt his ſight ten yeres, if it be poſsible to be recouered, it will helpe in ten dayes.

¶ Take Smalledge, Rue, Fennell, Varuen, Egrimony, Betony, Auens, Scabious, Hand-ſtreng, Eufraſe, Pimpernell, and Sage, a like much, diſtill them with a little wine of a man child with fine graynes of Franckincence: droy a droy hereof euery night in the ſore eye.

To cleare the ſight, and remoue the Web.

¶ Take red Roſes, Smallage, Rue, Varuen, Mayden hayre, Endiue, Singréne, red Fennell, Pollywort, Celitony, of eche halfe a quarterne: waſh them cleane, and infuſe them in white wine foure and twenty houres; then ſtill them in a ſtillatory: the firſt is like Gold, the ſecond like ſiluer, and the third part like Balme: kéepe it in a glaſſe as a precious water or Balme for all maladyes of the eyes.

For a ſtripe in the eye, though the ſight bee periſhed.

¶ Take the whiteſt Salt thou canſt get, burne it well in a firepan red hote, beate it in fine powder, and as the Patient lyeth in his bed, make thée ſmall balles with clarified Hony and that powder, and put them in the eye once in three dayes.

A Powder to conſerue the ſight.

¶ Take Betony, Rue, Celidony, Hartſtrage, Louage, Annis ſeeds, Cynnamon, Fennell, Origanum, Petroſilin, Siler Montanum, of eche a dram: Galingale, one ounce: make powder of all theſe, and take it continually with meats.

To perfit the ſight.

¶ Take Sage, Fennell, Varuen, Bitony, Eye-bright, Pimpernell, Cinkefoyle, and Rue ſteped in white wine foure and twenty houres: diſtill it in a glaſſe Still, which is beſt. This water will reſtore ſight periſhed.

For

For bloud-ſhotten Eyes.

WOrmewood mingled with hony, layd to.

Chelidony iuice mingled with Hony, boyled in copper or braſſe, dropped into the eyes.

Wall-flower iuice dropped into the eyes.

Nigella ſeed mingled with Irios oyle, put in the noſe.

Caris ſeed layd to the forehead.

Sagapenum dropped in the eye.

Sarcacolla ſteeped in Aſſes milke foure or five dayes, the milke euery day renued, and the ſtale milke caſt away.

For paynfull bleared Eyes.

WOrmewood mingled with hony, layd to.

Tyme eaten in the morning faſting, and before ſupper.

Henbane leaues, the iuice dryed in the Sun, applyed.

Groundſell, the downe of the flower with Saffron and water, applyed.

Roſes the iuice layd to the eyes.

For the Haw in the Eye or Pearle.

IArmaunder iuice with oyle ſtraked on the eyes.

Lacerpitium with Hony applyed.

Houſleek mingled with hony, layd to.

Annemony root boyled in wine prepared, layd to.

Sweet Trifoli iuice put in the eye.

Pellitot iuice dropped in the eye.

Tuyen iuice dropped in the eye.

Cedra dropped in the eye.—— Liquor of Cedar.

For Fiſtulaes in the corner of the Eyes.

MOuſe eare ——— }
Camomyll }
Aloes Cicatrine } pund & layd to the eye.
Oates græne leaues }
Ralpis flowers with hony }

Litium made of the braunch, rots & ſeed of Burthorne, laid to.

Lentils meale, with Pellitot and Quinces, and oyle of Roſes, layed to.

Pellitot boyled in ſweet wine alone, or with the yeolks of roſted egges, or the meale of Fengreeke, or Linſeeds, or Comin applyed.

For

For Eyes that water, runne and itch.

¶ TAke Lapis Calaminaris, burne it red hote, and quench it often in white wine, till it fall in powder, and put thereof in the eyes.

For ſwelling bladders in the eyes.

¶ TAke Tutty, and anoynt the ſore eyes.

For ſore Eyes in man or beaſt.

¶ TAke a handfull of Dazy roots, leaues and all, & the white of a new layd Egge, beaten in a diſh: let it ſtand halfe an houre, then ſcum it: then put the iuice to it with a little Hony, and the Egge, and anoynt the eye.

For the Webbe in the Eye.

¶ TAke the gall of an Hare, and Hony clarified, a like much, mixe them well: lay it with a feather on the Web, and it will breake it in three dayes, and ſaue the ſight.

For all paynes in the Eyes.

¶ TAke Fēnell, Rue, Eutraſe, Varuen, Tormentill, Vitany, red Roſes, Grape leaues, Smaledge, Egrimony, ground Iuy, and Iuy that groweth on the Oke, a like much, ſteepe thē one day in white wine, the ſecond day in water of a man child or virgin, the third day in womans milke, the fourth day in clarified hony: then diſtill all together, and vſe the water as precious, one drop at a time.

For eyes that ſwell, comming of cold.

¶ TAke Egrimony, the leaues of Varuin, Fennel, Rue, and Roſes, and diſtill them.

And if you will haue it ſtrong, doe thereto leaues of Galetrium, and of Morſus Galline, which is Chick-weed with the red flower.

For inflammation of the Eyes.

¶ TAke the iuice of Hezrell or Nightſhade three or foure ſpoones full, the whites of Egges beaten, and the foame taken off: mixe them, and ſtrike them on a linnen cloth, and lay it to the temples and forehead.

G. K.

For

For payne of the eyes.

WIne, wherein dryed Roses haue bin boyled, layed to.
Heath leaues iuice dropped into the eye.

To stop the running eyes.

PLane tree young tender leaues pund and layd to.

For flowing downe of humours to the eyes.

SAffron mingled with womans milke, applyed.
Bazell pund with wyne, applyed.
Nightshade iuice dryed in the Sunne, mingled with Cilleries, against heats and Rhewmes layd to, or taken with Vidrowell, or hemed water, the wayght of an halfepenny, layd to.
Amilum or Starch made of Wheate, applyed.
Peepons pulpe finely stamped, and bound to the forehead.
Plumtree leaues dryed and layd to.

For to quicken and sharpen the sight.

FEnnitory iuice
Eye-bright iuice
Libanotus roses iuice
Sagapenum
Yellow Deuils bit iuice
Wilde Lettice iuice
Rampions leaues & stalks iuice
Onyon iuice
Lycium
Cedria — Liquor of Cedar —

} dropped into the eyes.

For

For rednesse of eyes, and to cleare the sight.

¶ TAke fine Aloes, Turpy, a new layd egge shell, of eche the waight of a French crowne: beat them in powder, and put them in a cleane cloth, and sow it as neere the powder as ye can: hang it in a wyde mouthed glasse, in two ounces of red Rose water, and one ounce of Eye-bright water, and dip the cloth vpon the eyes as oft as ye thinke good.

G. K.

A good water for eyes.

¶ TAke Fennell, Varuen, Roses, Celidony, Rue, Philago, Eufrase cods, and Mwdbinds, distill them, and vse it.

Ad idem preciosissima aqua.

¶ TAke Smallage, Rue, Fennel, Egrimony, Vitany, Scabious, Auens, Hounds toung, Eufrase, Pimpernel & Sage, still them with a little vrine of a man childe, and fine graynes of Franckincence, drop thereof euery night into the eye.

A precious water to cleere the eyes, and to destroy the Pyn and Webbe.

¶ TAke red Roses, Capillus Veneris, Fennell, Rue, Varuen, Eufrase, Endiue and Vitany, a like much, so that there be in all vnder sixe hands full; let them rest in white wine, a day and a night: the second day distill them in a Stillitory: The first water will seeme in colour like Gold: the second, Siluer: the third, Watry.

To

For to quicken and sharpen the sight.

HOrinnium seed mingled with Hony.
Selubina iuice mingled with Hony in copper or brasse.
White Horehound iuice mingled with Hony and Wine, applyed.
Rue eaten raw, or condited with Salt, or mingled with Barley meale, layd to.
Harmula stamped with Wine, Hony, Saffron, Fennell iuice, and the gall of a Hen, layd to.

Oppopanax
Lacerpitium
Sagapenum
Amomacum
Sowbred roote with Hony,
Pernassus grasse the iuice in Cillirie,
Mustardseed iuice dryed in the Sunne, allayd with hony, afterwards
Yellow Affodill roots iuice boyled in good olde Wyne, Myrrh, and Saffron
} layd to.

For enchauntments and bewitchings.

ALisson hanged in the house, at the gate, or in the entry.
Mullen.
Molye.
Rhamuns braunches and boughs hanged at doores and windowes.

For the falling Euill.

CAmock, or Pety Whyn boyled in hony and viniger.
Cherryes distild, the water powred in the mouth.
Mistell of the Oke hanged about the necke.
Agarick with Cirop Acetesi taken.
Annis seedes eaten by infants and children.

For

To purge the bloud, and cleare the ſight.

¶ TAke foure ounces of Roſes well picked, one pound of Time, Roſemary halfe a pound, red Pynts iiij. ounces, Comyn iiij. ounces, Annis ſæds one ounce, Cloues one ounce, bray them to powder, & ſtæpe them all together twelue houres in thræe pynts of pure white Wine, diſtill it, and kæpe the water in a fayre glaſſe, and ſet it to rectifie in the Sunne, and drinke thereof euery morning faſting a ſponeſull.

A good water for eyes.

¶ TAke Fennell, Varuen, Roſes, Celidony, Rue, Philago, Euphraſe Cods, and Woodbyne, diſtill them together, and vſe it.

Falling Euill.

¶ KNead cakes of Wheate meale, with the Dewe on Midſummer day morning: bake it and eate it.

¶ Gather Varuen whileſt the Sun is in Aries, and drinke it in white wine, and powder of Penny ſæds.

For

For bruises by falling or beating.

WOod Sage boyled in wine or water, —
Master wort the root decoct,
Oppopanax with mead or homed water,
Gentian iuice decoct,
Dulcamara decoct in wine,
Garden madder roote decoct in wine,
Cipzus roote barke decoct in wine,
Juniper berryes decoct in wine or homed water,
Agarick decoct in wine or homed water,
Rubarbe infused,
Osmond hart or middle roote boyled, —— } drunke.

White Popler buds made in oyntment, and vsed.

For one fallen in a swoone.

BAzell brused with Viniger holden to the nose.

For to prouoke carnall copulation.

GLadiolus vpper root in wine, ——
Saffron boyled in wine,
Standergrasse sappy roote decoct in Goates milke,
Satirion rootes boyled in wine,
Horrinium sede with wine,
Ash keyes decoct with Nutmegs,
Turpentine tree fruit in wine, —— } drunke.

Artychokes young tender shelles steeped in wine,
Caret rootes
Rocket —— } eaten.

Clary any wayes taken.

For prowd flesh.

OKe Apples or galles steeped in Viniger, layd to.

For

For a Salſiplen face.

¶ Let the Patient be competently purged, and then let his legges and thighes bee waſhed with the decoction of mallowes, or Lapaciacuti, or Lexinij Sarmenti, or white wine; boyle them, and make this ointment:

Take Paſtick, Ceruſe, Litarge, Emula Campana decact in water, iuice of Reddish, Oyle and Viniger, incorporate them, and vſe it.

For

For the Fistula.

CInquefoyle leaues pund and layd to, and mingled with Salt and hony applyed, closeth vp the Fistula.

Planten leaues ——— } pund and layd to.
Yellow Millefoly. }
Testiculus Odoratus roote ——— }

Arisarum made in Cillirie and plaister.

Small Centory in powder, mingled in plaisters, oyntments, powders, and applyed.

White Eleborus cut in gobbins, and put in Fistulaes.

Oates greene leaues pund and layd to, with the meale of the seed of poore Oates applyed.

Pitch liquid pund small with Franckincence applyed.

For to prouoke flowers, and to bring them downe.

CHamepitis leaues ——— } drunke.
Sothernwood seeds greene or dry, boyld in wine,
Crinza leaues and flowers decoct in wine,
S. Johns Wort with ẏ flower & seed decoct in wine,
Horsetayle decoct in wine or water,
Scordion with wine,
Wall-flowers dryed, decoct in water,
Stock Gille flowers decoct,
Marigold flowers decoct,
Camomil, herbe, root and flower decoct in wine,
Tyme boyled in water and hony,
Winter Sauery boyled in water and hony,
Poly boyled in water and hony,
Clinopodion decoct in wine or water,
Botrus boyled in wine or water,
Calamus decoct in wine or water,
White Horehound decoct in wine,
Rue leaues decoct in water,
Harmula decoct in water or wine,
Lauender boyled in wine, ———

Nettle seeds pund with Myrrh, vsed by pessary.

Iris roots receyued into the body by pessary, or bath.

White Lilly roots rosted and pund with oyle of Roses, applied.

Clary any wayes taken. —— Dretanium verum boyled in wine, drunk, or by pessary,

Nigella

For the greene Sickneſſe.

¶ Steepe thirty greene leaues of Aſſarabacca in Wyne all night: then ſtrayne it and put it in a cloſe pot, with a piece of fat porke: boyle it, eate the porke, drinke the wine. It alſo helpeth the Iaundes, the Feuer, the beginning of Dropſy, Tympany, Quotidian, Wormes, and ſwelling of the ſtomacke: for all which there is no better remedy.

¶ Powder of Aſh Keyes with Vitany, red Sage, Mints, & Margerom, boyled in running water from a pottle to a quart, a good draught with Sugar taken early and late, is good.

¶ Eate the Bleſſed Thiſtle, or drinke the decoction thereof.

¶ Eate Onyons.

¶ Stamp Rue one handful, red Sage two handfuls, ſtrain the iuice, and put to it a pynt of hote hony, well clarified, and a great ſpoonfull of groſſe Pepper, ſtirre them well together, and giue thereof one ſpoonefull and halfe, blood warme, at euen and morne, and let her eate foure or fiue times euery day fiue or ſeuen Raiſins of the Sonne at a time.

This will cure it, though it appeare not at the firſt: and if ſhe amend not at the end of ten weeks, giue her the ſame receyt agayne.

¶ Take foure drams of the powder of Iuory, fiue or ſeuen drams of Turpentine, foure penny wayght of Saffron, and drinke thereof with ſtale ale at morne and euen.

¶ Boyle cloues of Garlick in milk till it be thick, and let her eate it, and walke after it boldly.

Nigella Romana decoct in wine, ——
Libanotus roots, Cecily seeds,
Tordilion seedes, Daucus seedes, } drunke.
Saxifrage roots, Betony dryed,
Pannax seeds with Wormwood & wine,

For to prouoke flowers, and to bring them downe.

Lacerpitium with myrrh and pepper, ——
Sagapenum with homed water,
Astrolochia longa, with myrrh and pepper,
Assarabacca with homed water,
Great Centory with wyne,
Sowbred dryed in powder with wyne,
Enula Campana decoct in wine,
Pyony roote dryed with Hidromell,
Setwall roots decoct in wyne,
Stragium seed one dram decoct,
Galingale roots decoct with wyne,
Trifoly leaues, flowers & seeds decoct in water,
Cardus Benedictus decoct in wine,
Crithmus leaues, flowers & roots decoct in wine, } drunke.
Bulbacastanum seed decoct in wine,
Reddish decoct,
Wild Carret seed decoct in wine,
Mountayne Parcely seeds with homed water,
Smyrneum seeds decoct in wyne,
Seeny seeds with homed water,
Cresses seeds decoct in wyne,
Garlick decoct with Orrigan,
Yellow Affodill roots boyled,
Kneeholme decoct in wyne,
Laurus Alexandriæ decoct in wine,
Ciprus roots decoct in wine,
Lotus shauings decoct in wyne or water,
Sauin leaues decoct in wyne, ——
Oppopanax, ——
White Elebor the root, } by pessary.
Blacke Elebor root,
Wild Cowcumer sodden with hony, put in ——

White

For a Felon.

¶ TAke Rue, the yeolk of an Egge, and a little Bay ſalt, as much Sope and oyle of Snayles, a little wheat flower, a ſpoonfull of hony, two ſpoonfuls of Aqua Compoſita, bruiſe the herbs ſmall, temper all together, & make plaiſters of white leather, and lay to the griefe, which will heale the Felon, and preſerue the ioynt.

To draw out the Core and corruption.
A white ſalue.

¶ TAke oyle of Roſes, boyle it ouer a ſoft fire: waſh the griefe firſt three or foure times with white wyne: then put in a little Woodbine water, and boyle it to a perfit ointment: then take a handfull of Wall-Gillofers, and a handfull of Tantſaue, and make iuice of all together, and boyle it to a good ſalue for that vſe.

To heale and cloſe vp the wound, after the other ſalue hath drawne.
A greene ſalue.

¶ TAke Waxe halfe a pound, Bay Butter a pound, ſet them on the fire and try them: then take Planten one handful, Ribwort halfe a handfull, Valerian two handfuls, Bugloſſe halfe a handfull, Smallage half a handfull, Orpin, Tantſaue, Bifolium, Ground Iuy, Elder flowers, of eche a handfull, cut them ſmall, and boyle all together, with Waxe and Butter, and make it vp to vſe for that purpoſe.

White Briony roote, Scamony,
Lupines with myrrh and hony,
Garden Madder roots,
Wild Carret séed sodden in wine, } by pessary.
Onyons decoct,
Agnus Castus alone, or with Penny royall,
Sauin decoct in wine, ——————

For to stop the inordinate course of flowers.

Bistort roote, Peruincle, ——
Tormentill roots, Strawbery plants,
Wild Tansey, Planten leaues,
Knot grasse, Pimpernell, } decoct in wine, and drunke.
Yellow Watter-Lilly,
Piony roots dried with homed water, asmuch as the quantity of a Beane,
Galingale, Black Poppy séed, ——

Yellow Lisimacus iuice of the leaues applyed outwardly.

Horsetayle iuice decoct, ——
Singréene iuice } by pessary.
Night shade iuice decoct with cotton,

Comyn mingled with Juray meale and pulpe of Raysins, applyed to the belly playster-wise.

Henbane séed one halfpenny waight with Hydromell, drunke.

Lentils twice decoct, the first decoction cast away: then put to viniger, or Cicory, or Purcelayne, or red Beets, or Myrtils, or the pills of Pomegranats, or dryed Roses, or Medlers, or Seruices, or binding Peares, or Quinces, or Planten, or whole Galls & berries of Shumak, decoct in wine & drunk.

Berryes of Shumak, ——
Pease earth nut,
Phenix or way Bennit,
Red Rattell,
Yellow séed of Roses or Rose flowers, } decoct in wine and drunke.
Hipocistis,
Bramble iuice,
Firzes,
Tamarisk,
Acatia iuice, Myrtill berryes, ——

Shumak

There are foure maner of Fluxes.

1 COlides, ſickneſſe of the ſtomake, comming of cholerick humours: it maketh a man haue a great Flure, & great eaſing: It ſlayeth within three dayes, except it be preuented.

2 LYenteria, which is, when the meat departeth vndeſied.

3 DYaria is a Flure, dart mixed with blood.

4 DIſcintula, is where there ſloweth blood and the ſhaking of the Guts together.

Shumak leaues, ——— } decoct in Wyne
Wild Olue leaues the iuice, } and drunke.
Withy leaues and barke,
Turpentine tree leaues and bark,
Caroline the leſſer, ———
Barbery leaues, } eaten.
White Thorne fruit,
Nutmegs and Mace,
Quinces decoct, ———
Oke Apples decoct in water, and ſit and bathe in it.
Raiſin kernels broth, bath with it.
Sharps Sorrell puno with viniger, applyed to.

For white flowers.

Wilde Tanſey ——— } decoct in wine
Yellow water Lilly rot in red wine } and drunke.
Trifoly leaues
Yellow leaues of Roſes ———
Shumak leaues eaten as ſauce with meats.

For to ripen flowers.

Melilot boyled in wine and drunke.
Reddiſh broth decoct and drunke.
Feuerfew in powder with hony two drams }
Cods and leaues of Saffron one dram |
Polipody of the Oke, the rote dryed, |
Pepper in meat, |
Barthorne berries to young luſty perſons, } eaten.
Figges |
Pyne Nuts |
Turpentine with hony in Electuary, |
Juniper gumme with hony, ——— }

For cold flewmes of the ſtomacke.

Elme vnder-barke one ounce decoct in wine, }
Aller yellow barke ſteeped in wine or beere, } drunke.
Juniper gumme infuſed in wine, ——— }
Cardus Benedictus powder eaten.
Capers eaten in ſawce.

For

To ſtop Whites.

¶ TAke Weregood, and Rolemary dryed, beat it in powder, mixe them and lay them to the Nauell.

To purge Flegme.

¶ TAke pure white Turbith gumme cleane ſcraped, thin ſliced, and fine muſt as may be, one dram, pure Ginger in like ſort dreſſed, two drams, Sugar three drams, make all in fine powder, and put it into an Apple that the core is taken out, the cap taken off, and ſet a tayre tyle on hote ymbers, and therupon roſt the Apple, and turne it often: when it is roſted, pare away the rynde, and put that apple in white wyne, and breake it in pieces, and adde to it a little Ginger early in the morning: and if ye take it at night, ye muſt ſup early.

D. K.

To auoyd flegme.

¶ TAke Roſe-water eyght ſpoonfuls, Conduit or ſpring water foure ſpoonfuls, white viniger two ſpoonfuls, Aſop water two ſpoonefuls, of fine white Sugar two ſpoonefuls: boyle them on a ſoft ſweet fire, ſcum it cleane, and vſe it.

D. K.

For Frenzy.

Scamony iuice dryed, the wayght of fiue wheat cornes, drunke.

For out-going of the Fundament.

Aloes Cicatrine boyled in Wine and Hony, applyed.

For to settle the Fundament displaced.

Aster Atticus carryed about a man.
Pomegranat pilles and flowers in playster applyed.
Lentiske leaues and barke decoct.

For swelling of the Fundament.

Aster Atticus carried about a man.
Aloes Cicatrine in powder strowed, or playster-wise.

For

For Frenzy.

¶ TAke of Wormewood, Sage, and Marygold, of ech halfe a pynt, white wine one pynt and a halfe, brew them together, and giue the sicke to drinke nine spoonefulls warme in the morning fasting, fiftæne dayes together.

D. K.

¶ Take the herbe called Shepheards yard, stampe it, and lay it to the head shaued.

¶ Madnesse or Frenzy of { Choller, maketh a man harmfull & debatous. Blood, maketh him playing, singing, and not harmefull, Melancholly, maketh him sad, sullen, and dreadfull of all things.

Fundament going out.

¶ TAke Apostolicon, and touch it hote, and it shall goe in: doe so once or twice, as needis, and after bathe it with water that Perritory hath bin boyled in, and the Fundament shall go to his place agayne.

¶ Wash the Fundament that goeth out, with thine owne water.

For bleeding at the Fundament.

¶ TAke Alloes and Myrrh, and make them into powder, and with oyle of Almonds anoynt the sore, and cast on the powder, and put vp the Fundament with a Scarlet cloth, and it will helpe.

¶ Take Worts of Mayden and Sanicle, and eate them.

For

For chops, rifts and fiſtulaes about the fundament.

TAzell rotes pund and boyled in wine, to the thickneſſe of a playſter or oyntment, applyed.

Agnus Caſtus ſeedes mixed with oyle and oyntments, made to heat and mollify, applyed.

Lycium made of the braunches, rotes or ſeedes of Berthorne, applyed.

Cleare liquid Rozen of Fyrre tree, with Nutmegs and Sugar, the quantity of a Nut, cureth the excoriation of the ſecret parts, by the Fluxe of them.

For to open the ſtopping of the gall.

DOder boyled in wyne or water, drunke.

For blaſting or ſwelling of Genitors.

RUe leaues and Bay berries pund and layd to.

Gourd rynd burnt to aſhes, ſtrowed on.

Cyprus nuts pund with Figs, applyed.

For ſpreading or fretting ſores of Genitors, or Priuities.

FLowers of vnripe fruit of the wilde Vine, mingled with the oyle of Roſes and vinager, applyed.

For

For ſwelling of the Genitors.

¶ Take Beane meale and viniger, temper them, and apply it all about, and let it not come necre the fire: and if you haue greene leaues ſtampe them, and temper them with hony.

¶ Iuice of Wallwort and Eſſell, a like much, and Fennel, boyle them to thickneſſe, and apply it warme.

¶ Powder of Comyn, Barley meale and hony fryed, applyed warme.

¶ Take Wormewood, ſtamp it, and Beane meale, powder of Comyn, fry them, and warme lay it to the B. This is good for all weakenes of the B. and when ye take away the plaſter, waſh the B. with warme viniger at eche time. This is well approued.

¶ Take Scabious, Patfelon, and Auens as much as both, grind them ſmall, and make thereof pelletes: dry them in an Ouen when your bread is drawne: then make powder thereof, and drinke thereof early and late: and if thou mayſt haue the iuice of theſe herbes, it is the better.

For

For to expell Gnats and flyes.

COmza ſtrowed or burned in any place.

For ſwelling of the Gowt.

WIld Cowcumer made ſoft, or ſoked in viniger, applyed.

For to aſſwage payne of the Gowt.

HEnbane ſæde pund with wyne,
Lentils boyled with barly meale,
Colewort iuice, and meale of Fennygræk,
Turneps boyled in milke,
Bzome flowers pund with ſwines greace,
Caſſia,
Black Poppler leaues, and yong buds.
} applyed, or layd to.

Plunge the patient ſuddenly into a heape of whole Wheat, vp to the knees.

For

For the Gowt.

¶ TAke Brome flowers, Penny Royall, Pellitory on the wall, a like much, stamp them with May Butter, put the in an earthen pot, set it twenty dayes in hote horse-dung close stopped: then fry it with a part of sheepes tallow, straine it, and vse it.

For the Gangreene.

¶ STampe leaues of Colewoorts, and apply it, or the wine of him that vseth to eate Colewoorts.
¶ Stampe blacke Elebor with viniger, and apply it.
¶ Stamp Nettles with salt, and apply it.
¶ The water and iuice of Knot grasse applyed.
¶ Decoct Lupines in water and wash with it.
¶ The iuice and rots of Pellitory applyed.
¶ Reddish with viniger applyed.
¶ Take stones of Raysins, stamp them, and apply them.

A playster

For Gowt in hands or feet.

PErritory iuice mingled with Deere suit,
Turnestle leaues,
Singréene,
Penny royall,
Libanotus séed mingled with Juray meale and viniger,
Wild Imperatoria,
Elder gréene leaues,
Sea-mosse,
Acanthus gréene,
Orach gréene, with Saltpeeter, hony and viniger,
Succory and Endiue gréene,
} pund and layd to.

Lilly Conualle flowers distilled with good wyne, one spoonefull drunke.

Tyme with wyne, tooke in time and out of time of griefe with Oximell.

Libanotus séed mingled with Juray meale & viniger, applied.

Oppopanax applyed.

Lacerpitium roote in powder, with oyle of Irios and wax made into playster, layd to.

Ammomacum one dram taken.

Sowbred root decoct and layd to.

White Elebor roote taken in small quantity.

Tapsia, the barke of the roote, one dram taken.

Oppium with viniger applyed.

Figs milky iuice with meale of Fennigréek & viniger applied.

Plunge the patient suddenly into a heape of Wheat vp to the knees.

For

A playſter wherewith the L. R. was cured, when all Chirurgions thought him incureable.

¶ Take vnwrought wax halfe a pound, Roſen half a pound, Olibanum one ounce, fine Litarge of gold a quarter of a pound, white lead three quarters of a pound beaten to powder, and finely ſearced, a pynt of oyle of Neats fæt, ſet it on a fire in a ſmall veſſell with the Wax and Rozen: and when it is molten, put thereto the other powders, and ſtirre it faſt with a ſticke, and then put a little thereof in a ſawcer, and if it be hard ſotryed, take it from the fire, and anoynt a fayre boord with ſome Neats foot oyle; and as you may handle it for heat, worke it as it were Cordwayners wax, and make it in rolles, and make playſters of it with a chafingdiſh of coales, ſpread it thin on lynnen or leather, and lay the playſter warme whereas the payne is, and ſo renew it at morne and evening, vntill you bee whole, or till the ache be driuen to ſome other ſoynt, & ſo follow with the playſter as the payne remoueth, and beware of cold, and hote wynes.

A playſter to cure the red Gowt, or Gutta Roſatia.

¶ Take old Lard, and put to it ſtrong viniger by two dayes: then ſtamp it, and put to it the barke Lappacij acuti rootes boyled in water, Quickſilver ſublimed, and Quickſulpher wel incorporated together, and make thereof an oyntment, wherewith anoynt the face when thou goeſt to ſleepe, and in the morning waſh the face, and rub the face with the liquor.

A moſt excellent remedy for a cold Gowt, that is Oleum Benedictum, to heale Guttam Roſatiam.

¶ Take a fat Gander, a fat Churle or male Cat, new Wax three quarters of a pound, Naſturcium one handful, Barrowes Greace, beat them together, and put it into the Gander: boyle it and ſeale it, and with that oyntment anoynt the griefe.

For

For to auoyd Grauell, and the Stone.

FEuerfew without his flowers,
Perritory,
Corompos,
Saffron roots,
Wild Time,
Coche grasse,
Cardus Benedictus,
Saligot, the Nuts dryed with wyne,
Carret roots in powder with homed water,
Gingidium
Asperagus alone, or with Chiche pease,
Winter Cresses seeds,
The rough spongeous ball of ẏ wild Rose,
Broome Rape,
Pety Whyn, tender springs,
Knee Holme,
Rhamuns seede tertium genus,
Meddler stones in powder,
} pund in wine, drunke.

Cammomil decoct in water, applied outwardly in the Region of the bladder.
Mallow leaues raw, eaten with salt.
Stone Parcely seed taken.
White Thorne fruit eaten.
Bitter Almonds with sweet wine taken.
Figs before meat eaten.
Plumtree gumme
Wild Cherry tree gumme
} dissolued in wine, drunke.
Nutmegs taken any way.
Cassia taken.
Fruit of Pyne tree taken.
Liquid Rozen of Firre tree taken.
Rozen of Larix tree taken, and licked in.

For to strengthen the Gummes.

PEnny Royal burnt to ashes, and rub the gummes.
Pomegranats.

For

For ſwelling of gummes.

Dryed Roſes in wyne, anoynted or put to.
Bramble new ſprings boyled and held in the mouth.
Lycium or Berthorne decoct and held in the mouth.
Plumtrée leaues decoct in water, applyed.
Olyue trée leaues pund with Hony, applyed.
Maſtick or Lentiſk leaues pund and holden in the mouth.

For filthy moyſture of gummes.

Oyle of vnripe Olyues applyed.
Oke Apples myxt with oyly oynements, applyed.

For Gouts fallen into the Cods.

Cyprus Nuts pund and layd to outwardly.

For heauineſſe of the heart.

Garden Buglos eaten in Salade.
Garden Bugols flowers ſteped in wyne, or conſerued, taken.
Pimpernell leaues, — Burnet ſteped in wyne, drunke.

For

For the cold Gowt.

¶ TAke the iuice of Nettles, the white of an Eggs, Wheate bran, make a playſter and apply it.

For a Canker in the gummes.

¶ FIrſt waſh the ſore with viniger and Sugar thꝛée dayes: but firſt rub it, and then waſh it with this liquor.

Take quick Lyme and Sage quenched at the fire in an earthen veſſell, and put to it Rozen and melt it: then cole it, and reſerue it to vſe.

¶ The Canker oftentimes chanceth in the pallet, which ought to be burnt with a hote Iron, or with Gold.

Sometime it chanceth in the noſtrils, the roſe or pallet of the mouth, the lips, and the gummes.

The place where it is, is eaten and compaſſed, and is red, and ſometime it turneth in the ſkin, and the ſkinne is not eaten, but the fleſh within.

Sirobis.

This diſeaſe commeth of a melancholy humour, comming like to a Canker, which in the beginning is called Sirobis.

Noli me tangere.

In the face it is called Noli me tangere.

Singulum,

In the mid body, A Girdle.

Lupus.

In the féete, thighes, &c. A Wolfe, which is incureable, becauſe the fat are the moꝛe parts.

Regula.

In facie, Noli, in medijs partibus, Herpes,
Si ſit inferius, dicitur eſſe Lupus.

¶ And it is pꝛoper, vt omnis proprietas in ſolidiori ſubſtantia fortius imprimat effectum ſuum, & ſit vnus: and thereforꝛe is rather cureable.

For ſwelling of the guts.

¶ BEat Wheat with viniger, and iuice of Pimpernell, and make a playſter and lay it to.

For to driue venenome from the heart.

TOrmentill leaues and roote boyled in wyne, drunke.

For to comfort the heart.

Cloue Gillofers conſerued with Sugar,
Lilly conually diſtilled water,
Bazell
Sage } decoct in wyne,
Balme
} taken, or drunke.

For ſtitches or gripings at the heart.

ORiganum boyled in wine, drunke.

For trembling and ſhaking of the heart.

Mercury and Endiue leaues pund,
Bramble tendrels and leaues ſtamped,
} and layd ſo outwardly.

Maces decoct and eaten.

Iuice of Roſes decoct or infuſed, drunke.

For

For fatneſſe about the heart.

¶ TAke iuice of Fennel and hony, and boyle them till they be hard, and eate it at morne and euening.

For ſwelling and ſtitch at the heart.

¶ TAke Nept two handfuls, Warren, greene Wormwood, of eche alike, ſtamp them and temper them with ſtale Ale, and drinke it at meales.

For a Stitch.

¶ TAke the bottome of a Rye loafe, an inch thick, ſoft it, and then take a pynt of good viniger, and ſprinkle it, till it bee well drunk in: then ſprinkle a little Malmſey on it, and lay it ſo hot as may be, to the ſtitch, and follow it from place to place, warming the toſſe from time to time.

For a ſtitch about the heart. A Cawdell.

¶ TAke Comyn ſeedes, Aliſander ſeedes, Cloues and Mace, Graines, Licoris, of eche one dram in fine powder, a pint of ſtale Ale, ſeeth it, and ſcum it clean: then put in your powder, and make a Cawdle with an Egge poched as rere as may be. Drinke this faſting in the morning, and laſt at night with Sugar. D. K.

Trembling and ſhaking of the heart.

MYrabolanes in groſſe powder taken, from two drams to fiue drams, comforteth the trembling of the heart.

¶ Pyrtell leaues taken, profiteth.

¶ Nutmegs eaten, comfort the ſame.

¶ Dringes, the iuice and inner part or ſubſtance where the iuice is taken, profit much.

¶ This diſeaſe commeth to women, by reaſon of the coldnes of the matter, and is thus cured:

Scrape a Goats horne that is boyled, and giue that ſcraping to the patient to drinke.

For ſcuruy heate or itch of hands.

Small Chickweed boyled in water and ſalt, often waſhed.

For chaps or rifts, in hands, feete, or fundament.

Iuniper gumme, with oyle of Roſes, applyed.
Pitch liquid mixt with Sulphur, applyed.

For head-ache.

Flebane ſeed mingled with oyle of Roſes, viniger, or water, applyed.
Gingreene iuice mingled with Barly meale, and oyle of Roſes. } laid to.
Garden leaues pund with oyle of Roſes, & viniger, } laid to.
Violets alone, or with oyle of Roſes, pund. } laid to.
White water-Lilly flowers conſerued and eaten.
Iris roots mingled with oyle of Roſes, applyed.
Sage boyled in wine, drunke.
Rue leaues pund with oyle of Roſes.
Stecados with the flowers, decoct and drunke.
Annis ſeeds burnt, and the fumes taken at the noſe.
Nigella roots mixt with roots of Ireos, layd to the forehead.
Betony decoct in wyne and drunke.
Pencedanum iuice with oyle of Roſes and viniger, layd to the forehead.
Sagapenum, one dram } taken.
Amomacum, one dram } taken.
Euphorbium prepared by diſcretion, } taken.

For

For extreme head-ache.

¶ Stamp Violets alone, or with oyle, and apply it,

For head-ache.

Aloes mixt with oyle of Roses and viniger, applyed.
Sæny leaues one dram taken.
Maydenhayre, a garland worne about the head.
Solanum Hortensis pund and layd to.
Melilot iuice mixt with oyle of Roses and viniger, powred on the head.
Cresses sæd and hony layd to the head.
Vine tendrels or claspers pund with parched Barly meale applyed.
Wilde Tyme tendrels, with oyle of Roses, pund and applyed.
Double tongue, a garland worne about the head.
Marmalad, or Quodimack of Quinces eaten after meat.
Bitter Almonds applyed to the forhead.

For giddynesse of the head.

Feuerfew dryed to powder, two drams taken.
Prunell bruised with oyle of Roses and viniger, applyed.
Running Time pund with oyle of Roses and viniger, applied.
Lauender flowers alone or with Nutmegs, applyed.
Synamom and Cloues applyed.
Pellitory root with hony eaten.
Colloquinthida boyled or soked in homed water or other liquor.
Bryony roots one dram taken daily one yare.
Blessed Thistle vsed in meat and drinke.
Agarick with Cirop Acetosi, taken.

For scurfe of the head.

White water-Lilly rote with Tarre layd to.
Capillus Veneris steped or boyled in Lye, to wash ỹ head.
Poole reede ashes mingled with viniger, layd to.

For to purge the head.

Mall Celidony decoct in wine, gargarized.
Pimpernell iuice snuffed in at the nose.
Cole worts iuice snuffed in at the nose.
Varnix perfume taken in at the nose.

For

For head-ache.

¶ MIxe Wheat bran with Pigeons dung, and apply it with the whyte of an Egge, to the contrary side of the griefe.

For head pushes.

¶ STampe Violet leaues with hony, and apply it.

For a scald head.

¶ STampe Primrose rootes, fry them with fresh Butter and Tarre, and lay to the griefe.

For

For Impoſtumes and humours of the head.

Chyſanthamum flowers pund with oyle and wax, applyed.
Stéps Sorrel greene leaues pund with oyle of Roſes and Saffron, applyed.

For dry humours of the head.

Ellamyn pund and layd to.
Verny perfume taken in.

For to heale wounds in the head.

Cleare liquid Rozen, applyed.

For old payne of the head.

White Elebor rote taken in.
Iuy iuice with oyle of Roſes layd to the head.
Rye meale put in a little bag, layd to.
Garlick bruſed bet wæne the hands.

For kybed heeles.

Penny Wort on the wall, layd to.
Bathe the heeles in wine, and anoynt the griefe with gumme of Lacerpitium boyled in oyle.
Horbred rote boyled and applyed.
Beets boyled and waſh therewith.
Turneps roſted with oyle of Roſes, applyed.
Squille inner part boyled in oyle or Turpentine, layd to.
Yellow Affodill rot ſodden in oyle, layd to.

For the Hydropſy.

Poly boyled in wine or water, drunke.
Origan eaten with Figges.
Hazell eaten.
Poldonella boyled with broth of fat meate, corrected with Annis ſeeds, Synnamom, Sugar and Ginger.

For

For qualifying of any hote matter, practised by D. Achelo.

¶ Distill { Milke, Mallowes, Planten, Whites of Egges } into a water, and vse it. D. K.

Kybed heeles.

¶ BOyle Bengewyn, or Lacerpitium in Oyle, and anoynt the kybed heeles, being first long bathed in white wine.

¶ Make a playster with Waxe and burnt Figges, and apply thereto.

For

For the Emerods inward and outward.

DOgs toung rosted in imbers, applyed hote.
Small Celidony pund in wine or wyne, the rot layd to.
Galeopsis the roote eaten.
Caparta bruised with oyle of Roses, layd to.
Wild Imperatoria pund and layd to.
Lacerpitium rots boyled with Pomegranat pilles, and vinager, layd to.
Holy wort mingled with Popilion, applyed.
Aloes boyled with wyne and hony, applyed.
Ballamum oyle applyed on cotton.
Purcelayne juice drunke.
Onyons eaten in meate.
Bramble tendrels and leaues stamped, layd to.
Shumak, or Rhus, pund with Oke coles, applyed.
Figs milky juice layd to.

For the Yex or Hicket.

A Lisson drunke, or held to the nose.
Pynts, two or three branches with juice of sowre Pomegranats, drunke.
Dill sed chafed, and often smelled to.
Astrolochia rotunda giuen in drinke.
Rubarbe taken.
Ceterach leaues decoct and drunke.
Sherit rots, the juice with wine or Goats milke, drunke.
Nutmegs eaten or drunke.

For to dissolue cold humours.

SOthern wood infused in oyle, anoynt the member taken with cold.
Harula decoct with wine and drunke.
Stechados decoct with his flowers, or alone drunke.
Wild Parcely rote holden in the mouth.

For noyse and sound in the eares, and to moue hearing.

FIgges and Mustard sed, pund and layd to.

For

For the Emerods.

¶ Take Flaxe ſeed, boyle it in May butter, till it be ſoft and thicke, and lay it to hote. Duglas.

Ad idem.

¶ Take blacke ſope one ounce, Swines greace one ounce and a halfe, a little bay ſalt in fine powder, temper it and lay it to the griefe.

¶ Take beards of Leeks vnſet, boyle them and ſtamp them with Saffron, ſtrayne it, and lay that oyntment hote with a cloth to the griefe.

For the Yex or Hicket.

When the Yex or Hicket commeth, let the patient ſpeake as if it ſhould be to the Hicket, and lay this word, Enough.

Duglas.

Ad idem.

¶ Take oyle of Lillyes, and anoynt the body of the ſick with it oftentimes.

For Emerods.

¶ Take leaues of Menuyher, called Canell leaues, waſh them cleane put them in a paper, roaſt them in imbers, and apply them hote as may be ſuffred: make powder of them, and caſt it into the ſoze.

For the ſame.

¶ Take red Worts, boyle them in a pot, and ſit ouer the ſume in a cloſe chayze, till it be cold, & anoynt the griefe.

For the ſame.

¶ Take a plate of Lead, and rub thereon Barrowes greace for a man, and Swines greace for a woman, waſh it out with white wine, and anoynt the griefe.

For

For to waste waterish humours.

Wild Cowcumer, the iuice of the barke of ẏ root with wyne,
Wall-wort roots boyld in wine, drunke. (drunke.
Wild Briony root boyled in wine or water, temperd with sea-
Soldonella boyled with fat meat broth. (water, drunk.
Wild Lettyce iuice with Oximell, drunke.
Broome leaues or braunches boyld in wine, drunke.
Spanish Broome seed taken.

For the Iaunders.

Tormentill leaues,	Planten roote,	decoct in wine and drunke.
Cotula,	Buphthalmus,	
Chrisanthemum,	Chrisanthemum seed,	
Poly,	Bazell,	
Rosemary,	Dulcamara,	
Doder,	Cetrach,	
Succory iuice,	Souchus,	
Bay roote,	Frangula,	

Varuen leaues drunk in old wine, one dram & halfe, xl. dayes.
Origanum boyled, and the patient bathed.
Libanotus seeds decoct with Pepper, taken.
Lacerpitium taken with dryed Figges.
Alcakengi fruit eaten.
Garden madder roote decoct in Oximell, drunke.
Carret rootes in powder with homed water, drunke.
Erisimon seeds mingled with homed water, drunke.
Squilla rosted and prepared, taken.
Red Rose iuice drunke. Frangula decoct and drunke.

For the Iaunders and yellow sought.

Common Wormewood infused,	drunke.
Chamepitis leaues infused,	
Celidony boyled in wine with Annis seeds,	
Saffron flowers with homed water,	
Comza leaues and flowers decoct,	
Euphrase boyled in wine,	
Hempseed stamped in wyne,	
Lode Flaxe decoct, Bugle decoct,	
Consolida boyled in water,	
Calamynt and homed water,	

For

For the Pyles.

¶ ROll vnſet Leeks in a Dock leafe, or a paper, ſtamp them, & put to them May butter, and mix them well, and it will be a ſalue, and when the Pyles war angry, lay that warme to it: you muſt take the Leeks græne and white, the barbes cut: and when this medicine hath drawne it well, waſh the griefe with womans milke.

To ſtay the bleeding of Pyles.

¶ DRinke iuice of Pyllekelly, which is approued good.

¶ Apply powder of burnt Garlick, & the Pyles will dye.

¶ Take oyle of Roſes, Franckincence, & hony, make therof an oyntment, & put it into the Fundament with thy finger, and put thereinto myrrh, and let the ſume thereof go vp into the Fundament.

¶ Bynd blacke wooll and blacke ſoape to the griefe.

For the blacke Iaundis.

¶ TAke wheat ſtraw, and ſtrawe it abroad on the flooze in a cloſe houſe, and put in Gæſe, and watch them when they dung: take it vp whole, and with a knife ſcrape off the white that is about the dung, till you haue a good quantity: then dry it in an ouen, make it into powder, and drinke thereof in Ale at morne and euen.

¶ Take the gall of a Rauen, dry it, and make it in powder, take a quantity thereof in a ſpoone, temper it with Beare or Ale together, and drinke it faſting.

For yellow Iaundis.

¶ TAke a big Apple, cut off the top as a couer, take out the core, and put into it ſome ſweet Butter, and a good deale of Turmerick, and a prety quantity of Engliſh Saffron, roſte it very tenderly, and let the ſickeſt of it three or foure mornings or oftner together.

For the Yex or Hicket.

¶ TAke bark of a Pomegranat tree, Sæny, Planten, Harts toung, Parcely, Beane meale, 3. ounces, Saffron, make it in powder, and giue it the patient to drinke daily faſting.

¶ Take dzin of a mayd child, Ewſe dung, and Ewſe graſſe, temper them together, and let the patient drinke thereof nyne dayes together,

For

For the Iaunders and yellow ſought.

Small Centory decoct,
Sowbred rote decoct,
Black Elebor boyled in water with Rue,
and Egrimony, or baſtard Eupatory,
} drunke.
Stramony iuice dryed, ſixe wheat cornes wayght with Drache ſeeds and honied water, taken.
Sharps Sorrell decoct and drunke.
Knæholme decoct and drunke.
Caſſia drawne and eaten.

For ſwelling and corruption of the Iawes.

Saligot leaues,
Figges
} decoct and gargarized.
Plumtree leaues,
Maſtick, the teeth and Iawes rubbed.

For Impoſtumes.

Wad of the Garden,
Lynſeed with Figs,
Planten leaues,
Cotula lutea,
} pund and layd to.
Wild Cowcumer rot, with parched Barly,
Sea-moſſe,
Chich Peaſe with Barly meale and hony,
Lupines flower, with parched Barly meale and honied water,
Iuice of Endive with Ceruce,—white lead,
Vnguentum popilion,
} layd to.

For

For the yellow Iaundes.

¶ TAke Iſop, Betony, Scabios, Egrimony, holy Thiſtle, of eche a braunch as big as both your thumbs: Borage, Bugloſs, Succory, Endiue, Sorrel, Fumitory, Planten, Violet leaues, of eche a quarter of a handful, Spere mynts fiue crops, Mercury leaues, water-Creſſes, Celidony, of ech halfe a handfull, Raiſins of the Sunne ſtoned, halfe a handfull, Damaſke Prunes ſtoned eleuen ſpoonefuls, of Barley cornes knocked & cleane waſhed, 3. ſpoonfuls, of Licoris ſcraped & thin ſliced two ſpoonfuls, of water three pintes: boyle all to the third part waſted: ſtraine it, and put to it Pembles halfe an ounce, Synnamom the wayght of eight pence bruiſed: then ſæthe it a little, and ſtrayne it againe, and giue the ſicke to drinke of it firſt and laſt, a draught blood warme.

D. K.

Ad idem.

¶ TAke Turmerick, and the inner barke of Piperich tree, of eche an ounce, make it in powder, & eat it in potage euery morning and ſupper: and take Celidony water, a good draught three houres after ſupper.

For blacke Iaundes.

¶ TAke Aloes, Epatike, Azarum, Annis ſeeds, Synnamom, Comyn ſeeds, Hemp ſeeds, Licoris, Enula campana roſt, Broome ſeed, of eche one ounce, make it in powder, and eate it in potage.

For iaw-fallen, mould-fallen, or roofe-fallen.

¶ RVb a handfull of Chickweed in ymbers, and apply it to the bone of the necke, and apply ſowre lenin of Wheate bread to the mould of the head ix. houres, to rayſe it.

For Impoſtumes about the priuy members or genitors of men or women.

Sherewort greene ſtamped, layd to.
Whyte Lilly rote mingled with viniger, or the leaues of Henbane, or Barly meale, layd to.
Dill ſeed burned or parched, layd to the pard, cureth the ſwelling lumps and riſts of the ſame, and of the fundament.
Dill hearbe made into aſhes, ſtrowed on the ſhare or priuy parts, cureth moyſt vlcers.
Aſtrolochia rotunda mixt with Ireos, and bathe the griefe.
Galingale in powder, ſtrowed on.
Roſes in powder ſtrowed on, cureth the vlcers of the priuy members and Fundament.
Wall-wort leaues and new buds, pund and layd to.
Beane meale layd to.
Endiue or Succory greene leaues pund, —
Lettice greene leaues pund,
Houchus iuice,
Criſtmon ſeede mingled with hony and water,
Pellow Affodil roots, boyled in wine lees,
Agnus caſtus leaues with Butter,
Plane tree young leaues decoct,
Piſſelet leaues and fruit, with Tarre & Waxe,
Plumtree leaues pund,
Fennell boyled in wine, — } layd to.

For to ſoften Impoſtumes about the fundament.

Violets ſtamped with Barly meale, —
Roots of Iris mingled with hony,
Blacke Horehound pund,
Dillſeede burned or parched,
Libanotus leaues pund,
Melilot, a Mutnce and oyle of Roſes,
Melilot by it ſelfe decoct in ſweet wine,
Liquid Rozen with Nutmegs and Sugar, } app'ied, or layd to.

To

For the Ape gall.

¶ Burne a cleane linnen cloth to ashes, and meddle it with oyle of egges, and apply it virgæ.

¶ Burne Clay to ashes, and lay to the griefe, and wrap a linnen cloth virgæ.

For swelling of the P.

¶ Take iuice of Morell, Lynseed and Barrowes greace, fry them, and lay to hote.

¶ Or take foure Figges and Oatemeale meddled with oyle Oliue, and lay to.

¶ Or take Lynseed in powder, thicke boyled in womans milke, and lay it all about the Yard.

For scalding of the P.

¶ Take herbe Robert, herbe Walter, Buglos, Auens, Egrimony, Sanicle, Petymorell, Sengreene, Pimpernel, Hēbane, red Settles, of eche a handfull, Maybred, Maydēheyre, Hemp, Orpin, Ribwort, Brier tops, of eche a quarter of a handfull, wash and stamp them well, and do thereto a quart of good May butter clarified stamp all together: then put them into an earthen pan, and crush them well with thy hands, that it be not hollow: then couer it well, and let it stand ix. dayes and ix. nights: then worke it, fry it well, and stamp it to an oyntment, and anoynt the griefe. It will heale the scalding, or any wound that is cureable, on warrantise.

For scalding of a womans priuity.

¶ Take herbe Robert, Rue, of eche a handfull, stampe them in a morter, put thereto hony, and fry them, make a playster, and apply it as hote as may be to the Fundament.

For Satirisis, or rising of the Yard.

¶ Eate seeds of Agnus Castus, or boyle it in wine, and plaister it to the reynes and secret parts.

¶ Boyle Comyn with wine or water, and drinke it, or apply it to the griefe.

¶ Stampe water-Lilly, and apply it.

To breake hard Impoſtunes, or ſwelling Vlcers.

Narciſſus rote mingled with Nettle ſeds & viniger, layd to.
White Bryony rote pund with oyle,
Barley meale boyled in homed water, with Figges,
Iuray meale with Pigeons dung and oyle of Lynſeed boyled and applyed to,
Fenigreek meale boyled in homed water,
New Figs with wheate meale, with Lynſeed
Fennigreek and rotes of Lillyes,
} layd to.

For inward inflamations.

PAunces flowers with the herbs and plant boyled,
Mwd Sage boyled in wine or water,
} drunke.

For hote inflamations.

HOunds toung boyled in water or wine
Muſſilago greene leaues pund with hony
Penapwort on the wall, pund
Knot-graſſe greene leaues, pund
Singrene alone, or with barley meale, pund
Marues greene leaues, pund
Adders toung incorporate with Swines greace
Pimpernell greene leaues pund
Millifolli leaues pund
Comfry with the leaues of Groundſell, pund
Violets bruiſed with Barly meale
Trifolye leaues ſod in oyle
Cane reed greene tender leaues ſtamped
Cardus Benedictus, pund
Orache greene bruiſed
White Beete leaues bruiſed and boyled,
Colewort iuice alone, or with parched barly meale
Endiue and Siccory greene leaues, pund
Acatia iuice, Rhamnus iuice,
Date tree leaues and braunches, pund
Red Goſeberries chawd and holden in the mouth.
} & layd to.

For

To cleanse the lungs and breſt.

¶ Flowers of Hearts eaſe, or Paunces, boyled with the herbs or plant, and drunke, cleanſeth the lungs and breſt, and is good againſt Feuers and inflammations.

Vnguentum Album Camphoratum.

¶ TAke oyle of Roſes halfe a pound, ſweet veale ſuet tryed, three ounces, white wax one pound, let it on a ſoft fire and melt it: then take it off, and put in a quarter of lead, and the white of two new layd eggs, beaten with Roſe water, labour theſe in a morter, and then put in the Camphire, fine brought powder, one dram, the ſpace of two houres: then put it in a gally pot.

This mitigateth payne, and quencheth all hote cauſe.

For ache of ioynts that haue bene broken.

THe great Burre roote, one dram pund with Pyne apple kernels, layd to.

Flebane seede mingled with oyle of Roses and viniger, or water, playster-wise layd to.

Dead Nettles pund and layd to.

For parts being out of ioynt.

SOwbred roote boyled in broth, and eaten.

Cane reede, or Spere roote, pund and layd to.

For itch of scuruinesse.

HIsop decoct, and bathe the itch.

Staue sagresæd mingled with oyle, and anoynted.

Seeny leaues decoct with a Chicken broth, or with Perry, made with Pearea, or some other good liquor, drunke.

Bryony fruite anoynted.

Sheeps Sorrell broth boyled in viniger, applyed.

Lampsana bruised and layd to.

For hollow kybes.

POole reede cotton applyed.

For extreame Itche

Take ♃ crude quenche same with fasting spettell & ponder or iuice of Helenu incorporate the same wth olio Laurino. Anoynte therwth the palmes of the handes rubbing thou with the other & smell to thy handes wth thy mouthe open. let this be vsed three dayes togather first & laste wthout drinking after hett in three howers.

Itche & Scabbes

℞ xij Orrenges, cut in Slyces & putt them into a gallon of water, with ℥ j. of ♃ Sub: boyle the same to the halfe & washe ther withe. p Gerarde.

For the scuruy itch.

¶ BOyle Rosemary and Selondine, of eche one handfull in halfe a pynte of viniger, strayne it, and put to it a quantity of white Coperose, whilest it is hote, & wash often with it.

¶ Use salt with oyle and viniger.

Boyle small Chickweede with salt in water, and wash often the scuruy itch.

Wormes in hands and feete.

¶ BOyle the iuice of Wormewood in May Butter, and red Docks, and make it to a salue, and anoynt the griefe.

¶ Wash the hands with iuice of { Rue, Pettymorrell, or Mynts, } Rue water and salt.

Wormes in Children p Gerarde.

The Iuice of grasse mixed with houye & the poulder of Sotherne wode taken in drinke; or els

Mixe the iuice of grasse withe the galle of an oxe or Bull, & therwithe anoynte the Childes bellye & lave a cloute wett therin uppon the nauell.

For the Kings Euill.

Rue leaues mingled with wine and Pepper, Allome and Hony, or pund with Swynes greace, and applyed.

Coriander greene with Beane meale, pund
Lacerpitium roots pund with oyle
Beupleros pund with salt and oyle.
Saligot leaues pund
Aperine leaues pund with Swynes greace
Groundsell with salt, pund
Indian Pepper with hony, pund
Pepper pund with pitch
Figtree leaues pund
} and layd to.

Squilla leaues layd to foure dayes.
Shéeps Sorrell roots hanged about the necke.

For Vlcers of Kidneyes.

Sanicle decoct in wine or water, drunke.
Tordilion suice, one dram boyled with wine, drunke.
Mallowes raw leaues eaten in Sallade, or with salt.
Rozen of Fyrre tree, halfe an ounce taken in.

Hygremplastrū of plynye for vlcers wounces & Fistulaes howe to cleuse them &c in his chapter of the ruste of Iron. lib. 13. Cap. 15.

Take fullers touring earth waighte of oboli ij. flos aeris siue Erugo aeris Scales of Iron and leeke waighte. & so muche waighte of waxe. incorporate them well according to arte wth one sextar of oyle. & this bring newe fleshe &c in wounds &c. better yf yt be mixed wth some good Cerot.

To dissolue scriphules or kernels.

¶ Take Mustard séed, Nettle séed, Spumam Maris, Astrologie, Armomacum, olde Oyle and Waxe, make a playster and apply it.

Vlcers of the pockes.

℞ tenne pyntes of water. & quenche therin hote Irons so often tymes vntyll halfe the water be consumed. then infuse in the same water one pounde of hote or vnquenched lyme, the space of xxiiij howers. after that strayne the water & then dyssolue therin 15 graynes of Eruginem veneris. & 15. graynes of vitriole. & twentie graynes of Camphire. this dothe clense & drye vlcers excellently. Aliter

Boyle in a newe earthen vessell very cleere water. assone as het begynnethe to boyle put into ytt vnsleeked lyme. & presently putt itt into a newe potte of earthe. lett ytt reste ther vntyll (after ytt be scoumed) ytt become cleere & the lyme falling to the bottome leeke pap. after leane the vessell a syde, & reserue the water cleare in a cleane vyole. in wch being warme dyp a lynnion clothe & apply in steede of a playster to the vlcer. & renewe ytt often.

For stopping and payne of the kidneyes.

VEronica decoct
Pimpernell decoct in wine
Tode Flaxe decoct
Plantan rootes and seede decoct in wine
Horsetayle decoct in wine
Deuils Bit decoct
Fennell herbe, roote and seede decoct
Betony decoct — Cuscuta decoct in wine
Hops decoct — Melilot boyled in wine
Sea-hull boyled in wine
Garden madder boyled in homed water
Tragagant steeped in wine
Carret roots in powder with homed water
Parcely roots decoct
Water Cresses decoct
Sebestenes decoct
Cassia in decoction of Licoris, Parcely rootes, or Chiches
Fruit of Juniper decoct in homed water or wine
} and drunk.

Pencedanũ root by it self, or with bitter Almõds,
Sheepes Chiches
Purcelane in Salade — Bulba Castanea
Petrocilinum Macedonicum seed
Smyrneum seed
Mosse tree fruite
Bitter Almonds
Figges before meate
Nutmegs steeped in oyle of sweet Almonds.
Agarick one dram
Rozen of Turpentine tree
} taken and eaten.

For to driue away Gnats.

YEllow Lysimachus, dryed and perfumed.

For lamenesse.

TAke Euphorbium, and twelue times so much oyle, and a little wax, & lay it to ache of ioynts, palsey, lamenesse, cramps, shrinking of sinewes, and against all aches, and paynes of the same.

For

For swelling and ache in the knees.

¶ Take Wormwood, Egrimony, and Varuen, Lonage, herb Bennit, Petty morell, and Rue, of eche a like much, stamp them and fry them with two parts of fresh Butter, and one part of white wine, make a playster, and as hote as may be suffred, apply it to the payne.

Payne in the knees.

¶ Take Rue and Lonage, stampe them, and meddle them with hony, fry them, and lay to the knees as hote as may be suffred two or three times.

For Knottes & Knobs.

Ry the oldest & moste mouldie cheese youe can finde. kneade ytt wth the brothe of fatt Bacon or Lurde, & therof make a playster to laye one the place. Aliter take Conchula Indica & stampe ytt in vineger wth Myrre & and applye it to the place. Aliter Take tow handes full of Balme & Dandelion, & in nyne pyntes of vryne boyle the same a good space in a pott of earthe close couered, & that so longe vntyll all come to a pynte. then strayne ytt, & putt therto halfe a pounde of newe freshe hoges grease; ℥iiij or of aqua vitæ. & boyle all togather the space of one hower ~~& hale~~ after putt therto oyle of Spyke anna ℥j. ar: vi: ʒ.ij. stir ytt well wth a spatule. wth wth oyntement chafe the members by the fyer.

For to ſtop the Laske.

Biſtort rote in wine,
Peruinels in wine,
Egrimony ſæde in wine,
Hipericen with his flowers and ſæds in wine,
Shepherds purſe,
Tormentill rote in powder in wine,
Strawbery plants in wine,
Wilde Tanſey, Horſetayle,
Flebane ſeede, parched and bruiſed,
Flax wæd or ſophia, in wine or Smiths water,
Yarrow, Flower gentle,
White water-Lilly rote or ſæde,
Hiacynthus Orientalis,
Fly Orchis rotes, Wild Bazell, } decoct in wine
Garden Rue leaues, Annis ſæde, } and drunke.
Coriander ſæd parched, Daucus rote,
Harts toung, Moſſe,
Blacke Poppy ſeeds, Dannik ſæds,
Lentils, ỳ ſecond decoction, the firſt caſt away,
Peaſe earth Nut, Hares taile,
Common Ruſh ſeed parched,
Dock ſeed and Sorrell,
Great Condrilla iuice,
Roſes yellow ſædes,
Caſtus flowers,
Lotus wood ſhauings,
Oke leaues, barke, and Acorne cups,
Pyne apple ſcales,
Swines Creſſes roſted in ymbers, eaten.
Annis ſæds taken any wayes.
Rubarbe taken by diſcretion.
Endiue and Succory boyled and taken with viniger.
Purcelayne ſæds taken in,
Marſh Mallowes, græne ſeed or dryed, pund and drunke.
Skerit rots iuice drunke with Goats milke.
Rayſon kernels broth drunke.
Vnripe grapes flower, & vnripe fruit of the wild grape, taken.

For

For costiueneſſe.

¶ MAke a Subpoſitory with hony.

¶ Take Sény, Sope, and the flowre of wheate, & the iuice of the rot of Wallwort, ſeethe them together, make a playſter, and lap it on the wombe, and it wil procure a ſpédy ſtege.

¶ Take Wallowes and Mercury, and boyle them with a piece of porke, make pottage thereof, and eat well thereof, and drinke white wyne to it.

¶ Take a piece of porke enterlarded, and boyle it well in water: then take the broth vp in a diſh, & cole it, till it be milke warme: then take Mercury, Violet leaues, Borage, & Auens, alikemuch, make worts with that porke and broth, and eate thereof a quantity; and in the middle of your eating, take a quantity of ſtale Ale, and meddle it with the ſayd broth, and drinke it in the middle of the pottage, &c. and vſe this.

An eaſy Laske for digeſtion.

¶ TAke two penny waight Electuarij Roſarum, and eate it or drinke it with Ale or Wyne, and it ſhall procure eaſy Laske. It is tolerable for a woman with child.

To ſtop

For to ſtop the Laske.

Great Tamariſk the fruite taken,——
Barberies the fruite
Acatia the iuice
White Thorne the fruite
Licium taken in,
Pomegranat ſeeds dryed in the Sun,
Quinces
Almonds before meat,
Sowre rough choke Peares
Wild Plummes iuice
Black ſowre Cherries
Cornell fruite
Sowre Apples gathered before they be ripe, dryed in the Sun,——
} eaten.

Oke apples or galles taken any wayes.
Cipрus fruit, or decoction thereof taken.

To ſtop the Lask, comming of cholerick humours.

REd Coſeberries eaten.

For to heale legges or armes broken.

Elme leaues, the broth, or the bark ſtwis, to bathe the legs or armes broken.

For ſores that runne in the legges.

POnd weed, or water Spike, pond with water and vinger, applyed.

For

To stop the Laske.

¶ TAke an Egge, and Aqua composita, boyle it with the Egge till it be drye, then eate it with Synnamom and Sugar.

¶ Boyle Starch in milke and Sugar to pap, and give it the patient.

For a sore shynne.

¶ TAke Osmond, Bugle, Planten and Betony, stampe it well, and meddle it with Beane meale, hony and oyle, boyle it well, and vse it till it be whole.

For swelling legges or bodye.

Take hearbe grace, Sotheren wode, mugworte & wormewood, anna ℥ j. Juniper byrries ℥ iiij. cut the hearbes small & broyse the byrries. then put them in a piptyn wth iiij quartes of strong white wyne vyneger, & let be close stopped & infused 24 howers yf the hearbes be grene. but yf the hearbs be drye, let them infuse a weeke, after dystyll all in Balneo vntyll all be drye. then take leeke quantety of hearbes & byrryes, & put into that dystylled water, to infuse & be dystylled agayne as before. & so doe also the thrice tyme. into wch laste infusion adde Methricate ℥ iiij os & Treacle ℥ vj & dystyll plus vltra

Aqua theriacali ex lib: manuscripto.

For the Litargy or sleeping sicknesse.

Rue iuice with viniger giuen to smell vnto.
Peucedanum roote giuen to smell vnto.
Euphorbium mingled with oyle, straked and layd to the Temples.
Senuy made in plaister with Figs, layd to the head.

For the Lazer and Lepry.

Calamint boyled in wine and drunke, and the same eaten, and to drinke whay of sweet milke after it.
Tithemall root boyled in viniger, applyed.
Briony fruit applyed.
Vitis alba, or Clematis leaues layd vpon.
Juray meale with sulphur and viniger, applyed.
Senuy mingled with viniger, applyed.
Garlick pund with oyle and salt, layd to.
Figges milky iuice with Barly meale parched, applyed.
Olyue tree leaues pund with viniger, layd to.
the same vntyll the feces be drye as before.
the dye vs of this water for a man vs ℥ iij
for a man, to be geuen & taken aloyt three
or fowrer of the clocke in the morning. For white
will procote sweate. & the more youe
sweate the better during three dayes
solowing weather. for a woman ℥ iij &
sweate fowre dayes & for a childe ℥ ij
& after euery sweating, haunge lyning

For Lazer and Lepry.

1 ACatia being grũod with viniger, abateth pushes of ẏ lepry.
2 Ashes of the bark of Ash mixed with water, and anoynt the Lepry.
3 Playsters made with Barley meale applyed, profiteth the scurfe and Lepry.
4 Briony fruit good against itch, lepry, and naughty scab.
5 To preserue thée from lepry, chewe Calamynt fasting, and hold it in thy mouth, and it profiteth.
6 Let Lazers and Lepers eate of Calamynt, and drinke it in whey of swéet milke.
7 Stamp Selondine with viniger, and apply it.
8 Mixe thrée parts of the iuice with two parts of viniger, and anoynt the scurfe.
9 Darnell with Brimstone and viniger applyed, cureth.
10 Black Ellebore stamped with viniger, applyed.
11 White Ellebore boyled in wine, with Louage & Fennell, and wash the griefe.
12 Boyle Elder leaues in strong wine, and bathe.
13 Elme gréene leaues stamped with viniger, anoynted, helpeth greatly.
14 Figs milky iuice anoynted, cureth, and the same applyed with the yeolke of an Egge, helpeth.
15 Veronica, or Fluellen stamped and applyed, profiteth.
16 Mixe ashes of Garlick with hony and May butter, and anoynt: or anoynt with the iuice therof, or stamp it with oyle and salt, and apply it.

Lippe salue.

¶ TAke Rosemary flowers, Sallet oyle, Rose water, vnwrought waxe, bruise the buds, and boyle them all together, but very little, for feare of burning black, and vse it.

For lice and nits in the body and apparrell.

GOlden Stechas boyled in lye, and the hayre washed.
Gumme of Iuy killeth them.
Beetes broth, wash the head with it.
Wilde Passerag boyled in lye, and wash the head.
Garlick decoct with Orrigan and wine drunke, killeth them.
Stecae, alias Philago, boyled in wyne and washed.

To driue them from the head and body.

ORrigan decoct in wine, drunke.
Stauesagre mingled with oyle, and anoynted.
Tamarisk with the buds and tendrels decoct, and wash them.
Ceder decoct, the liquor anoynted.

To strengthen the Liuer.

AGrimony decoct in wine,
White Horehound iuice,
Pentaphilon iuice,
Seahull made in powder,
Woodroue put in wine,
Orach fruite put in wine,
Roses iuice, or decoction,
} drunke.
Phistick Nuts eaten.

For

For lice and nits in the body and apparrell.

¶ Aire thy shirt ouer Quicksiluer burnt vpon coales.

¶ Strew Rosemynts in your chamber.

¶ Take iuice of Rue, and anoynt your body with it.

¶ Take Coost, boyle it in water, and sprinkle the house with it.

To driue away lice.

¶ TAke Quicksiluer, j. ounce, Saxifrage, two ounces, Barrowes greace six ounces, meddle them together, & anoynt therewith the armeholes, and the Nauell, the bredth of a penny, and they shall goe away: or anoynt thē with iuice of Rue.

For scabs and lice.

¶ TAke Quicksiluer, and slay it with fasting spittle, j. ounce, meddle them with the white of an Egge, and do it on a woollen clout, and gird it about thy naked middle, shaped like a girdle, and then couer it with a linnen cloth, and gird it as aforesayd, and weare it six dayes, and it shall slay all.

For the consumption of the Liuer.

¶ TAke a pottle of Must, not strong, Maydenhaire one handful, Liuerwort one handful, Harts toūg ix. leaues, parcely rots one handfull, Fennell rots halfe a handfull, the pith of both rots taken out: bruise the rots a little, wash them & boyle them to halfe, or three pynts: imediately after the first boyling put to it Saunders one ounce, and when it is almost sod, put in a quantity of Canell bruised: then straine it through an Ipocras bag softly, and let the patient drink thereof euery morning fiue or six spoonefuls, one houre before repast, and as much at night before rest.

For inflamation of the Liuer.

ROmane Wormewood,
Bastard Egrimony
Hepatica
Scordium,
Small Daysies
Violets
Liuerwort ——— } decoct in wine and drunke.
Petymorell green leaues pund & layd to outwardly,
Whorts black stewed, ——— Whortell berryes,
Gooseberries greene with meats,
Licoris roote,
Pomegranat iuice, ——— } eaten.

For stopping of the Liuer.

CAmepitis steeped in wyne.
Chelubny roote decoct with Annis seeds in white wine.
Flowers of Saffron with homed water.
Pimpernell decoct in wine, ———
Egrimony decoct,
Hempseed stamped in wine,
Osiris, —— Tode Flaxe decoct,
Tormentill leaues and roots decoct,
Planten root & seed decoct in white wine,
Bugle, } decoct in wyne,
Auens, }
Sarisens consound decoct in water,
Sage decoct in water,
White Horehound decoct in water,
Stecados flowers decoct,
Fennell, herbe, seed and roote decoct,
Betony decoct,
Centauri maius the roote decoct,
Rubarbe infused by discretion,
Piony roote dryed,
Eleboryne decoct in wine, ——— } drunke.
Sowbred root dryed, taken with wyne and Hidromell.

For

A playſter to coole the Liuer.

¶ Take a piece of ſcarlet, cut it like a liuer, the iuice of Sorrell, as much viniger, and a little Roſe water, the powder of Saunders: boyle all together, and lay it hote to the place of the liuer.

For to reſtore the Liuer.

¶ Take a quantity of wild Tanſey, ſtampe it, and drinke it with wyne or ale, iv. dayes or more.

For ſtopping of the Liuer.

Seeny leaues prepared, decoct,
Dulcamara decoct,
Poppes,
Capillus Veneris,
Liuerwort,
Horned Poppy rote decoct in water to halfe,
Lupines with Rue and Pepper in wine,
Succory iuice,
Caret rotes in powder with horned water,
Parcely decoct,
Shepherds Needle decoct in wine,
Aſperagus by it ſelfe, or with chiche peaſe, decoct,
Iuice of red Roſes,
Brome leaues, crops and braunches decoct,
Agnus Caſtus ſeedes,
Peach tree leaues decoct,
Mulbery tree rote barke decoct,
Wild Aſh leaues decoct,
Fruit of Iuniper decoct in Wyne or Hydromell,

} drunke.

Cetrach taken with viniger forty dayes,
Chiches
Hampere in Salade
Parcely
Capres in Salade
Bitter Almonds
Nutmegs
Pyne tree fruits
Agaricke
Rozen of Turpentine tree

Beetes
Dryed Raiſins

} eaten.

For payne of the loynes.

Buglos rote boyled in wyne, drunke.

To increaſe loue.

Wilde Caret roots taken any wayes.

For

For Gonorrea.

℞ ole of Nymphea. iijd. ~~of cyle~~ of Camphere iijd. ~~cyle~~ of Turbyntyne ℞: iijd. Bole ar: iijd. Suger ℥iiij. make all in fyne pouloer & make the same to an Electuarye. Ex lib: manuscripto.

For to increase loue.

Eate the roots of Carets.

For inflamation of the Lungs.

Ethiopis rwte decoct or confect, often licked in with hony.
Syrop of Violets eaten.
Pulmonaria made in powder, and drunke, —— Sea-mosse.
Bitter Almonds eaten.

For to clense the Lungs.

Flowres herbe and flowers decoct, drunke.
Borras, —— Oke of Jerusalem boyled in wine, drunke.
Iris rwtes new gathered, with Sugar or Hony,
Penny royall with hony
Dragan with hony licked in,
Sarcacoll one dram taken,
Licoris rwte ——— } eaten.

For roughnesse of the Lungs.

Figges eaten.
Jujubes in Electuary or Syrop, eaten.
Gumme of the wild Cherry tree in wine, drunke.

For dryenesse and harme of the Lungs.

Veronica water with wine distild, and often drawen, vntill it be red of colour, drunke, ———
Munularia
Sinkfoyle tender rwte juice,
Tormentill rwte
Scabios herbe or rwte,
Black Polyn with his pleasant flowers,
Sanicle leaves & rwt decoct in water & hony,
Comphyry rwtes,
Rue
Stecados ——— } decoct in wine and drunke.
Ethiopis rwte confect with hony, often licked.
Garden Parcenep rwtes ———
Raysins dryed, Licoris rwtes
Peche kernels Bitter Almonds
Figges Sebestenes
Filbik Nuts
Pyne Nut kernels ——— } eaten.
Turpentine in Electuary with hony, taken.

For

A water to clenſe the lungs and ſtomake.

¶ Take new Ale out of the fat, one gallon, a good quantity of Licoris cleane ſcraped and ſhaued, as much Annis ſeds, as much Fennell ſeds, as much Coliander ſeds dryed, Centory one handfull: lay them in to ſteepe xxiiij. houres in the Ale, ſtill it and drinke of it, foure ſpoonfuls euery morning faſting.

A marueylous and precious water.

¶ Take Galingale, Cloues, Quibibes, Ginger, Pelilot, Cardamomum, Pace, Nutmegs, of eche one dram, the iuice of Celidony halfe a pynt: myxe all theſe made in powder with the iuice, and a pynt of good Aqua vitæ, & three pynts of good white wyne: put all together in a Stillitory of glaſſe, and let it ſtand all night, and in the morning ſtill it with an eaſy fire as can be.

It is of a ſecret vertue.

It diſſolueth the ſwelling of the lungs, without greuance.

If the lungs be wounded or periſhed, it mightily comforteth them, and ſuffreth not the blood to putrify. He that vſeth this water, ſhal not need to be let bloud.

It ſuffreth not the heart to be burnt, nor melancholy, nor fegme to be lifted vp, or to haue dominion aboue nature.

It expelleth the Rheume, profiteth the ſtomake, and conſerueth a good colour, and youth in his eſtate: it alſo conſerueth the viſage and memory.

It deſtroyeth the Palſey of the toung and lymmes.

If one ſpoonfull be giuen to one labouring at the poynt of death, it reuiueth.

Of all waters artificiall, it is the beſt.

In the Summer vſe one ſpoonfull once a weeke faſting, and in the Winter two ſpoonefuls.

For

For to take away marks, comming by stripes or beating.

Hop decoct and washed.
Margerom dryed, mingled with hony,
Origanum mingled with hony and oyle,
Calamynt boyled in wyne often washed,
Rue rote in powder mingled with hony,
Fennell rots pund with hony,
Ameos pund with hony,
Lacerpitium rots pund with hony,
Aloes Cicatrine with hony,
Tupsia, the barke of the rote with Frankincence and ware,
White Briony rote with wine pund,
Vitis Silvestris fruit,
Dulcamara decoct,
Colewort leaues with parched Barly pund,
Cenny mingled with hony and new greace,
Rocket sed pund with hony,
Garlick pund,
Water Pepper leaues and sed pund,
} layd to and applyed.
Oyle of Bay anoynted.
Oyle of Nuts anoynted.

For to take away marks with hote irons.

Liuerwort pund and layd to.

For to take away marks of small Poxe.

Dwbzed roote stamped and layd to.

For to mundify the Matrix.

Lacerpitium leaues boyled in wyne,
Astrelochia longa with Pepper and Myrrh,
Briony rotes dryed, as much as a Beane, with homed water,
Lawrell of Alexandria decoct in wine,
} drunke.

For

For the Marmoll, or Malum mortuum.

¶ IT is an infirmity about the shinnes and armes, which is called Malum mortuum: they be old wan sores, little matter gendring therein.

Other while it commeth of melancholy, mixed with Salceplen: if it come of melancholy, it is seene by black pustels without itching. If salciplen be mixed therewith, the place waxeth wan with itch and biting.

If it be cleane melancholy, let the matter bee digested with Drimel, Squilliticum, and Sirupus de Fumitorij, of eche a like.

If salciplen be mixed therewith, let the matter bee digested with 2. parts of Drimell, & the 3. part of Exisaccary, and the 4. part of Syrop of Fumitory: & let it be purged with 2. parts of Iera ligridion, and the 3. part of Iera Ruffini, and the 4. part of Catarticum Imperiale, and let it be tempred with Barly water, and giue it in the morning.

The next day after be there made a Stuphe, of Calament, Origanum, Rue, Pinks, Horehound, Bay leaues, and all kind of March Cresses, Scabios, Fumitory, Specula fœtida.

And going out of the Stuphe, giue the patient Triacle, with iuice of Fumitory hote to drinke it, if it be cleane melancholy.

And if it bee of Flegme meddled, put thereto a good part of Rubea Trociscata.

If it be an vniuersall Malum mortuum, let him bleed of the bayne Hepatike.

And if it be about the shinnes, thighs, or armes, let him bleed on the veyne Sephone, with in and without a little, and otherwhiles bee there put to Ventosites, vpon the rayues. And if he be too costiue, and that néede be, purge him before inunction with Carticum Imperiale, or with a Glyster is more conuenient.

Remember, that at what time the cure is to be done, the patient must bee kept from colde, as a woman lying in child-bed, Winter and Summer, with fire in the chamber.

For

For to close vp the Matrix.

Sage eaten.
Lentisk leaues and barke, boyled and drunke.

For windynesse of the Matrix.

COmyn receyued at the place conuenient, by glyster, pessary, or playster.
Agnus Castus seeds drunke.

For blasting and windynesse of the matrix, or mother.

GEramum Tuberosum, the roote taken in wine.
Pulegium decoct, and sit ouer the fume of it.
Peplos, the herbe and seede kept in brine and eaten.

For the payne of the matrix or mother.

ANthilis mingled with milke and oyle of Roses, layd to the belly outwardly.
Feuerfew boyled, and to sit ouer the fume and bathe it.
Peruincle with oyle of Roses and milke, a pessary.
Comza decoct, and sit ouer the fume on a close stoole.
Lynseed boyled and glystred.
Varuen leaues pund with Swines greace, or oyle of Roses, layd to.
Betony leaues dryed, and drunke with homed water.
Rubarb taken by discretion.
Briony roote decoct, and sit ouer and bathe it.
Oyle of Balsamum applyed.
Henbane greene iuice with Colliries conuenient, applyed.
Dryed Roses boyled in wine, anoynted and layd to.
Nutmegs taken in wyne.

For

For wind paſsing by the Matrix.

¶ Take Rue, Penny royall, Camomill, of eche a handfull, chop them as great as woꝛts, bꝛuiſe Fennel ſæds, Annis ſæds, Comyn ſæds, & mixe them: then fry them with viniger, and make bags, and put the ſame in them, and lay to her ſide, as hote as may be ſuffred; when one is colo, lay to another.

Oꝛ take flowers of Camomill, Millet, Mugwoꝛt, Iſop, Sage, Feuerfew, Papowaꝛd, Bay leaues, & Hoꝛehound, of eche halfe a handful, Annis ſæds, Fennel, and Caroway ſæds, Bay berries, & Comyn ſæds, of eche an ounce: bꝛuiſe the herbe and put all together, boyle them all in a ſufficient quantity of running water, and halfe as much white wyne: ſtrayne the herbs, and put them in a bagge, and apply them to the payned place: oꝛ elſe wet a ſpunge in the liquoꝛ, and warme lay it to the griefe.

For a woman laboring with child, and that wanteth her throwes at her deliuerance.

¶ Take Sinnamon, Saffron, & the barke of Caſsia fiſtula, of eche a like much, make it to powder, and giue her foure penny wayght thereof to dꝛinke in white wyne oꝛ Malmeſey, blod warme b. oꝛ bi. ſpoonefuls.

De

For to reſettle the matrix in the naturall place, being moued.

Centios ſæde with wyne, —
Pannax ſæde with wine,
Double toung leaues decoct,
Acatia with red wyne,
} drunke.
Quinces decoct and bathe therewith.
Oke apples decoct, and ſit ouer it.
Paſtick taken in.

For ſuffocation and ſtrangling of the matrix.

Butter Bur in powder with wine, —
Pannax ſæds with Worme wood,
Piony ſæds rb. or rbi. in wine or meade
Black Bryony decoct in wine, —
} drunke.
Cotula fœtida boyled, and waſh her ſæte.
Dill decoct, and ſit ouer the fume thereof.
Pencedanum iuice Aſſafetida —
Gumme Sagapenum —
} ſmelt to.
Caleanum perfume taken in place conuenient.
Muſkard ſæde ſnuffed into the noſe.
Wild Caret ſæds in wine, drunke.

For ſtopping, or hardneſſe of the matrix.

Feuerfew boyled in wine, layd to the Nauell.
White Lilly roots roſted or pũd with oyle of Roſes, applied.
White Horehound decoct in wine, —
Aſtrelochia longa with Pepper & Myrrh,
Small Centory, —
} drunke.
Cipyus roots boyled and bathed warme.
Wall-wort leaues, buds and roots decoct, & the perfume taken.
Iuy leaues boyled in viniger, applyed.
Fennigreek decoct in bath, ſit ouer it.
Tormentill leaues and flowers, decoct in wine, drunke.
Poly roote by peſſary applyed.
Leekes decoct, and bathe with it.
Labanum by peſſary applyed.
Agnus Caſtus decoct, and ſit ouer in bath.
Leeks decoct in ſea water, and bathe with it.

For

De virga virili ſwollen.

¶ TAke Wallowes and Violets, boyle them in conduit water, and waſh the greeſe.

For ſcalding virge.

¶ BOyle Wallowes in water, beat them in a morter, fry them with oyle or May butter: then take a red Cole leafe, and lay it thereon, and wrap the ſore therein, and make a hole of the leafe ad iungendum, & ſanabitur gratia Dei.

For the yard blorized.

¶ DRy Burch leaues on a tyle, and make powder thereof, which powder will heale the Blaynes, and conſumeth the Quitter: but the powder ſhould not bee ſtrowed for the Quitter.

For

For hote hard Impoſtumes of the Matrix, or Mother.

WAllflowers dryed and decoct in water, drunk: and the grief ſtoued or bathed in it.
Aſclepias leaues pund and layd to.
Oyle of Baſſamum conueyed in by Inſtrument.
Pelilot boyled in ſwéet wyne, or with the yeolk of an Egge roſted, or meale of Fennigréeke, or of Lynſéede, or with fine flower of meale, or with Cicory layd to.
Purcelane iuice put in by diſcretion.
Mallow leaues decoct and bathe it.
Marſh Mallowes pund with Swines greace, or gooſe greace, or Turpentine applyed by peſſary.
Agnus Caſtus boyled and fumigated by ſitting ouer it.
Pitch liquid layd to with Barly meale.

For riſing of the Matrix.

STinking Motherwort to ſmell of it, or to lay of it to the Nauell.

For to helpe Melancholy.

BOrage leaues and flowers put in wine, } drunke.
Time in powder 3. drams with hony water, }
Balme in wyne, }
Mozmentill rote and leaues in powder, knodden with the white of an Egge, eaten.
Bazell taken in wine, and often ſmelled to.

For members taken dead or benum'd.

AGnus Caſtus mingled with oyle and oyntments, made to heate, mollify and heale.

For

For a woman whoſe child is fallen too lowe, to rayſe it.

¶ Drye a red Cow till ſhe dung, then take that dung, and bony, and boyle them together, and lay it very hote to the vpper ſide of her Nauell, till ſhe be well.

Againſt melancholy, an electuary.

¶ Take Borage flowers, and Bugloſſe flowers alike by diſcretion, not exceeding halfe a pound; ſteepe them in as much Claret wine as will moyſt them: then beate them in a marble morter very ſmall, put to it like waight of Sugar finely beaten, incorporate al together: put it in a gally pot, and reſerue it to vſe, the quantity of a Cheſtnut at any time when the melancholy paſſiõ troubleth you. It is good againſt drought, beauineſſe of the heart, body or minde, taken in like quantity.

G. K.

To purge melancholy.

¶ Take Sceny cleane picked, one dram, Epithimy, Mirabolinde, Hermodactili albi, of eche halfe a dram: make all into fine powder, and adde to it powder of Ginger and Synnamom, of eche halfe a dram, make all into powder: then take a fayre apple, cut off the cap, take out the core, then put it all into the apple: then ſet a ſyle vpon hote imbers, and roſt the apple, turning it that it may be throughly roſted: when it is roſted, pare off the rynde, and put the apple in white wine, and breake it in pieces, and take it early in the morning.

D. K.

For to mollify stiffe and hard members.

AGnus Castus with oyle and oyntmentes made to heate, mollify and heale.

Oyle of ripe Oliues compound with good herbes.

For shrinking of any member.

GReat Centory roote, two drams with wyne, drunke.

For to warme all parts of cold members.

AGnus Castus with oyle and oyntments, made to heale, mollify, and heate.

For swolne members.

PLanten leaues pund and layd to.

For dislocation of members out of ioynt.

TUrnesole leaues pund,——————
Iris roots Narcissus rootes
Acanthus greene,
Ashes of the Vyne dissolued in oyle of Roses and viniger,——————
} layd to.

Acatia leaues and croys decoct, and bathe with it.

For to strengthen and comfort memory.

EYe-bright dryed in powder, three parts, and one part of Paces, a spoonfull drunke at morning with wyne.

Lilly Conually distilled water, drunke.

Rosemary flowers conserued with Sugar, eaten daily fasting.

Stecados leaues and flowers often smelled vnto.

Cardus benedictus in meat or drinke.

For

For to make a man to be merry.

Sage leaues and flowers put in wyne, drunke.
Maruen steeped in water, sprinkled about the house, where banqueting and company is.
Wynts smelled vnto, and strowed about the house.

For Meazels.

Veronica decoct and drunke.
Saffron mingled with womans milke, layd to the eyes.
Figges eaten.

To cause plenty of milke in womens brests.

Bugles in wyne decoct and drunke.
Milk-wort, or sea-Trifoly taken in meat or drink.
Fennell leaues eaten, or the seeds drunke.
Dill creps decoct & drunk, and the seed decoct & drunke.
Nigella seede decoct in wyne.
Cicches eaten.
Houchus iuice drunke.
Lettice eaten in Sallade.
Purcelane rote eaten, ——— Valmins.
Mallow seede drunke in wyne.
Radish eaten.

To dry milke in womens brests.

Hemp seede applyed.
Rue eaten.

For cloddered milke in brests.

Lentils boyled in salt sea-water, applyed.

To cause Kyne to yeeld plenty of milke.

Fodder them with Sparry, —— Spargula, or Poligula.

For

For to open the Mylt or Splene.

White Horehound decoct in water and drunke.

For swelling and inflamation of the Mylt.

PEnsedanum sap of ye root eaten alone, or with bitter Almonds.
Petymorell pund and applyed to the griefe outwardly.
Garden Madder seede with Orimell taken.
Vine ashes dissolued in viniger and oyle, layd to.

For stopping of the Mylt or Splene.

IRis rootes decoct and eaten.
Lonchitis drunke, or layd vpon with viniger.
Lupines with Rue and Pepper boyled, drunke.
Broome leaues, braunches, and crops, decoct in wine or water, drunke.
Tamarisk boyled in wyne, drunke.
Capres roote barke with Orimell, or applyed outwardly with oyles and oyntments conuenient.
Bay roote barke decoct in wine, drunke.

To diminish the Mylt.

CResses seede eaten or drunke.

For hardnesse of the Mylt.

TOrmentill with viniger,
Osiris, — Tode Flaxe,
Scordion in ale or wyne,
Teucreon decoct in wyne,
White water-Lilly root decoct in white wine,
Stecades alone, or with the flower decoct,
Iuy leaues boyled in wyne,
Doder decoct in wine or water,
Male Fearne roote decoct in wyne,
Oke ferne decoct, the roote,
Harts toung decoct,
Lonchitis, — Splenewort decoct,
Cetrach leaues, — Asplenum decoct,
Capillus Veneris decoct in wine, — drunke.

For

For ſtopping of the Myle and Splene.

¶ Giue the Patient powder of Coſſe, with iuice of Wormwood.

¶ Wle wyne that the ſæde of Cockle is ſodden in, and eate the powder with all meats.

¶ Drinke wine that ſeeds of Honyſuckles of the hedge is ſodden in: It maketh good digeſtion: It waſteth winde: It openeth the ſtopping of the Splene, the Reynes and bladder.

For hardneſſe of the Myle.

Garden Padder rote decoct in wyne,
Caret rots in powder with homes water,
Tamariſk decoct in wyne,
Mulbery rote barke decoct,
Aſh tree leaues and barke decoct,
Maple rotes with wyne pund, } drunke.
Nettle leaues mingled with oyle and wax, layd to.
Stinking Gladeum halfe a dram taken in.
Penny royall mingled with viniger and hony.
Oppopanax
Sagapenum Galbanum
Amomacum in ſmall quantity
Nutmegs Pine nut kernels
Rozen of Larix with viniger,
Rozen of Turpentine, } eaten, or taken in.
Sheepes Sorrell pund with viniger,
Radiſh rote pund with viniger,
Creſſes ſeedes pund with viniger, } layd to.

For old griefs and vlcers of the mouth.

Hounds tong boyled with ỹ rot in water or wine,
Biſtort leaues decoct, Herbe Robert decoct,
Sinkefoyle decoct in water to the third part,
Tormentill rots and leaues decoct,
Strawberry plants, Wild Tanſey,
Planten leaues, Jacea,
Marueu leaues and rote,
Bugle leaues, Prunell,
Sanicle with hony,
Wall flowers with hony,
Bell flower in water, Camomill decoct,
Teſticulus odoratus with hony,
Hyſop with Figges,
Great Valerian leaues and rots,
Aloes and wine applyed, } waſh the griefe.
Sorrell de Boys decoct,
Saligot leaues decoct,
Smalage iuice, } bathe.

For

For a ſore mouth.

¶ TAke white wyne a quart, Licoris a quarter of a pound, Annis ſeeds a quarter of a pound, Mace, a quarter of an ounce: beat all together, and put it to the wyne, and two ſpoonfuls of Engliſh hony, two ounces of white ſtone Sugar, one ounce of Roche Alome, a quantite of Honyſuckles, as much Endive, as much Parroly, as much Buglos, as much Succory: diſtill them, and uſe that water.

Ad idem, an excellent remedy.

¶ TAke Honyſuckles, red Sage, red Roſe Campions leaues, Filberd leaues, Roſemary leaues, of eche a handfull, two ſpoonefuls of Engliſh hony, a good quantity of Roche Alome, boyle it in running water, and waſh the ſore mouth.

For olde vlcers or griefes of the mouth.

Bramble young tendzels decoct and wash,
Acatia decoct,
Peanut leaues decoct,
Figges decoct,
Walnut shelles, or greene barke decoct,
Olive tree leaues decoct,
Oke apples decoct,
} and bathe.

For stinking of the mouth.

Herbe Robert decoct,
Strawberry plants
Consound
Bauer grasse
} decoct, and wash or bathe.

For vlcers in childrens mouthes.

Leaues of Lynem tree decoct in water, and bathed.

To increase nature.

Mosse tree fruite eaten.
Ash tree keyes eaten.

For going out of the Nauell.

Perfoliatum pund with meale and wyne,
Flebane seede pund with viniger,
Pencedanum iuice or pulpe,
} applyed.

For young childrens Nauels.

Galega fryed in oyle of Lynseede, layd to,

For

For olde vlcers of the mouth.

¶ TAke a quart of white wine, ſtill it with a quarter of Licoris, a quarter of Annis ſeeds, halfe a quarter of an ounce of great Mace: beat all together, and put it in the wyne, with two ſpoonfuls of Engliſh hony, two ounces of white ſtone Sugar, one ounce of Rochs Allom, a quantity of Honyſuckles, as much Endiue, as much Yarrow, as much Bugloſe, as much Succory, diſtill all together, and vſe the water.

To increaſe Nature.

¶ MAke powder of Annis ſeeds, Fēnel, Galingale, Spikenard, Tamariſk, Nutmegs, Cardamom, wire it with wheate flower, water, and red wyne: make cakes thereof, and eate them daily for waſting of nature, nature loſt, and Gomera paſsio.

For the Naucll going out.

1 WAſh it with wyne boyled with bleſſed Thiſtle.

2 Wire powder of burnt faire lynnen, and of bitter Lupines, and lay it to the naucll.

3 Fiewort with vinger applyed.

4 Stampe ſaine Johns wort, and lay it to.

5 Thorow wax ſtamped with meale and wyne helpeth, and the whole herbe, leaues and ſeede applyed, profiteth.
The powder thereof helpeth the Hermaries.

6 Boyle Spike Celtike in oyle of Almonds, and a little Turpentyne: dip wooll in it, and apply it to the Nauel, woollen after the cutting of it.

To

For ange nayles.

WHite Briony pund with wyne, applyed.

For corrupt nayles.

SMall Celidony pund, ——————
Lynseede with Cresses and hony pund,
Sinkefoyle roote boyled in viniger,
Iris rootes decoct with hony,
Crow roote leaues and rootes pund,
Dry Myrtle leaues with conuenient oyntments or salues, ——————
} applyed.

For the Kings Fuill.

LYnseede decoct in water, applyed,
Bell flower decoct in water.
White Horehound leaues tempred with hony.
Barly meals mingled with Tar, waxe, oyle, and the vrin of a child, applyed.
Beupieres with wine and salt pund, applyed.

To procure sneezing,

BAzell with viniger bruised, put in the nose.

For to cause the nose to bleede.

NEttle leaues pund and put into the nose.
Jasmyn oyle put in the nose.

For to stanuch nose-bleeding,

PEruincle bruised, ——————
Yellow Lisimachus
Knotgrasse bruised,
Mosse decoct in water,
Galleon flowers pund,
Leeke blades brused, ——————
} put in the nose.

Nettle leaues pund with salt layd to the nose and forehead.
Rue leaues pund, and layd to the nose outwardly.

For

To prouoke neezing.

¶ TAke Nigella Romana, Labdanum, Storax, Nutmegs, of eche sixpenny waight in fine powder, the roote of neezing powder, the waight of all the rest: mixe all together, and take as much thereof as a pinnes head at a time.

Hydropsie Iaundis. Itches. G. K. & Scabbes

℞ roote of Ra: monachorum, red madder, ana: lib: ß. Sena ℥ iiij. Amyse seedes, licorice, ana ℥ ij. Scabious. Agrimonye, ana ℥ j. Slyce For the roote. broyse the Seedes & hearbes, and put them into an Earthen Canne. putt to ytt fower gallons of stronge ale. & lett hitt steepe therin iij dayes. after drinke therof for your ordinarie drinke during three ~~ca~~ weeks or more. for the longer tyme the better. alwayes remembring to be prouided of another Canne or steane in readines one vnder an other. hitt helpethe the deseases abouesaid purifieth the bloude, helpeth the greene Sickenes or pica. all oppilations, & procurethe the Menstrues. per Gerrard. de plantis. viz de Rha monachorum. fol: 314.

For to take away ſtench or ſmell of the noſe.

HAuer graſſe, and the rote boyled in water to the third part conſumed, and after boyled againe with hony till it bee thick, eſpecially with a little Aloes put in the noſe.

To heale ſuperfluous fleſh in the noſe, called Polipus.

POlypody powder often put in the noſe.
Cipzus rootte put in the noſe.

To open the conduits of the noſe.

IUice of Pimpernell ſnuffed into the noſe.

For members taken with Palſey.

LAuender flowers alone, or with Cynnamom, Nutmegs and Cloues taken.
Lauender water diſtilled, and waſh the member.

For the Palſey.

PCnſedanum lap with oyle of Roſes and vinger, taken.
Oppopanex two drams.
Sagapenum one dram.
Cuphorbium prepared.
Cipzus roote dryed and drunke.

For

For the Palſey.

¶ Take a good quantity of Sage, put it in a coffin of paſte, bake it in an oven: and when it is well baked, take the Sage forth, put it in a pot of Ale, and ſtop it cloſe, and let the ſick drinke thereof, and of none other drinke.

Another for the Palſey.

¶ Take Pepper one ounce, Ginger halfe an ounce, Cardamomum, long Pepper, Cinnamom, and Setwall, of eche ſ. dram: Spikenard, Mace, & Saffron, of eche half a dram, make it in powder, and drink it with good Ipocras, or Malmſey. and when you go to bed, waſh your hands with warme water.

Ad idem, when the ſpeech is loſt.

¶ Take Anens, one handfull, leaues and roſs, waſh them, and boyle them in a quart of white wine to a pynt: ſtrain it, and drinke it three mornings.

If it be too bitter, put Sugar to it, and it will reſtore ſpeech.

For

For to ſtay perbraking and vomiting.

Buſſort boyled in water or wine, or powder of it, drunke.
Tormentill rote in powder knod with the whites of an egge, eaten.
Running Tyme iuice, halfe an ounce with viniger, } drunke.
Fennell herbe or ſeede with water, }
Pernallus graſſe decoct, }
Nutmegs, }
Betony with clarified hony after ſupper, } eaten.
Lupines long ſoked in water, }
Blacke Whortels, }
Robob made of Kyttes and Sugar, }
Dry Dates, }
Cipres frutte boyled in oyle, }
Maſtick taken in, }

For perbraking and wambling of the ſtomake of women with child.

Vine young tendrels iuice taken.

For to aſſwage all paynes.

Baliſtarum leaues decoct in wyne, drunke.
Henbane ſeede put in playſters, layd to.
Henbane leaues alone, or with Barly meale pund, layd to, mingled with other playſters.

For to diſſolue petulent Carbuncles.

Iperatorium rote by it ſelfe, or with the leaues, pund and applyed.
Cyppopanax layd to.
Lacerpitium with Rue water, and hony, applyed.
Lupines, the meale with viniger, or boyled in viniger, applied.
Cardus benedictus greene herbe, pund and layd to.

For Flegmes and hote Carbuncles.

Violets pund with Barly meale, applyed.

For the Tiſick, or conſumption.

Betony decoct and drunke.

For

For to cause one to pisse well.

SAxifrage roote in wine decoct and drunke.

Bitter Almonds taken with Muscadell or Bastard.

For the hote pisse.

ANthilis halfe a dram, Comza leaues decoct,
Annis seedes decoct in wine,
Cecelios seeds decoct in wyne, — drunke.

Cetrach leaues taken with viniger, eaten.

Sebestenes taken in meate.

For such as cannot pisse, but by drops.

TAnsey seedes with wyne,
Osiris, — Tode flaxe decoct,
Saffron roote in wyne decoct,
Margerom in white wine decoct,
Garden Rue leaues in water decoct,
Knæholme in wine decoct,
Nutmegs parched, — drunke.

A Preseruatiue for the Plague or Pestilence.

ANgelica roote holden in the mouth.

Myrrhis boyled in wyne, drunke.

Orenges iuice eaten or drunke.

Juniper berries burned and perfumed.

Against the Plague and pestilent Feuers.

BUtter Bur in powder with wine,
Tormentill roote and leaues in wine,
Dedils bit in wyne,
Saxifrage root dried, with wyne or viniger, — drunke.

Angelica holden in the mouth in the morning.

Cloue Gylloters conserued,
Marygolds conserued,
Monophilon halfe a dram
Rue leaues alone, or with Wallnuts and Figges, — eaten.

Masterwort with wine,
Crosse wort Gentian in wine decoct,
Setwall roote in wine decoct, — drunke.

Angelica roote holden in the mouth at morning.

Caroline roote in wine decoct, drunke.

Orenges taken any wayes.

For

For him that piſſeth bloud.

¶ TAke Ambroſe and Sanguinary, of eche a handful, and as much Parcely ſeede: ſtamp them, and medle them with Goats milke and drinke.

¶ Take Ambroſe, Sarifrage, and Purcelane: ſtamp them, and drink the iuice with Cow milke.

For him that cannot well piſſe.

¶ TAke Rue, Gromel and Parcely, ſtamp them, and meddle the iuice with white wine, and drink it warme.

For him that cannot hold his water.

¶ TAke the clawes of a Goat, and burne them to powder, and let the patient vſe of it in pottage, a ſpoonfull at once, and he ſhall be cured. The clawes muſt be burnt in a new earthen pot.

A perfume to auoyd the infection of the Plague, Poxe, or Meazels.

¶ TAke ſaint Johns Wort dryed, the ſhauing of Iuniper wood, Myrtle leaues, of eche a like much, Olibanum, Turpentine of Uenice, a like much in waight: bruiſe your Olibanū, incorporate all into balles as big as a Cheſtnut, and at night lay one vpon hote coales in a chafingdiſh, and let it ſmoake: if the fire go out, renue it.

¶ Water of the vpper huſkes of Walnuts diſtilled in September, being drunke, is a ſure remedy againſt the Plagues.

Againſt Poyſon, and the Peſtilence.

¶ TAke two dry Walnuts, two dry Figs, twenty leaues of Rue, and a graine of ſalt: eate thereof faſting, & nothing venemous ſhall hurt thee that day.

For the Peſtilence.

¶ WAſh a Lilly root cleane, and boyle it in white wine, till it be halfe waſted, and giue it the ſick to drinke. Yee ſhall breake out ful of bladders, as if he were burnt or ſcalded, which will dry, & ranſome him.

For the French Poxe.

Butter Burre in powder with wine taken.
Fumitory iuice.
Caleopses leaues pund and layd to.
Planten stamped and layd to.
Liuerwort pund with hony, applyed.

For weakues comming of the French Poxe.

Euphorbium prepared, and taken by discretion.

For the small Poxe.

Veronica decoct and drunke.
Saffron with womans milke mingled, and layd to the eyes.
Figges eaten.
Figges milky iuice layd to.

For

For them that haue the ſmall Poxe.

¶ KEepe them warme in all parts but the necke and head, and there let them haue ayre enough: and when they begin to come forth, get of Doctor Ludfords water, and keepe it continually dropping in their eyes: which water will keepe them out of their eyes: then take Beefe, and powder it with dry Salt, two dayes and two nights: then boyle a péce of that Beefe well ſcummed; take the fat of that broth, and a quantity of running water, and beat both together, till it come to an oyle, and ſo ſoone as the Poxe come forth, anoynt the face therewith continually with a feather, day and night: and when the Poxe are throughly ripe, let them out with a gold needle: when they begin to dry, let them not hang too long, but put them off ſoftly, elſe the ſcabs will make pyints, which ſhall be ſeene.

For poyſon of Serpents or Vipers.

Small Bugloſs in meat or drinke, or to be carried about a man or woman.

Cinquefoyle rote iuice in wyne decoct, —
Tormentill rot and leaues in wyne decoct, } drunke.
Betony dryed leaues in wyne decoct,
Paunces ſeed and flower with oyle applyed.

For to cure poyſon.

Small ſtone crop iuice with viniger taken.
Monophilon rote halfe a dram in wine or viniger, or both together taken. Poly in wyne or water.
Margerom compounded with ſmelling oyntments, applyed.
Rue leaues eaten alone, or with Walnuts and Figs.
Dictani iuice with wyne, —
Daucus rote decoct in wine,
Saxifrage rote and ſeede in wine & viniger decoct,
Betony dryed leaues in wyne,
Angelica rotes in wyne decoct,
Aſtrolochia rots in wyne,
Aſſarabacka in wyne decoct,
Solwyed rotes in wyne decoct,
Gentian rot in powder, i. dram with wine, Pepper and Rue, } drunke.
Crollewort Gentian in powder,
Setwall decoct, Pelebornie decoct,
Galega iuice,
Camelion rots in wyne decoct,
Cardus benedictus iuice,
Wild Pannar ſede decoct,
Garden Parcely rots decoct,
Garlick decoct in wyne,
Affodill in wyne, Bayberries in wyne,
Plane tree fruit with wyne taken, —
Betony leaues applyed outwardly.
Lacerpitium rots taken.
Sharp wynd-weed leaues and fruit taken.
One berry, herbe and fruit taken in, — herba Paris.
Trifolium leaues or rots with Triacle and Pitheredatū taken.

Wilde

For poyſon of Serpents or Vipers.

¶ Drinke Dragons, Rue, and Betony.

¶ Drinke iuice of Sinquefoyle. ¶ Eate Garlicke.

¶ Boyle Rue, Betony and Fennell in butter, and drinke it.

To withſtand poyſoning.

¶ Eate a Walnut with a Fig and Rue faſting.

Againſt Poyſon and Plague.

¶ Water of greene Walnuts diſtilled about Midſummer 2. or 3. ounces drunk, coleth & reſiſteth poiſon & the plague.

¶ Pare away the vttermoſt of the bark of the Walnut, and make powder of the reſt, & ſteep it all night in water, ſtrayne it, and drinke it faſting, to caſt out poyſon.

For the ſmall Poxe, a ſoueraigne medicine.

¶ Firſt giue the patient ſodden milke, mixed with Saffron, or with Pithrebatum, & when they be perfitly come forth and begin to breake, in no caſe let them come into ye ayre: then diſtil of good apples ſliced, vineger and milk with a little Camphire, and anoynt the face therewith. G. K.

For to make the Poxe come forth.

¶ Giue the patient Barly water to drinke made ſwéet with Sugar. G. K.

To know if the ſick of the Pox ſhall liue or die.

¶ Who that falleth ſick of that diſeaſe, and the Pox appeare not till the firſt day, and do come forth the ſeuenth day after, then the patient is like to dye. G. K.

To make the Poxe come forth.

¶ Take ix fat Figs, gum Dragagant, ij drams, Fennel ſéed bruſed halfe a quarter of an ounce, bruſed Saffron halfe a dram, boyle all in a quart of water, till the third part be conſumed: then ſtrain it, and drinke it warm early and late. G. K.

To take away the pits of the Poxe.

¶ Take milk and vinger of eche a pynt, of apples pared and ſliced thin 3. handfuls, incorporate thē with a little Camphire: then ſtir it and waſh the face 3. times a day, & let it dry.

¶ The creame of womans milke anoynted, is good alſo.

¶ Powdered Beale broth, not too freſh, nor too ſalt, is good alſo. G. K.

Wild Thistle rote with viniger layd to.
Mallowes herbe and rote decoct and taken in, and vomited vp
again incontinently.
Turnep, or Rape seeds taken in Triacle.
Garden Parcely rots applyed, decoct.
Erisimon sæd steeped in water, and dryed by the fire, or lapped
in paste and baked, taken with hony.
Garlik eaten. Orenges sedes eaten.
Figges with salt, Nus and Walnuts eaten.

For vlcers of the Pulme and Lungs.

VEronica water distilled with wyne, drunke.

For clammy Flegme and humours, to purge them.

TAsia the barke of the rote, one dram taken.
Colloquintida the white pith, one scruple taken.
Cassia iuice or pulpe taken.

To purge by vrin.

HOnysuckle fruit in wyne forty dayes, —
Dodder boyled in wyne or water, } drunke.
Wild Thistle rote decoct in wyne, —

For to purge women of deliuerance.

RUe iuice drunke with wyne.

To purge raw and grosse flegme.

SArcacoll one dram taken.
Sowbred rote one dram taken.

To purge hote and cholerick humours.

WIlde Campions sædes, two drams taken.
Tragoziganum decoct,
Ligusticũ rot decoct with wine, Euphorbiũ prepared } drunk.
Small Centory decoct in wine or water,
Rubarb one dram by discretion,
Ezula iuice, sæd & rot, Peplos iuice and sæd, } taken.
Wild Cocumer iuice dryed, halfe a scruple,
Elder leaues and tender crops in broth or pottage.
Clematis altera sæde with water or mead, taken.
Scamony iuice dryed, the waight of fye wheat cornes.
Dodder, or Cuscuta decoct in wyne or water, drunke.
Iuice of red roses infused, drunk. Frangula decoct, drunke.
Buckthorne berries in small quantity.

For

To

For to purge hote melancholy humours.

PEnny royall taken with hony and Aloes.

Planta Leonis, or Christes wort taken.

Séeny cods and leaues, one dram taken.

Elder gréene and middle barke in wyne or béere.

To purge choler vpward and downeward.

THlaspy seede eaten.

To purge by siege downeward.

SAffron the iuice of the seede taken.

Great Turnesole a handfull boyled and taken.

Mercury pund with Butter, and layd to the fundament.

Violets decoct and drunke.

Iris rootes, the iuice taken in small quantity.

White Lilly rootes decoct in homed water.

Yellow Narcissus roots two drams decoct in wine or water.

Isop with Syrop Acetest taken.

Tyme in powder thrée drams with homed water, viniger and salt, taken, Oppopanax two drams or lesse, taken.

Sagapenum one dram. Euphorbium prepared.

Blacke Helebor taken.

Clematis altera fruit decoct & drunk with white wine xl. dayes.

Squilla prepared, first couered about with dowe or paste, baked in an ouen, or rosted vnder coales, till it bee soft and tender, and then a spoonefull or two thereof taken with the eyghth part of salt.

For rage or madnes by biting of a mad dogge.

ALlison taken with meats.

To make a man raue and madde.

SOlanum somniferum more then twelue berries eaten.

Henbane rootes, leaues, or iuice taken.

Against rauing and Frenzy.

EUphorbium mingled with oyle, straked on the forhead.

To kill Rats and Mice.

ELebora roote pund with meale and hony, layd for them.

For

To purge melancholy.

¶ TAke Seeny cleane picked, one dram, Epithimi mirabolani, Hermodactili albi, of eche halfe a dram, Sugar one dram: make all into fine powder, & adde to it powder of Synger and Synnamom, of eche halfe a dram: make this in powder, and put it into an apple, the top cut off, and the coze taken out: roſt it, and eate it.

To purge choler.

¶ TAke Diagredij halfe a dram, beat it groſſe: then put to it the powder of the rote Arromaticum Roſarum Gabrielis, halfe a ſcruple, and Sugar as you lik: roſt it in an apple, as before, and dis it,

For

For raw vnskinned places.

GRéne Fennigréke pund with viniger, applyed.

For payne of the Reynes or Kidneyes.

BUglos rots boyled in wyne,
Anthelis with wine, halfe an ounce,
Tozdilion iuice in wyne, one dzam,
Yozned Popy rot boyled to halfe in water,
Calamus Arromaticus decoct in wyne,
Bulba castanon. seede decoct in wine,
} drunke.

Licozis iuice
Bitter Almonds
Cassia dzawne,
} eaten.

For to refresh a man.

BArberry bush greene leaues, made in gréne sawce, eaten.

For subtill Rhewmes and Cataries.

PAPy heads boyled into a Syzop, eaten.
The little Carolins Thistle, called Spurrie Arrabica, taken any wayes.

For all ruptures.

PIlosilla leaues and rotes decoct and dzunke.

For

For running of the reynes, and Gomora paſsio.

¶ DRinke ſæds of Lettice with ale or water.

¶ Uſe powder of Maſtick, Olibanum, Myrrar, and Cardamonium.

¶ Dry Nyuts in an ouen, and drink the powder.

¶ Anoynt the yard & clothes with iuice of Sorrel & Camphire.

¶ Carry about thæ ſæd of Sorrell, gathered by a chaſt boy.

For him that hath loſt his kinde,

¶ TAke a red Onyon and a Hen ſod in a pot, eate it and drink it thræ dayes.

¶ Or take ſæde of Fennell, Parcely, Caroway, Cardamonium, Lignum, Cloues, Galingale, Cauel, of ech a pēny waight, Rubarb two drams, & of Allome as much, Maſtick one dram: Stamp them in a brazen morter, and take a faire ſcoured baſon, and put a good portion therein, & melt it: then take the foreſayd things, and put therto, let it boyle till it be thick, as thou maiſt hold it in thy hand: then bore it vp, and vſe it firſt and laſt. This will reſtore thæ againe, though thou wert neuer ſo cold. *Ad frigiditatē Naturæ.*

¶ Or ſuck a woman euery day till thou be reſtored.

Running of the Reynes.

¶ TAke Liuerwort, Longwort, Harts toung, of ech halfe a handful, a little Buglos, as much Succory, as much Endiue, Violets, Sorrel, & Fiuefinger, of ech a little, boyle all in a quart of running water to halfe, blaunched Almonds two pennyworth, Stamp them with the pith of a Bullock: then put it to the liquor with the herbs, and wring them, and take out the iuice: then ſtrayne it, beat it, and ſeaſon it with long Pepper, a pennyworth, Nutmegs & Graines, halfe a pennyworth, ſome large Mace and Sugar, to make it pleaſant, and drinke it often warme.

¶ Take Saunders white and yellow, two ounces, Sinnamom one ounce, Maſtick one ounce, Sang. Draconis, halfe an ounce, one Nutmeg, conſerue of Roſes two ounces, mix all together with Turpentine, and take it in often.

For

For running and ſpreading ſcabs and ſores.

PArritory pund and layd vpon.
Galingale roots dryed, and the powder layd on.
White Bryony rote pund,
Liuerwort pund with hony,
Spelt meale boyled with wine and Saltpeter,
Iuray meale with ſulphur and viniger,
Cbiches boyled with Orobus,
Camelion rote with Coperoſe and ſwines greace,
Red Wate leaues pund,
Sheps Sorrell rote and leaues decoct and bathe,
Smalage iuice, Creſſes pund with hony,
Equilla roſted in imbers,
Bramble leaues pund,
Myrtle greene leaues pund with oyle of Roſes,
Licium of Buxthorne,
Almonds pund with hony,
Figges milky iuice,
Linde barke pund with viniger,
Iuniper barke or rynde burnt, and with water,
Dania leaues pund with hony,
Scales of Pyne apples, & the barke with litarge of Siluer & Franckincence, and a little Coperoſe,
} applyed & laid to.

For ſcabs and ſcurfineſſe.

VEronica decoct and drunke,
Scabious mixt with oyntments conuenient,
Origan decoct in water, and bathe the griefe, or waſh the body,
Rue leaues mixt with Wine, Pepper, Niter, hony and Allome,
Euphorbium with oyle of Bay, Beares greace, or Wolues greace, or ſuch like,
Dragon rots dryed, mixed with hony,
Elebornus rot pund with Frankincence, rozen & oyle,
Wild Cowcumer rote in powder with hony,
Vitis alba leaues, Clematis altera,
Henbony iuice with oyle,
Hops decoct and drunke.
} layd to.

For

For a ſcall.

¶ TAke Primroſe roots, ſtampe them, & fry them with freſh Butter and Tar, and plaſter-wiſe lay it to the griefe.

For a childs head having a white ſcall.

¶ TAke Arſe-ſmart a good quantity, ſtamp it ſmall, & put to it the like quantity of Hogs Lard, ſtamp them & incorporat thē together: ſet it on a ſoft ſwāt fire, alwayes ſtirring it, with a little water in it for burning to, and let it boyle til the leaues begin to parch: then ſtraine it, & of that liquor take two ounces, and adde therto of Storax liquid one ounce, mix them together, and therewith anoynt the griefe euery euening or euery morning, which you will, and lay a cloth on it. D. K.

For the Purples.

¶ TAke Purple wort if ye can: it is a cloué graſſe, which hath a blew hart in the midſt of it: and if you cannot get that, then take Angelica, Betony, Scabios, of eche a branch as big as both your thumbs: ſtampe them, & ſœthe them in poſſet ale: ſtraine them, & put to it Sugar, Saffron, and a little Triacle, drinke it faſting at morning and euening without Triacle.

For angry ſcabs, night plowks, and watry wheales.

¶ TAke Raiſins, the ſtones taken out, and Rue ſtamped together, and apply it to.

¶ Stamp Dayſy leaues, fry them with freſh Butter, and anoynt the hands.

¶ Stamp wild Tanſey, and Dayſy flowers with cold running water, and waſh therewith.

¶ Stamp ſharp leaued Docks and Fumitory alike much, make it to oyntment with May butter, or Barrowes greaſe, and Roche Alome, and anoynt it.

¶ Boyle a handful of Nettles with Sinnamom & Cloues, of eche two drams, and bath thy hands with the ſame thereof.

For wormes in hands and feete.

¶ BOyle iuice of Wormwood in May butter, and red docks, and ſtirre it to a ſalue, and anoynt.

¶ Boyle Leuin in good ale dregs, and apply it to ſcabs.

¶ Boyle wheat bran with Rue in vinaiger, and lay it to.

For

For Sciatica.

Southernwood séed greene, or powder decoct in wine or water, drunke.
Great Burre séede in powder decoct in wine or water.
Camepites leaues decoct in wine forty dayes,
Ethiopis rotes decoct,
Tyme boyled in wyne or water,
Penny royall pund and layd to,
Rue boyled with Dill,
Assarabacka boyled in wyne,
Asperagus decoct, Smyrneum séeds decoct,
Spanish Brome tender braunches steeped in water, and the iuice pressed out, drunk, a little Scrat or glasse full,
Capres rotes, the barke decoct,
White Popler bark boyled in wyne,
} drunke.

Penny royall pund,
Pencedanum rote sap,
Lacerpitium rote with oyle and waxe,
Amomacum one dram with oyle of Cipres & Niter
Enula Campana leaues boyled in wyne,
Black Elebor rote decoct, and taken in small quantity.
Iuray meale boyled in homed water,
Lupines flower or meale boyled in viniger,
Henny with Figges made in plaister,
Cresses pund with hony and viniger,
Crisimon séede taken with hony,
Iberis rote mixt with Swynes greace,
} applyed or laid to.

Rimus séeds boyled with meate and eaten.
Thlaspy seed glistred at the fundament.

To driue away Serpents.

Yellow Lysimachion
Pencedanum
Sagapenum Wall wort
Nasturcium
Agnus Castus
} perfumed.

For

For ſtinging of Serpents.

CAme Cipereſſus decoct,
Great Turneſole a handfull decoct,
Lichenis ſeed & flower, — Roſe campis with wine,
Wild Campions ſeed and flower decoct,
Garden Larke Spurre ſeed,
Iris roots with viniger or water,
Myrtgane boyled in wyne,
Rue iuice eaten, Fennell herbe and ſeede,
Lettice ſeede decoct in wyne,
Rocket ſeede decoct, Barberies in wine, — } drunke.

Scorpion graſſe pund,
Margerom with ſalt and viniger pund,
Lacerpitium outwardly, Polymony pund,
Galingale roots pund, Acconitum pund,
Spelt meale with red wyne pund,
Thiſtle tender crops and leaues,
Seeds of Docks and Sorrell decoct,
Milke Thiſtle roots and leaues pund, — } layd to.

Rue iuice eaten.

For byting of Serpents.

ECtron roote boyled in wyne, —
Great Burre roots iuice,
Came Cipereſſus with wyne,
Scabios roote decoct in wyne,
Camomill & his flowers decoct in wine, one dram,
Clinopodion, — Plial. montanum decoct in wyne,
Ocuraſtrum ſeede in wyne,
White Horehound decoct in wyne, Rue iuice, } drunke.
Libanotus roots decoct in wyne,
Betony dry leaues in wyne,
Paunces ſeeds, roote and flower decoct in wyne,
Ligulticum roote decoct in wyne,
Harts tongue decoct, Ladyes Thiſtle ſeede,
Colewoyts iuice in wyne,
Aſh leaues iuice, tender herbe, crops and bark decoct,

For

For ſtinging of an Adder.

¶ GRynd Centory with Butter, and giue the ſick to drink; It will heale man and beaſt.

¶ Stampe Garlicke, and lay to.

For byting with a Dogge.

¶ INcorporate hony and Garlick, and eate it.

For byting of a Spider.

RUb the place well with Flyes.

For biting or ſtinging of any venemous worme.

¶ TAke Dragaunce one handfull, Centory halfe a handfull, halfe ſo much Rue, two cloues of Garlick: ſtampthem, and wring out the iuice, and anoynt the griefe.

If thou diſtill all theſe, and drinke the water, it doth deſtroy all venoms within thee.

For biting of Serpents.

The great Burre leaues pund with salt,
White Lilly rots rosted, and oyle of Roses,
Mallerwort pund, the rote,
Centian iuice with viniger,
Iuice of the Aglets of the grene Vine dissolued in oyle of Roses and viniger,
Erica leaues and flowers pund,
} layd to.

Agnus Castus pund, layd to.

Agnus Castus
Mallwort
} fumed.

For white naughty scurfe.

Scables pund.
White Lilly rots mingled with viniger, or the leaues of Henbane or Barly meale layd to.

For naughty white scuruinesse of the head.

Lacerpitium applyed.
Sowbred decoct and bathe,
Myrtle berries decoct and bathe,
Lye made of ashes of the Ash tree, & bathe,
Aller yellow bark decoct and bathe,
} or wash the griefe.

Tithymall iuice with hony,
Wilde Cowcumer rote in powder and hony,
Iutay meale with sulphur and hony,
Cices boyled in Oxibus the pulye,
Beete leaues pund and layd to, and the griefe to be rubbed with Saltpeter,
Senuy mingled with hony & newe greace,
Garlicke burnt myngled with hony,
Squilla inner barke boyled in oyle or Turpentine,
Yellow Affodill rots burnt to ashes,
Ladanum with Myrrh, and oyle of Myrrh,
Hazle Nuts burnt with Hogs greace,
Lynden barke pund with viniger,
} applyed or layd to.

Sény leaues one dram taken.

For

For ſhingles.

¶ If it gird a man, haply he ſhall never be whole. Take Culver dung and Barly meale, kampe them together, and temper them with Eyzel, and doe it to the griefe till it bee whole. This euill will ſpring like wild fire, but this is greater and redder, and it euer ſpringeth arow.

¶ Apply to them the Patients owne bloud, and he ſhall be cured.

For foule scurvy tetters and scabs.

CRowfoot leaues pund and layd to a little, & then removed.
Wheat bread newly baked, soked in bryne or pickle, layd to.
Black Camelion root with a little Coperose & Swines greace, layd to.

Wild Thistle roote with viniger,
Senny with viniger,
Myrtle greene leaues with oyle of Roses,
Figs milky iuice, Old oyly Wallnuts pund,
Elme leaues with viniger,
Water found in the hollow Beech tree,
} applyed.

For dry scurfe and mangynesse.

LIbanotus mingled with Juray meale & viniger,
Lacerpitium with Coperose and Vardegreace,
Euphorbium mingled with Barrows greace, Bay berryes, or Woolues greace,
Tithemall iuice, Briony fruit pund,
Rha Pontike roote with viniger pund,
Wild Cowcumer iuice with hony,
Carlin roote pund with viniger,
Red Beet raw leaues pund,
Sheeps Sorrel roots decoct in viniger, or brused raw
Raddish roots with hony,
Garlick with oyle and salt pund,
Squilla inner part boiled in oyle, viniger or Turpē (tyne,
Juniper rynd or bark burnt, mingled with oyle or viniger, and Turpentyne,
} layd to.

To driue away the Secondine or after-birth.

MArigold flowers and herbe in powder,
Garlick decoct, and sit ouer the fume, or perfumed on coales,
} perfumed in place conueniēt.

Time boyled in water and hony,
Penny royall in wine,
Clinopodion boyled in wyne, Clary decoct,
Wild Horehound decoct in wyne,
Rue iuice in wyne,
} drunke.

Clary any wayes taken in drinke or meate.

For

For foule scuruy tetters and scabs.

¶ Wheat bread soked in brine or pickle, layd to, the bread being new.

For bleche or swelling.

¶ TAke Walnut leaues and Sotherne wood, of eche a handful, Succory, Woodbine leaues, white Archangell, wylde Tansey, Wormwood, Gosling wéed, red Archangell, of eche a handfull, chop them all together, and boyle them in May butter, till there be a greene oyntment, straine it, and kéepe it to vse.

To kill a Ring-worme or tetter.

¶ TAke Mercury and Daisy roots, of eche a handful, ij. spoonfuls of creame, stampe and straine them, and put thereto fire spoonfuls of water made of Mercury sublimatum, and wash the tetter or ring-worme therewith.

A water to heale in fiue dayes all scabs, as well inward as outward. cute of Alex: this ys taken.

¶ TAke Planten water a pynt, Rosewater halfe a pynt, water of flowers of Cythrons, or Orenges, or of the iuice of the fruits of them, a quarter of a pynt: put all into a Vyoll of glasse, and put to it of quicksiluer beaten to powder one ounce: let them boyle softly at the fire a quarter of an houre: then coole it, and put it in a glasse.

Wash the scabby place with it at night, and let it alone to the next day without more washing: the third day wash it agayne, but not the fourth day.

At the first and second time you wash them, it will make all the scabs in your body to breake out.

At the third tyme they shall so dry vp, that you shall find all neat and cleane, both within and without.

There is no remedy in the world more excellent then this, nor easier to be made.

This water maketh a mans flesh white, and doeth out all euill humours of the body.

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Lauender decoct in wyne,
Dittayne decoct in wyne,
Daucus sede decoct in wyne,
Saritrage rote decoct in wyne,
Lacerpitium leaues boyled in wyne,
Astrolochia longa with Pepper and Myrrh,
Asarabacka with hony and wyne,
Smyrneum sede decoct with wyne,
Myrrhis rotes decoct in wyne,
Cresses sede decoct in wine,
Garlicke decoct,
Anagaris leaues, one dram decoct in wyne,
Sauen leaues decoct in wyne,
} drunke.

Pencedanum rots iuice the sap alone, or with bitter Almonds and Rue.

Oppopanax taken with hony.

White Bryony rote,
Garden Madder roote,
Onyon iuice,
} a pessary.

For the falling Sickneſſe.

Athilis with Drimell,
Comza with viniger,
Lacerpitium with hony and viniger, a Myrrh,
Sagapenum, one dram,
Amomacum, one dram,
Pellytory roote with hony,
White Elebor prepared,
Sceny leaues by discretion,
Bryony rote, one dram daily a yeere,
} taken.

Pentaphilon rubrum decoct in wyne or honied water and Pepper thirty dayes.

Tyme smelled vpon. Galbanum perfumed.

Male Pyony roote hanged about the necke.

For falling sickneſſe in children.

Anis seedes eaten.

For

For the falling ſickneſſe.

¶ Drinke powder of Harts horne with wyne.

¶ The firſt tyme he falleth, when thou ſeeſt it, put off thine owne ſhoe, and piſſe in it, rince it well, and giue him to drinke of it, and he ſhall no more fall, nor haue that euill.

¶ Alſo at his firſt falling ſlay a Hound, and take out his hart and gall, and being hote, grynd it, and giue it him to drink, and he ſhall no more haue it.

¶ Cocks ſtones greene, drunk, helpeth; but abſtayne from wyne ix. dayes.

¶ Bores ſtones eaten, or drunk with wyne, profiteth.

¶ Take a Fores braine, and giue it oft to children, and they ſhall neuer be ſick of that euill.

For

For excoriation, or going off of the skin of the priuities or secret parts.

Cypzus fruite oz leaues boyled in oyle, —— } applyed.
Liquid Rozen with a Nutmeg and Sugar } applyed.
the quantity of a nut, —— }

To make holes in the skin, or blisters.

ROs Solis with salt bruised, layd to.
Crowfoote leaues and rote, layd to.

To take away hard skin of hands and feete, procured by labour.

Ashes of Willow barke with viniger applyed.

For roughnesse of the skin.

Elebozus inner rote pund with Franckincence, oyle and Rozen, applyed.
Elebozus pund with oyle, and layd to.
Tithimall iuice applyed.
Scamony iuice with oyle and hony, layd to.
Figges milky iuice, layd to.
Ash tree barke burned to ashes, and lye made therof, and washt.

To procure ouermuch sleepe.

Lekes eaten rawe.

For

For to procure quiet sleepe.

VIolets pund with oyle and layd to the head.
White water-Lillyes conserued.
Annis séeds kept at the nose to smell to.
Poppy heads and leaues decoct in water, drunke.
Black Poppy séedes decoct in wyne, drunke.
Mandrake roote made a suppository.
Henbane decoct in water, & wash the fét, or vse it as a glyster.
Garden Lettice in meate eaten.

For them that are very sleepy.

EVphorbium myngled with oyle, and straked on the temples.

To restore smelling lost.

NIgella seede dryed, pund, and put in Sarcenet, and often smelled to.

To prouoke neezing.

SEnuy snuffed into the nose.
Onyon iuice snuffed into the nose.

For to dry sores and Impostumes.

SMyrneum Creticum leaues layd to.

For

To prouoke sleepe.

¶ TAke Lettice sæde, and Smallage sæde: stamp them, and temper them with the white of an Egge, and lay it to the forehead.

¶ Take powder of Smallage, Henbane and Nyuts, tempered with oyle or greace, and anoynt the temples, &c.

¶ Stamp Læke sæds, and temper them with womans milk, and the white of an egge bound to the temples.

For

For olde sores.

Great Buglos rote with oyle and wax,
Singrene alone, or with parched barly meale,
White Horehound leaues with hony pund,
Aloes in powder,
} layd to.

Cinoglosson in wyne and bathe.

Great Burre grene leaues pund with whites of Egges.

Lynsede boyled in wyne, and bathe.

Aligud grene stamped, applyed. The iuice of the rote of it taketh away scabs, and makes the skin smothe, especially if you mingle it with viniger.

For filthy fretting sores.

Veronica dried and drunke.

Galeopsis leaues with salt pund,
Pettitory iuice and Seruce made to oyntment,
Pimpernell pund,
Wild Woad pund,
Singrene alone, or with parched Barly pund,
Garuen grene leaues pund,
Testiculus odoratus rote grene,
Pannay flowers rote grene, pund,
Astrolochia rotunda with Irees and hony mixt,
Dragons fruite pund,
Centian rote pund,
} layd to and applyed.

Tithymall iuice applyed or layd to.

Horned Popy leaues and flowers pund,
Iuray meale with viniger,
Cole wort leaues pund,
Radish rote with hony pund,
Wild Cole worts with hony pund,
Carets grene leaues with hony pund,
Pellow Affodyll rotes boyled in wyne lees,
Vinet leaues in powder,
Acornes very small pund,
} layd to.

For

For a ſcald head.

¶ Take hony a ſpoonfull, wax and ſhéeps ſuit, of ech a quarter, & as much of the after-byrth of a woman as an egge, Rozen, Pitch, & Sparma cœti, of ech halfe a quarter, boyle them til they be molten, & wel incozporated: then ſtrike them on a cloth, and make a plaſter & apply: then take Rozen, pitch, & the after-burden of a woman, & mingle them together ouer the fire, and make a plaſter; and this to be layd to vj. oz vij. dayes: and then take of the next plaſter before, Brimſtone, black Sope, and the burden, & anoynt the head without it, and put it in a cloth, & anoynt the head with it after ỳ it is ſhaued, when the ſkin riſeth, & it will be whole: and if it be hard like the brawne of ỳ thumb, it is not whole: and if it be very ill & thick of ſcall, you ſhall let it lye vij. dayes: but if it bee meane, then but v. dayes: a little ſcall iij. oz iiij. dayes: and lay it on a moneth oz fiue weeks, tyll the ſkin riſe wrinkled: and if it be ful in the ſkin, like the brawn of the thumbe, let it lye ſtill.

A principall playſter to doe away kernels.

¶ Take rots of Ferne, rots of Affodil, & boile them in the beſt wine, put to it a little quick brimſton, make a plaſter and lay it to ſpéedily, which will conſume the griefe.

For Glandils or kernels.

¶ Take rots of nettles, & rots of Ebulus, boyle them in vinger, put to it vnſlaked lyme, and Auri Pigmentum, make a plaſter and apply it to the Kings Euill oz Kernels.

¶ Take the gréene of braſſe, iuice of Docks, Pellitory, and iuice of Léeks, incozporate them, and in that liquoz wet a tent, and put it into the griefe, vnder a plaſter, putting forth the corrupt matter.

A new kernell or ſcruphill is cured as followeth, without cutting or rupture.

¶ Take Sinnamom, Cloues, Quickſiluer, quick Brimſton, pitch, Virgin wax, ỳ rot of Enula campana, Sowes greaſe foz a woman, & Bozes greaſe foz a man: boyle the rot of Enula campana in water: then with the Quickſiluer extinct, Sage, hogs greaſe, pitch & wax reſolued, ſet it ouer the fire: then adde to the powder of the ſpices & brimſtone, and ſtamping them all together, let them be well incozporated, and reſerued to vſe.

For

For dulnesse or heauinesse of spirit.

Violets pund and layd to the head.
Charuell boyled in wyne and drunke.

For the Sqinnancy.

Lacerpitium roots pund with hony, ——— } drunke.
Spanish Broome steeped in water, & the liquor } drunke.
pressed out, a little cup or glasse full, ——— } drunke.
Holy wort chewed and holden in the mouth.
Elaterium with olde oyle or hony, or the gall of an Oxe or Bull, applyed.
Radish roots boyled in homed viniger, gargeled.
Pepper layd to with hony.

For

For to ſtop ſpitting of bloud.

¶ STamp clote Burr rote one dram, with the kernels of Pine apples, and drinke it.

¶ Decoct Pernincle with wyne, drunke.

¶ Drinke iuice of Burſa paſtoris.

¶ Drinke powder of Tormentill rots with wyne.

¶ Drinke iuice of knot graſſe, or the leaues boyled in wyne,

¶ Amyle or Starch being drunke, proffiteth. (drunke.

For a ſore throat by ſickneſſe.

¶ DRinke iuice of Wodrone with good ale.

For the Squinnancy.

¶ TAke Goats milke, and in the beginning make a plaſter of wheat bran, the iuice of Swalage in meale of Fenigræk with newe Bartowes greace, and the iuice of Planten, and powder of Roſes, and apply it.

Take rots of Mallowes, meale of Fenigræke, Flaxe ſæds, Dates, great Raiſins, the ſtones taken out, with wheat bran: boyle them in water, ſtamp them, and make it with new Barrowes greace and a little hony into a plaſter, which is maruyloꝰ riping, and lay it to the Squinancy.

Take hony, hogs bloud, lard, meale of Flaxe ſæde, Fenygræk, and the dung of Swallowes: incorporate them, & make a plaſter excellent to rype the Squinancy.

And note, that the dung of all maner of Swallowes, healeth the Squinancy.

Let the Impoſtume be opened with yron, or a razer, or this breaking plaſter following.

¶ TAke Bran, ſalt and oyle, ſtamp them & incorporate them, and make thereof a plaſter, and apply it. This is vſed to cleanſe and dry the ſame.

For the Stone.

Fuerfew herbe without flowers, decoct in water,
Herbe Robert in wyne, Pertory,
S. Iohns wort, herbe, flower and sæd,
Wild Tansey, Coronopos,
Cotula lutea, Heranthemum,
Saffron rote, Winter Sauery,
Fennell crops, Daucus sæd,
Auricula Leporis,
Sea holy,
Starre Thistle in powder,
Sheeps Sorrell rotes, Mallowes,
Bramble rots, Rampions sæde,
White Thorne fruite, ——— } decoct in wyne and drunke.
Cetrack leaues with vinger, drunke.
Alkakengy fruite eaten.
Haligot greene Nuts broken and drunke.

To breake the Stone.

Penny wort on the wall, leaues and rote, ———
Garden Parcely,
Water Cresses in Salade,
Cassia drawne, ——— } eaten.
Philipendula rote, ———
Virga Aurea,
The water of Virga Aurea distilled,
Penny Royall, Sage,
Saxifrage sæde and rote,
Lacerpitium rotes, Tragium sæds, } decoct in wyne and drunke.
Capillus Veneris,
Pernassus grasse, Sea holy,
Sheeps Sorrell rotes,
Tender sweet milk Thistle juice,
Turney crops and young springs, ———

For

To procure vrine, and to breake the Stone.

¶ TAke water Creſſes a handfull, Parcely halfe a handful, red Fennel tops, Percury leaues, rots of Cipr̃us bruſed, of eche a quarter of a handfull, Rapſins of the Sunne, the ſtones taken out, halfe a handfull: chop them ſmal, & make pottage with mutton or veale, and thick it with great Oatemeale beaten ſmall: ſeaſon it with Pepper groſſe: adde to it Cromel ſeeds ij. d. waight, beaten fine, a little Saffron: eate a meſſe thereof at morning, noone and night, a waſte together.

D. K.

¶ Boyle Virga Aurea in wyne, and drink it, and drink one ſpoonfull of the powder thereof foure houres before meat with a raw egge.

For the Collicke and the Stone.

¶ TAke Stonecrop, Parcely leaues & rots, & mother Time, of eche a handfull, boyle them in good ſtale Ale halfe an houre: ſtrayne it, and put to it a good quantity of Graynes in powder, and drinke it warme.

For the Stone. A powder.

¶ TAke Barberies a handfull, dry them, Peach ſtones, Ash keyes, dryed Parcely ſeed, Seabull, Sperrage, of eche a like much, dry them, beat them, & ſearce them: then lay a black flint ſtone in the fire till it bered hote, & quench it in a pynte of Malmſey, and put in it a quantity of that powder, about one ſpoonefull to as much Malmeſey as your ſtomake will beare, and keape the reſidue of the powder to vſe at need.

When the griefe is on the patient, let him drinke no other drinke, but poſſet ale, or ſome other warme drink, with part of that powder, vntill it breake.

To breake the ſtone in the bladder.

¶ TAke Oleum ſimplex Scorpionis: and for an old man, mix oyle of Violets with it, and noynt the ſides, by, ouer, vnder and about the priuy members, from and vpwards.

For to breake the stone.

REdish, Parcely, Stone Parcely,
Great Parcely roote,
Winter Cresses seede,
Leeke seeds with other herbs conuenient,
Broome seedes,
Rost Harrow barke and roote,
Kneeholme, Bayes, roote and barke,
Medler stones broken in powder,
Plumtree gum dissolued in wyne, ——— } decoct in wyne and drunke.
Cleare Rozen of the Fyrre tree taken.

Things hurtfull to the stomake.

SOthernwood, White Elebor vnprepared,
Colloquintida, Eliterium,
Elder, Orach often eaten,
Turneps excessiuely taken,
Radish excessiuely eaten,
Cresses alone, and not in Salade,
Mulberryes greene and vnrype,
New Figges in great quantity,
Mazers or small Cherryes in great quantity,
Dry Nuts in abundance,
Greene Carobus, ——— } not corrected, &c.

To strengthen the stomake.

GAriofilata roote,
Saffron,
Calamynt,
Secely seede, — } decoct in wyne, and drunke.
Betony taken with homed water,
Coriander prepared or corrected,
Enula Campana roote conserued,
Young Artychokes boyled, ——— } eaten.
Aloes Cicatrine taken.
Imperatoria roote taken with wyne.
Saxifrage roote in Sugar, in powder, taken.
Conorilla seede drunke.

For

For the Stone.

¶ TAke the stone in an Oxe gall, as much as a Beane, Turmerick ij. penyworth, Bayes j ounce, Cloues, Mace, & long Pepper, of eche j. penyworth, ij. Acornes, Swéete brier stones, Gromell séeds, clote Bur séeds, of eche a spoonful, Hawe stones halfe a spoonfull: put all together into fine powder, and mix them wel together, & put thereof into a reasonable draught of good ale in a glasse or cup, so much as ye can take with your thumb & ij. fingers, or more (the more the better) and drinke it off. If you féele it very bitter, drinke two or three spoonfuls of ale or other drinke after it, which will lay the bitternesse.

After you haue taken this receit, if it do not throughly helpe after xiiij. dayes or iij wéeks, take a good hãdful of wild Time, boyle it in a quart of white wine, and in the time of boyling, throw ij. or iij. pibble stones in the fire, & burne them to coales, & cast them red hote into the wine being bruised to pieces: then straine and drink it, fasting in the morning two houres after.

To clense the stomake.

¶ TAke Isop, Rosemary & Time, of eche two crops, put them in a pynt of ale with Sugar: let them boyle, and drinke thereof two houres before meat.

To auoyd flegme out of the stomake, to be taken one spoonefull or two at any time.

¶ TAke eight spoonefuls of Rose-water, foure spoonefuls of Conduit water, & two spoonfuls of white viniger, halfe a quarter of a pound of fine Sugar, boyle them in a poringer, on a chafingdish with coles, scum it cleane, & drink it luke-warme.

For such as cast vp their meat by weaknesse of the stomake.

¶ TAke the nether crust of a browne loafe, toast it dry and leysurely, then stéepe it in strong viniger a little while: then take it out, and spread on it powder of Cloues, & warm it agayne, and tye it about the mouth of the stomake, and it shall stay vomiting.

For to ſtrengthen the ſtomake.

Purcelane, ——— Sea Purcelane preſerued in viniger for ſalide, Earth Cheſtnuts, Wargis of vnripe grapes, Oringes the iuice and fruite, Pomegarnets the iuice, Quodimack, or Marmalade of Quinces, Nutmegs, Fiſtick Nuts, Oliues greene vnripe, Oyle in which fruite of Cipzus is boyled, Agarick dry without liquor, Maſtick, ——— } eaten.

For payne in the ſtomake.

Common Wormwood, Hordium dry, } decoct in wyne and drunke.

Penyroyall taken with water and viniger.

Origan in water drunke.

Garden Hyſſop taken in drinke and meat.

Rubarbe taken by diſcretion.

Setwall rots decoct and drunke.

Aloes Cicatrine taken. Sowcus iuice drunk.

Groundſel leaues and ſtalks decoct in water, drunk.

Parcelyſeeds decoct and drunke.

Iuniper yong fruit or berries boyled in horned water.

Maſtick eaten.

Spelt meale boyled with Saltpeter, applyed.

Melilot raw, pund or ſod in wyne, layd to.

For wambling or boyling of the ſtomake.

Common Wormwood with Annis ſeeds, Fennell or the ſeede, Our Ladies Thiſtle rote decoct, Sharps Sorrell ſeeds, and Sorrell ſeeds, } decoct in wyne and drunke.

Lettice in ſallade eaten.

Wild Vine Claſpers and fruit brought into a Syrrope, with the dargis of the ſame eaten.

Bramble leaues and new ſprings ſtamped and layd to.

Dry Dates eaten. Maſtick eaten.

For

To comfort and ſtrengthen a weake Stomake.

¶ Take malmeſey one pynte, mint water a pynt: Synnamon and Ginger of eche an ounce: bruſe them and mix them together with halfe a quarterne of ſuger: let them ſtand all night, and in the morning drinke it.

Miſtris Barret.

A good ſauce to procure Appetite.

¶ Make ſauce with Orange, mynt, vineger, Comyn and Pepper.

For the Collike of the ſtomake.

¶ Take wormewood a pownd and a halfe, peache leaues, mother of tyme, Red mynts, Perritory on the wall, of eche a handful, Sartfrage and penny-royal, of eche half a handful, Fennel ſæd a quarter of a pownd, Gromel ſæd half a quarter of a pownd, of Annis ſæde and Liquoris, of eche half a pownd, bruſe all the ſæds together, and put them into a gallon and a halfe of Sack and diſtil them in a Limbeck.

Miſtris Barret.

For a Feuer in the ſtomake.

¶ Take Comyn, Annis, fenel ſeeds, red roſe leaues, wormwood, mynts, Auens, vineger, ſowre bread fryed and laid in a bag luke warme to the ſtomake, & renew it often with vineger.

For inflamation of the stomake.

ROmane Wormwood, —— } decoct and drunke.
Starwort or Share wort, }
Tormentill leaues and roote, }
Porcelane raw, Lettice, —— } eaten.
Whurts raw or stued with Sugar, }
Gooseberries greene, Apples, }
Pomegranate iuice, }
Cornell fruite, —— }
White water Lilly, —— } pund and layd to.
Solanum hortense, }
Endiue and Succory leaues, }

To warme the stomake.

LOuach roote and seed dryed, drunke in wyne.
Aloes Cicatrine drunke.
Sorrell de Boys decoct and drunke and eaten.
Great Radish roote or Rayfort eaten.
Senuy bruised with vinigar.
Orenges and Lymons pilles and barke eaten.
Nutmegs and Maces taken in.

To refresh the hote stomake.

PEnywort on the wall iuice, drunke.
Caroway seedes decoct drunke or eaten.
Briony first sproughts or springs in Salade.
Yellow Succory in Salade.
Cow cumers with meat.
Pepon of the Garden his fruite well boyled, eaten.
Licoris roote eaten. Apples eaten.
Pomegranat iuice eaten.

For to ouerturne the stomake.

RIpe Oliues eaten.

To purge the stomake of Flegme.

Aloes Cicatrine taken.

To clense the stomake.

WHite Beete iuice drunke.

Againſt dayly payne and repletion of the mouth of the ſtomake.

¶ *TAke* Liquoris, Sauery, Serpillum, Enula campana, Reddiſh rote, middle barke of Elder, mynts, Sage and Rue: ſtampe them, and ſtape them in white wine, and giue the Patient early and late.

A Purgation againſt Paralipſim, or coldneſſe of the ſtomake.

¶ *TAke* rotes of Fennell, Parcely, graſſe, Irros, Sperage. Okoms, Triangulus, Reddiſh, the barke of Tamarick: of theſe rotes and herbes make a decoction in white wine: being well mate and collated, take Sinnamum, Cloues, Nutmegs, Zebary Galingale, long Pepper and Spikenard: beate them all in powder, and with the decoction aforeſaid, make a pigmentum with hony well clarified, and vſe it.

For a hote ſtomake.

¶ *CUt* the grene of the flowres of Violets, and pun them ſmall, and put to them twice aſmuch Sugar, and kepe it in a Cally pot all the yere, and vſe it.

¶ *TAke* one pynt of milke, two ſpoonefuls of Irros, a little Sugar, and drinke thereof.

For

For to ingender winde in the ſtomake.

Lentiles eaten too much.
Ripe Mulberies after meate
Hazle Nuts, or Filberds } eaten.
Ripe Olives

For cold windineſſe, or blaſting of the ſtomake.

Philipendula rootes in powder with wine
Anyps ſeedes } drunke,
Comyn ſeedes } or eaten.
Ligaſticum decoct
Pentedanum ſap of the roote
Enula Campana roote decoct
Peon roote boyled
Stone Parcely ſeede decoct } drunke or eaten.
Smyrneum Creticum ſeede decoct
Agnus Caſtus ſeede decoct
Juniper gumme diſſolued in wine

For to comfort the weakneſſe and ouercaſting of the ſtomake.

Lentiles huſked, thirty graynes ſwallowed downe.
Cicory and Endiue eaten.
Squilla prepared and taken.
Wild Time leaues, branch and tendrels layd to the ſtomake.
Raſpis flowres bruſed, decoct in wine and drunke.
Blacke ſowre Cherries eaten.
Orange and Lemmons iuice }
Cozuell fruite } eaten.
Nutmegs
Greene vnripe Olives

For to comfort the mouth of the ſtomake.

Stone Parcely ſeede decoct and drunke.
Nutmegs eaten and drunke.
Pomegranates iuice }
Quinces, Quodimack and marmalad } eaten.
Rough and choky Peares

For

For the Collicke of the Stomake.

¶ TAke of Wormewood, one pound and an halfe, of Peache leaues, a pound: Mother of Time, red Mints, and Pertitory on the wall, of eche a handfull. Sartfrage and Penny-Royall, halfe a handfull of eche, Fennell ſeedes, a quarter of a pound, Cummell ſeedes, halfe a quarter of a pound, Annis ſeedes and Liquoris, a pound of eche: bruſe all the ſeedes, & put them into fiue quarts of good Sacke, and diſtill them in a Lymbeck.

To cleanſe the Stomake, and cauſe digeſtion.

¶ TAke Spunt water and Wormewood water, of eche a quart, Malmeſey a pottell, a good quantity of bruſed Synnamum, and almoſt as much ſliced Ginger, a good piece of Sugar: put them together, and ſtirre them well, then put them in a glaſſe, and let it ſtand till it be cleare: and let the Patient drinke of it firſt and laſt fiue ſpoonefuls a time, blood warme.

Ad idem.

¶ TAke a pynt of malmeſey, a pynt of mynt water, Ginger and Synnamum one ounce of eche: bruiſe them, & put them together, with halfe a quarter of Sugar in the malmeſey all one night, and in the morning drinke it.

For

For stinging with Bees or Wasps.

Water-Mynt, Rue the iuice, } pund and
Mallowes, Marsh mallowes, } layd to.

For Strangury and hote pisse.

Anthilis half an ounce, Jarmander leaf & flower decoct in wine, Comza leaf & flower in wine
Philipendula roote boyled in wine,
Knot gras, Cecilios seed, Tordiliō seed, } decoct in
Daucus seed, Saxifrage root & seede, } wine,
White Saxifrage roote decoct,
Assarabacka in wine decoct,
Onyon rootes soked in water,
Tragium seede, } decoct in
Cetrach leaues, } wyne,
Trifoly leaues and flowers in water, } drunke.
Calamus Arromaticus,
White Camelion roote in red wyne,
Starre Thistle in powder decoct,
Soucus iuice with wyne,
Wild Carot seed, Winter Cresses seed, } decoct in
Charuell, White Poplar barke } wyne,
The wild spurge in the Rose bush decoct,
Lawrell Alexandria roote decoct in wyne,
Plumtree gumme dissolued in wyne,
Ciprus leaues boyled in wyne,
Asperagus first springs perboyled, eaten in salade.
Water Cresses eaten in salade. Ceder fruit eaten.
Cleere liquid Rozen with Nutmegs eaten.

To prouoke sweating.

Chamepitis rubbed all ouer the body.
Violets decoct, and sit ouer as a stew.
Calamynt drunke with homed water.
Libanotus seede mingled with oyle, and anoynt the body.
Pencedanum root dried, mixed with oyle of Dill, and anoynt.
Pellitory decoct in wyne, anoynt the body.
Masterwort, Cardus benedictus, } decoct in wyne,
Smyrneum seede, } and drunke.
Figges eaten.

For

For stinging with Wasps or Bees, and such like.

¶ Anoynt it with Mithredatum.
¶ Anoynt it with iuice of Scordium.

For the Collick, Stone, and Strangury.

¶ TAke the stone in an Oxe gall, as much as a Beane, Tormẽtil ij. penyworth, Bayes j. ounce, Cloues, Maces, long Pepper, of eche j. penyworth, two Acornes, Swéethrier stones, Gromell séeds, Clot Bur séeds, of eche a spoonfull, Haw stones half a spoonful: make it all in fine powder, mixe them wel together, and put therof in a reasonable draught of ale, in a glasse or cup, so much as you can take vp with your thumb and two fingers, or more, the more the better: stirre it well together, and drinke it.

If you séele it bitter, two or thrée spoonfuls of ale after it, will abate the bitternesse.

After the taking of this powder, if it doe not throughly help after a fortnight or thrée wéekes, take a good handfull of wyld Tyme, and boyle it in a quart of white wyne, and in the time of boyling it, throw two or thrée pibble stones in the fire, and burne them to coles, bruise them, and cast them into the wyne, being hote: after strayne it, and drink it fasting at morne, and fast two houres after it. Fr. Steuens.

For

For hardnesse of swelling.

GAleopsis seed, stalke and roote pund, with vinegar
Lynseede boyled,
Bynd-weed leaues pund,
Melilot raw pund,
Raysins kernels with salt pund, & swynes greas } layd to.
Jessamyn pund, Oyle of ripe Oliues, Tarre.
Acornes small with salt pund, & swynes grease.
Plane tree young tender leaues pund,

For all hote swellings.

FLebane seed soked in water, (flower,
Water-Lentils, or graines mingled with wheat
Bush-Bazell pund with Barley meale, parched,
Corne Rose leaues and greene heads pund,
Mandragora fresh leaues pund with parched Barley meale,
Melilot boyled with itself in sweet wine, or mixed with the yeolk of a rosted egge, or with Linseede, or the meale of Fenigreek, or Cicory, } applied & layd to.
Our Lady Thistle root decoct in wine,
Saligot leaues, Wild Cole leaues pund,
Mallowes with Swines greace,
Garlick with Swines greace,
Oliue tree leaues,
Water of hollownesse of Beech tree,

To dissolue hard cold swellings.

OXie pund and mingled with oyle and waxe,
Stinking Gladin with viniger pund,
Gladiolus roote with Juray meale, pund & homed
Saffron mingled with womãs milk, (water,
Hormium seede mingled with water, } layd to.
Nigella with viniger pund,
Libanotus leaues pund, Oppopanax,
Roots of Lacerpitium with oyle pund,
Sagapenum soked in viniger,
Galbanum, Amomacum,

For

For the Strangury. A plaſter.

¶ TAke aſhes of the rote and leaues of Chameraſis: actus ſignifieth Elder, and Chamer is ebulus: which herbe or aſhes, boyle till it be liquid: then ſo hote as may bee ſuffered, pectini cum faſtia ponas, and he ſhall preſently make vrine.

And when by drop meale, and in extreme heat he painefully maketh water, take wheat bran, & thereof make a poultis, and let therof be daily offred to the patient faſting, and after make a plaiſter thereof with Popilion.

For Warts.

¶ STamp Egrimony with ſalt, temper it with viniger, and lay it to the Wart, and in foure dayes it will be whole.

¶ Roſt the yeolke of an Egge well, ſtamp it with oyle Oliue, or of Violets, and make thereof a playſter, and lay it to, and it will dee away the Wart in one night.

For

For to dissolue cold hard swellings.

Wilde Cowcumer roote with viniger,
Wheat bread boyled in homed water,
Leuin of Rye meale,
Barley meale boyled with Figges and homed water,
Beane meale playster-wise,
Fenugréeke meale in mead,
Swéete Trifoly decoct,
Smyrneum leaues decoct,
Water Pepper leaues and séede pund,
Pepper myngled with pytch,
Dryed Figges pund,
Liquid Rozen,

applyed and layd to.

For cold swellings.

SOthernwood séede with barly meale pund,
Sinquefoyle roote boyled in viniger,
Black Molyn boyled in water, or pund with hony,
Tyme pund with hony,
Tragoziganum pund with hony,
Daucus séede pund,
Scamony iuice mingled with hony,
Duch Brank Ursine,
Mallowes by it selfe, or with Swynes greace pund,
Marsh Mallowes pund,
Cresses séede with hony pund,
Garlick with Swynes greace pund,
Onyons decoct with Figges,
Walinuts, Rue and Figges pund, and with Raysins,
Arbor inde young tender leaues,
Mistleto leaues and fruite with Tarre and waxe playster-wise,

layd to.

For

For thighs wearyed, and that ake,
and that are ſtiffe with trauell.

¶ Take Brookelyme, Horehound, and herbe John: make a playſter of them, with ſhæpes tallow, ſwynes greace, and horſe-dounge, and lay to the payne.

For all ſwelling and ſcurfineſſe about the Seege.

CInquefoyle rote boyled in viniger, layd to.

For to take away ſweating.

DRy Myrtle leaues, with oyntments conuenient.

For hardneſſe and ſhrinking of ſinewes.

SOthernwood ſade, grene or dry, decoct in wine or water,
Hempe rote decoct in water,
Cotula lutea bruiſed,
Iris rotes pund,
Oyle of Lillies,
Penny royall with hony pund,
Sagapenum,
Galbanum mirt with myrrh,
Aſſarabacca boyled in wyne,
Rubarb taken by diſcretion,
Balſamine oyle,
Wheate meale & the iuice of Henbane mingled,
Acanthus drunke with wine,
Yellow Aſſodils, one dram in wyne drunke.
} layd to.

For drawing or aking of ſinewes.

PEncedanum iuice——
Lacerpitium
Amomacum ——
} layd to.

Colloquintida white pith in ſmall quantity, layd to.
Acanthus rote decoct in wine, drunke.
Groundſell leaues and flowres with powder of—
Frankincenſe
Withy leaues and barke boyled in wine——
} layd to.

For

For ſinewes ſhrunke.

¶ *T*Ake Roſemary, Tyme, Lauender, Dyll, Balme, Brokelyme, Parrow, Lonage, Smalledge, Varuen, Camomil, Planten, Nightſhade, Herbe Robert, Aders tongue, Polypody on the Oke, Woodbyndes, Dayſies, Cumfry, one handfull, or halfe a pound of eche: ſhred them ſmall, put them into a pan, take a gallon of oyle Olyue, May butter, two pounds, new ware, halfe a pound: put all together in the pan, and let it ſtand nyne dayes, ſtirring it once euery day, then ſeethe it, till the ware and butter be molten and incorporated, ſtrayne it in a veſſell, and leaue nothing in the ſtrayner, then put your oyle into a pot, in which oyle or freſh greace hath bene. This oyle muſt be made betweene May and Bartholmew tyde.

A precious ſalue for all wounds and ſores.

¶ Take pygs greace, Colliphony, brymſtone, white incenſe, a good quantity of eche, ſtampe them, & mixe them with the white of an egge, ſpread it on a piece of parchment, preſſe the wound with your fingers, to cauſe the blod come out, and apply that playſter, which will heale ſpedily.

A precious oyle to heale a wound in 24. houres.

¶ Take flowres of S. Johns wort, & Roſemary flowres, of eche an handfull, put them in a glaſſe, and fill it with good oyle, cloſe it, that no ayre goe forth, ſet it in the ſunne 30. dayes, and in clere nights alſo. When the oyle hath gotten the colour of the flowres, ſtrayne it, and put to it, of Ginger in powder, one dram, and a little ſaffron diſſolued in good wine, then ſet it in the ſunne againe 18. dayes: warme the oyle, and anoynt there with twice in the day.

For payne, or ſwelling ſinewes.

Cynoglotton boyled in wyne or water
Narciſſus rote with hony pownd,
Euphorbium prepared, ——— } layd to.

For to ſoften ſinewes.

Pinuit oyle mixt with other things conuenient.

For to ioyne ſinewes cut.

White Lilly rotes pownd with hony
Groundſell with powder of frankincenſe } layd to.

For to appeaſe payne in the ſide.

Blacke Holyn, with Rue leanes decoct in wine
Goates beard rote boyled in wine
Tyme boyled in water and hony
Sage decoct in water
Rue with Dill decoct
Gentian rote the iuice
Hetwale rotes decoct in wine
Capſia the barke of the rote decoct } drunke.
Trifoly leanes, ſeede and flowre decoct
Carcline rote decoct in wine
Parcely ſeedes decoct
Yellow Affodill rotes decoct
Leanes, rote and barke of Aſhtree decoct in wine

Oppoponax.

Colewoyt ſtalkes burnt to aſhes, mixt with ſwynes greace, applyed.

Nettle ſeedes with wyne lees pownd and layd to.

Parceneps eaten.

Galbanum perfumed.

For to dry a moyſt ſtomake.

Lentiles blanched eaten.
Garden Madder rote pownd and layd to.
Myrtles iuice drunke dryed.

For

For all swellings.

¶ TAke Groundsweell, Brakelyme, Chicken weede, Daysy, petty morrell, & herbe Bennet: stampe and boyle them with two parts of fresh butter, and one part of white wyne, and lay to the griefe as hote as may be suffered.

Payne of the Spleene is thus cured.

¶ TAke Fennell rootes, Parcely, Smalledge, Knéeholme, Asperagus, with their seedes, grasse, the middle barke of Elder, Tamaricks old barke made cleane, Elme barke and Ypericon: stampe them all, and steepe them three dayes in viniger and water, and after boyle them, and put to the clarified hony, and boyle all to a thicknesse of hony, which is Oximell, giue it the Patient to drinke earely and late, with warme water and salt, being diligently pund, and lay a playster vpon the Spleene, and let the Patient take euery day on an empty stomake, three rolles of Radish dipped in hony, and make a stiue in this maner:

Make a ditch or hole in the earth, the depth and quantity of the Patient, make it hote with burning coales: then draw out the coales, and sprinkle the ditch with viniger or wine: then strow it with dinreticall herbes: then set the Patient in the hole to the necke, and couer him with the dinreticall herbes, all but the head, and put a cloth ouer him till he sweate: then take him out, and couer him in a conuenient place.

For to clenſe the teeth.

Ariſtrologia rotunda powder often rubbed.
Gingidium hard ſtemmes, or ſpikes vſed to picke the teeth.

For tooth-ache.

Celidony rote
Peruincle
Saxifrage rote
} chawed.

Pimpernell iuice ſnuft in the noſe
Pentaphilon decoct in water
Planten rote and iuice decoct
White Polyn rote boyled
Vpright Marum, or the rote decoct
Pellitory rote decoct in viniger
White Elebor rote boyled in viniger
Fruite of Solanum ſomniferum boyled
Henbane rote boyled in viniger
Cameleon rote boyled
Ladies Thiſtle boyled in wine
Caroline rote boyled in wine
Sheepes ſorrell boyled in wine
Marſh mallowes decoct
Wild Parcely ſeede chawed
Muſtard ſeede chawed
Origan decoct
Yellow Aſphodil rote prepared, boyled in old wine
Myrrh and Saffron
Camoil tender crops boyled in viniger
Tamariſk leaues decoct in wine
Capers ſeede boyled in viniger
Mulbery leaues decoct in wine
} holden in y mouth.

Lacerpitium rote chawed or put in the toth.
Oppopponax applyed.
Sagapenum put in the hollow toth.
Ballam leaues put on the toth.
Milky iuice of Figges applyed.

For

A playster for the tooth-ache.

¶ *TAke* ashes burnt of the dish tree with keyes, make a crust of bread round, and wet it with your tongue, and lay on the ashes, then lay it playster-wise vpon the veyne that lyeth vnder the eye which goeth to the teeth, and let it lye the space of an houre: then lay another like crust, and so the third: these three playsters will make an incision vpon the veyne, and there will be a drop of blood in the midst of it, let it alone, and wipe it not, till it be dry as a scab, and fall off by it selfe: for then the veyne is stopped, so as the blood cannot come to the teeth nor gummes, which easeth the ache. Often proued.

For the same.

¶ *TAke* iuyce of Rue, and as much in quantity of hony: and with ynt make little balles dipt in that liquour: and if the tooth be hollow, stop the tooth: if it be not hollow, lay it to the gumme where the payne is, and it healeth wonderfully.

For tooth-ache of Rheume.

¶ *TAke* running water and Nettles, boyle them well together in a brasse pot, put thereto a quantity of viniger, & a piece of Rocke Allum, boyle them a little, then set the pot from the fire, and cast a cloth ouer the Patients head, and let him hold his mouth ouer it wide open, so as the fume may goe full into his mouth, and let the cloth hang close about, that no ayre goe out, and he shall be cured; but keepe him warme from cold baits a day after.

For ſpreading Fetters.

Veronica decoct in wine and drunke.

For roughneſſe of the throate.

Wheate meale boyled to paſte or pap, with butter and nuts licked in.
Starch mixed with milke, licked in.
Spelt meale boyled with freſh butter & new Goates ſuit eaten.
Figges eaten.
Iuiubyes in ſirrop eaten.

For Squinancy or ſwelling in the throate.

Violets, the yellow in the midſt of the whole, decoct in water, gargarized.
Hyſop boyled with water and Figs, gargarized.
Elaterium layd to, with oyle or hony, or the gall of a Bull, or Oxe.
Saligot leaues boyled in water, applyed.
Double tongue leaues and rootes, gargarized.
Figs decoct and gargarized.

For Almonds or ſtraynes about the throate, and the rootes of the tongue.

Muſtard with hony and viniger.
Double tongue leaues and rootes.
Mulberies leaues and rootes gargarized.
Figges eaten.
Walnut ſhell greene barke decoct in wine, gargarized.
Philberds huſkes and ſhells decoct in wine, gargarized.

FINIS.

Aconitū . 0. ꝑ.
After birthe . 1.
Agaricke . 0. ꝑ.
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